# na *Momen* Newsletter

Website: http://www2.uregina.ca/urw/

February 2018

#### Member News:

Kay Antrobus celebrated her 80<sup>th</sup> birthday by performing Grieg's Piano Concerto with Judi Levesque on January 13. Many friends were in attendance. Most common question was "And how do YOU know Kay?" while we ate birthday cake and drank coffee and punch.

University

Susan McLaren fulfilled a dream and travelled to Machu Picchu at the end of November and then went on a cruise from Lima to San Diego with Linda and Alec Paul. She has just returned from a short trip to Tucson, courtesy of her oldest brother. It was great to get away from winter.

#### This summer Marilyn

Lewry celebrates her 50th year as an immigrant to Regina, Canada. Her late husband, John Lewry, was hired in 1968 as Assistant Professor of Geology. She would love to know of any other members who share this anniversary.

## March Event Chocolate Tasting at Bernard Callebaut March 8, 2017

Spend International Women's Day in style! University of Regina Women is organizing a chocolate tasting at Bernard Callebaut @ 7 p.m. on March 8, 2018. The cost is \$70 a person. There is room for only 10 people (if you have been in the Bernard Callebaut shop at 2130 Robinson, you know it is pretty small). If you are interested, please contact Alison Hayford at <u>alison.hayford@uregina.ca</u>. I will need a cheque from you no later than Feb. 20 to confirm, since I need to get the full payment to David Loblaw at Bernard Callebaut by Feb. 21. You will be asked to sign a waiver, since the chocolates and other foods contain some potential allergens such as nuts. wheat, and alcohol.

#### In our chocolate-tasting class, you will:

- start by sipping on your chocolate martini
- learn about the history of chocolate
- study a real cocoa pod and learn about cocoa harvesting and production
- -smell and taste the four types of chocolate: white, milk, semi-sweet, bittersweet
- pair chocolate with various cheese and meats, as well as wine and port
- smell and taste your choice of our 50 chocolates
- learn about all the products of Chocolaterie Bernard Callebaut

#### For Lifelong Learning

information on courses at the Centre for Continuing Education, you can access their website at <u>www.uregina.ca/cce/lifelong</u> or phone Tamara Tucker at 306-585-5748

#### **Spring Convocation dates**:

June 6, 7, and 8, 2018. If you wish to volunteer to help at any of the receptions, please let **Samy McCarthy** know some time before the middle of May. <u>samira.mccarthy@uregina.ca</u> (Tel: 306-584-0613)

The **Annual General Meeting** and dinner will be at 5:00 p.m. on Wednesday, April 11 in the Rotunda in the Language Institute. It will be followed by dinner and a speaker. More details will follow.

### **URW President's Report**

A belated happy new year to all members of University of Regina Women! We've started the new year with some new ideas about how University of Regina Women can move forward. On January 16, we held an open meeting of the URW Executive, and we plan more of these in the future. We'll be asking you to consider inviting a potential URW member as a guest to this year's Annual General Meeting on April 11, where we hope to continue our open discussion on the future as well as hear an interesting speaker (tba). One of our plans is to hold a series of brown bag lunch discussions on campus. Members of URW have many different backgrounds and possess many areas of expertise and we'd like to make our knowledge part of general campus discussions. The first brown bagger, on the Me Too! movement, is scheduled for Feb. 9. You'll be hearing about future brown baggers as they are scheduled. Other initiatives will include more on-campus events in the hope that women currently at the U of R in various positions can find time from their crowded work days to attend. While we highly value our longstanding members, we recognize that for the organization to continue we need to bring in new members. Remember that we voted to extend membership to women graduates of the U of R, but privacy rules mean that we can't get a list of addresses to contact directly. If you know women graduates who might be interested, please let them know about URW and invite them to get in touch with us about membership. I look forward to seeing current members at the AGM in April, and as of this writing there are still a couple of spaces open for the chocolate tasting on March 8-get in touch with me if you are interested. Alison Hayford

Alison.hayford@uregina.ca

#### Membership

As of January 30, 2018, our membership consists of 57 members. We gained seven new members this year.

Norma Millard Membership Convenor and.millard@accesscomm.ca

## **URW Executive**:

Alison Hayford President Samira McCarthy Vice-President Laurie Carlson Berg Secretary Catherine Arthur-MacDonald Treasurer Linda Paul Social/Program Norma Millard Membership Janet Listoe Interest Groups **Ruth Heinrichs** Publicity Past President Susan McLaren

alison.hayford@uregina.ca samira.mccarthy@uregina.ca laurie.carlson.berg@uregina.ca acmacdonald@accesscomm.ca paulal@uregina.ca and.millard@accesscomm.ca janet.listoe@uregina.ca rheinrichs@sasktel.net susanmclaren2006@yahoo.com We have three new interest groups – Book Club #3 on weekends, a French conversation group and a Movie Night group. There's something for everyone!

# Walking Club

Join us on Tuesday mornings at 9.30 a.m. (or on a day and time of the group's choice), gathering in the parking lot at the Willow Restaurant. For more information, please contact Judith Conlan at 306-585-0239.

# Book Club #2

We meet the first Tuesday evening of the month. Members take turns hosting/co-hosting, and presenting the book we have read. Contact Tatiana at <u>tatiana.levit@uregina.ca</u> or 306-337-8455.

# Book Club #3

This new club meets monthly at 2 p.m. on Sunday. Contact person is Janet Listoe at janet.listoe @uregina.ca or 306-585-4596.

## Curling Club: Curling starts in

mid-October and beginners are welcome! We play Wednesday afternoons, starting at 1:30. A curling clinic is provided for new or rusty players. Experienced players are also welcomed with joy. Contact Linda Paul at 306-585-0988 or paulal@uregina.ca for more information.

# **Gourmet Cooking Club**

This group of women meets monthly for dinner and lively conversation. Meals are planned to reflect either the cuisine of a particular culture or a special theme. Members work in pairs, each pair hosting one evening during the year. On all other evenings, they enjoy being guests. For information or to register interest in this group, contact Barbara de Vlieger at 306-586-2714 or by e-mail at <u>barbara.devlieger@uregina.ca</u> (This interest group is at capacity, but perhaps a second group could be formed if there is enough reason and a volunteer coordinator.

# Le Cercle Francais

This is a French language conversation club for members who wish to socialize in a friendly, French-speaking atmosphere. To join, contact Alison Hayford at <u>Alison.hayford@uregina.ca</u> or 306-352-0253.

## Movie Night Club

We will meet once a month, possibly Tuesday evening, at a cinema (i.e. Rainbow Cinema), and then casually discuss it over coffee. Contact is Alison at <u>alison.hayford@uregina.ca</u> or 306-352-0253.

# **Culinary Explorers**

This group samples different Regina restaurants once each month. This event usually takes place at 6:15 p.m. on the second Thursday of each month. If you wish to attend, please RSVP to Lise Lundlie, at 306-586-1085 or <u>llundlie@myaccess.ca</u> at least 3 days before each restaurant outing takes place.

# **Mixed Bridge Group**

If you enjoy playing bridge, come out to the Mixed Bridge Group. This is open to both couples and pairs of ladies. The bridge group meets once a month in the homes of individual members. Contact Susan McLaren at 306-525-0058 or <u>susanmclaren2007@yahoo.ca</u> for more information.

## Book Club #1

We meet on the third Monday of each month for great food, coffee and conversation. Convened by Sara Cryderman at <u>saracryderman@sasktel.net</u> or 306-585-6503.

#### University of Regina Women – Bursaries and Awards

The honoree for the **2017 bursary** is **Samira** (**Samy**) **McCarthy**. She was Professor of English at Campion College, University of Regina, for 41 years, from 1968 until her retirement in 2009. Aside from teaching, she also served in administration at Campion, as Assistant Dean from 1995-2001, and Academic Dean from 2002-2009. Prior to joining the Campion faculty, she taught in secondary schools in the Philippines, in New York city, and in Regina, for a total of 5 years.

Born in the Philippines, she completed her undergraduate degrees at the Ateneo de Davao, a Jesuit college in her home town, and her graduate work at Fordham University in New York city. She has lived in Regina since 1966, and travels frequently to visit her 3 children and 7 grandchildren, in Montreal and in Sydney, N.S. She joined the Faculty Wives organization in 1966, as the UofR Women was then called, but ceased to be an active member after three years, as teaching and motherhood took most of her time. She rejoined as an active member in 2009, and now serves on the Executive of the organization.

It is not surprising that she has selected English as the discipline for the 2017 U of R Women's Bursary, as it is the study of literature for which she has been most passionate all her life. As per university policy, the bursary goes to an undergraduate student with a minimum of 53 credit hours (2 years) completed.

However, due to some mix-up, the recipient for 2017 was Christie Newton, a well-deserving 4th year student in the Faculty of Science, majoring in psychology. Thus, to keep with the spirit of Samy's choice of discipline for 2017, the Executive decided to award the 2018 bursary to an undergraduate student in English who has completed at least 2 years in the Department of English in honour of all women at the University of Regina.

Members who wish to make a donation toward the bursary for 2018 can do so by sending a cheque made out to the University of Regina and sent to the U of R Women's treasurer, **Catherine Arthur-**

**MacDonald at 73 Culliton Crescent, Regina, S4S 4J5** <u>before December 31<sup>st</sup>, 2018</u>. The university will send you a tax-deductible receipt.

Thanks to all of our members who have contributed to the University of Regina Women's bursaries. Your continued support is appreciated.