

U of R



Women

# Newsletter

Website: <http://www.uregina.ca/admin/urw>

September 2009

## **Program of Events 2009-2010**

### **Welcome Back Reception**

September 9  
7:30 p.m.  
University  
President's Home  
1001 McNiven  
Avenue



### **New Members Luncheon**

September 12  
Noon  
3634 Hazel Grove  
(Home of Azita  
Rezaei)



### **CFUW Joint Event**

November 2  
7 p.m.  
Speaker: Corporal  
Tracy Dunnigan  
Regina Police  
Services  
At: Royal Regina  
Golf Club  
Event price \$15



### **AGM Dinner**

April 28, 2009  
Barb Palochik and  
Jana Pruden,  
journalists  
At the University  
Club. Time and

*You are cordially invited to attend the*

## **U of R Women Welcome Back Reception**

**Wednesday, September 9, 7:30 p.m.  
University President's Home  
at 1001 McNiven Avenue  
Coffee & dessert will be served.**

This is your opportunity to renew your membership in U of R Women and learn more about the interest groups, as well as an excellent chance for potential members to learn more about the organization.

***Cost of a 12-month membership is only \$20,  
and there is no charge to attend this event.***

*Please RSVP to Azita Rezaei  
at [azitar\\_ca@yahoo.com](mailto:azitar_ca@yahoo.com) or phone 525-6772*



## **Time to join or renew your membership!**

Membership in U of R Women is open to women who are affiliated with the University of Regina, either through their own or their partner's employment at the university, or through membership on university Senate, Board of Governors, or Alumni Board.

The annual fee is still only \$20, which entitles you to participate in a wide variety of activities. To become a member or renew your membership, call Dena McMartin at 584-0155 or email her: [dena.mcmartin@uregina.ca](mailto:dena.mcmartin@uregina.ca). Cheques should be sent to Dena at 3643 Hill Ave. Regina, S4S 0X3.

Please specify how you would like to receive your newsletter: by e-mail or regular post. Thank you.

## Member News

### Do You Have Any Member News?

We're interested in hearing about your news! If you've had a vacation, promotion, birth of a child or grandchild, marriage, retirement, or other important event, let us tell U of R Women members about it in the newsletter.

Please send newsletter items to the newsletter editor via e-mail: Toby Willis-Camp, [williscamp@sasktel.net](mailto:williscamp@sasktel.net) or phone her at 586-6479.



## Message from the President

Dear members,

*I hope you are enjoying the remaining nice weather of Summer. It came late but gave us lots of beautiful days to enjoy gardening, walking, picnicking or camping.*

*Another year of U of R Women Club is about to begin, and we are going to have lots of fun programs for everyone to get involved and enjoy these activities. From cooking to reading to exploring different restaurants to playing bridge or visiting different places in town, our members can either join any of the existing activity groups or establish new ones and enjoy their time as members of U of R Women's Club.*

*This year, we will be celebrating the start of another year of our club by getting together at the U of R President's House on September 9, 2009.*

*I would also like to let you know that there will be a lunch party for all the new members and members of our Executive Committee at my place on Saturday, September 12. This will allow our new members to get to know the executive members and the convenors of different groups within our club.*

*I look forward to seeing all of you on September 9<sup>th</sup> at the President's House for the Welcome Back party.*

*Sincerely,*

Azita Rezaei

## U of R Women – Executive for 2009-2010

Azita Rezaei	President	<a href="mailto:azitar_ca@yahoo.com">azitar_ca@yahoo.com</a>	525-6772
Lisa Watson	Vice-President	<a href="mailto:lwatson.ca@gmail.com">lwatson.ca@gmail.com</a>	565-2404
Lace Brogden	Secretary	<a href="mailto:lace.brogden@uregina.ca">lace.brogden@uregina.ca</a>	585-5606
Mahobeh Yasdanjo	Treasurer	<a href="mailto:mahbobehy@yahoo.com">mahbobehy@yahoo.com</a>	565-1287
Carmelle Sikma	Program/ Interest Groups	<a href="mailto:carmelle.sikma@uregina.ca">carmelle.sikma@uregina.ca</a>	781-2533
Dena McMartin	Membership	<a href="mailto:dena.mcmartin@uregina.ca">dena.mcmartin@uregina.ca</a>	584-0155
Toby Willis-Camp	Publicity	<a href="mailto:williscamp@sasktel.net">williscamp@sasktel.net</a>	586-6479
Ruth Heinrichs	Telephone	<a href="mailto:rheinrichs@sasktel.net">rheinrichs@sasktel.net</a>	586-5024
Anne Lavack	Past President	<a href="mailto:Anne.Lavack@uregina.ca">Anne.Lavack@uregina.ca</a>	586-8276

## ***Interest Group Activities***

Please consider joining one or more of our interest groups.  
It's a great way to get to know others in the U of R community.

### ***Couples Gourmet Dinner Club***

The Couples Gourmet Dinner Club meets on the second Saturday of each month at 7:00 p.m. Each couple prepares and brings a dish from the themed menu planned by the convenor. Each couple also brings their own wine or beverage. The hostess supplies coffee & tea. Convenor: **Lisa Watson**, phone **565-2404** or e-mail **lwatson.ca@gmail.com**

### ***International Gourmet Cooking Club***

This group of fourteen women meets monthly, for dinner and lively conversation. Meals are planned to reflect either the cuisine of a certain culture or a special theme. Members work in pairs, each pair hosting one evening during the year. On all other evenings, they enjoy being guests. Because the dinner meetings are held in members' homes, the group is presently at capacity. However, if sufficient interest is shown, a second international gourmet cooking group could be formed. For information or to register interest in this group, contact **Sheila McKague** at **525-8905** or e-mail **[sheila.mckague@sasktel.net](mailto:sheila.mckague@sasktel.net)**

### ***Curling Club***

Newcomers are welcome and coaching is available. Details on dates and times to be announced. For more information contact **Linda Paul** at **585-0988** or **[paulal@uregina.ca](mailto:paulal@uregina.ca)**.

### ***Eclectic Events***

The name says it all! This group plans an eclectic set of special events a few times a year. Previous activities included visiting art galleries, going to concerts, and attending holiday craft sales. If you have an idea for an event please contact **Carmelle Sikma** at **781-2533**. Details of upcoming events will be listed in future issues of this newsletter.

### ***Book Club #2***

We've planned an exciting list of books for 2009-2010! We meet the **first Tuesday** of each month for an evening of food and discussion. If you love to read, please come and join us! The September read is *The Book of Negroes* by Lawrence Hill. Call **Anne Lavack** at **586-8276** or e-mail **[Anne.Lavack@uregina.ca](mailto:Anne.Lavack@uregina.ca)**.

### ***Culinary Explorers***

Join the Culinary Explorers, dining out at a different restaurant each month! This event usually takes place at 6:30 p.m. on the **second Monday** of each month. If you wish to attend, please RSVP to the convenor, **Lise Lundlie** at **586-1085** or **[llundlie@sasktel.net](mailto:llundlie@sasktel.net)**, at least 3 days before each restaurant outing takes place.

### ***Mixed Bridge Group***

If you enjoy playing bridge, come out to the *Mixed Bridge Group*. This is open to both couples and pairs of ladies. The bridge group meets once a month in the homes of individual members. Contact **Linda Paul** at **585-0988** or **[paulal@uregina.ca](mailto:paulal@uregina.ca)** for more information.





**The *University of Regina Women 2009 Bursary* is to be awarded in honour of Lynn Tomkins. This bursary will be for a female student specializing in Pre-Med. The *University of Regina Women 2010 Bursary* is to be awarded in honour of Kay Antrobus.**

**We are continuing to collect donations for the *U of R Women Bursary*. Donations may be sent to our Treasurer –Mahbobeh Yazdanjo. 3123 Wascana Glen, Regina, SK, S4V 2L4. Please make cheques payable to *University of Regina* and identify as a contribution to the U of R Women Bursary. Official receipts will be sent from the U of R Financial Services at the end of the 2009 year. Thank you for your support.**

FROM:  
U of R Women  
University of Regina  
c/o Dena McMartin,  
Faculty of Engineering



Address  
Label

