



# Newsletter

Website: http://uregina.ca/women

September 2008

# Program of Events 2008-2009

#### New Members Dessert

September 4, 2008 7:30 p.m. 16 Lancaster Place (Home of Anne Lavack)

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#### Welcome Back Reception

September 17, 2008 7:30 p.m. 16 Lancaster Place (Home of Anne Lavack)

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#### CFUW Joint Event U of R President Dr. Vianne Timmons

October 27, 2008 7:30 p.m. Wascana Country Club



# Botswana Travels with

# **Dr. Kay Antrobus** February 25, 2009

7:30 p.m. Wascana Place

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#### **AGM Dinner**

Speaker / Venue TBA April 2009

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# You are cordially invited to attend the

# U of R Women Welcome Back Reception

### Wednesday, September 17, 7:30 p.m.

at 16 Lancaster Place (Home of Anne Lavack)

Coffee & dessert will be served.

This is your opportunity to renew your membership in U of R Women and learn more about the interest groups, as well as an excellent chance for potential members to learn more about the organization.

Cost of a 12-month membership is only \$20, and there is <u>no charge</u> to attend this event.

Please RSVP to Anne Lavack at **585-4162** (office) or **586-8276** (home) or e-mail Anne.Lavack@uregina.ca



#### Convocation Volunteers Needed!

If you are able to serve tea
at the Fall Convocation
on Saturday October 18th
please contact **Azita Rezaei** at
azitar\_ca@yahoo.com or phone 525-6772.
We will need about 8 people for the day.
Thanks!

#### **Member News**

**Isabelle Peardon** has moved to Parksville, B.C.

Lynn Cecil has moved to Ontario, where her husband, Ben Cecil, will be the Dean of Technology at Niagara College.

**Cara Driscoll** has been accepted into the Prairie Jubilee Program for Spiritual Direction.

# Do You Have Any Member News?

We're interested in hearing about your news! If you've had a vacation, promotion, birth of a child or grandchild, marriage, retirement, or other important event, let us tell U of R Women members about it in the newsletter.

Please send newsletter items to the newsletter editor via email: Heather Jans at heather.jans@uregina.ca or phone her at 949-6762.



## Message from the President

It's hard to believe the summer is passing so quickly, but it's already time to think about the hustle and bustle of a new academic year!

On behalf of the Executive, I would like to welcome you to an exciting year with the University of Regina Women. Members of your Executive team have been organizing some interesting events and activities for you to enjoy throughout the coming year. We hope our events will pique your interest! We encourage you to check the newsletter, which appears four times per year, for the specific details of each event.

Our **New Members' Event** will be held on **Thursday, September 4** at **7:30 p.m.** at my home (16 Lancaster Place in Albert Park). If you are aware of any women who might be interested in joining the organization, please contact myself or one of the members on the Executive. (Our organization welcomes women who are employed as faculty or staff at the University, or whose partners are U of R staff or faculty.) We also have an *Associate Member* category for those who are not currently affiliated with U of R, but who are sponsored by a member of our organization.

Our first official meeting of the year will be the annual Welcome Back Reception on Wednesday, September 17 at 7:30 p.m., also at 16 Lancaster Place. This event will provide an opportunity for members to rekindle previous friendships over coffee and tempting desserts, to acquaint themselves with our newest members, and to meet this year's bursary winner, Jane Delmage. During the evening you will also have an opportunity start or renew your membership to U of R Women, to sign up for the various Interest Groups and, if you wish, to contribute to next year's bursary.

On **Monday, October 27** at **7:30 p.m.**, we will gather with our colleagues from the Canadian Federation of University Women (CFUW) for our annual Joint Meeting at the Wascana Country Club. Dr. Vianne Timmons, the new President at University of Regina, will be our guest speaker! Come out and hear about her career in academia and her thoughts about the University of Regina. If you would like to attend this event, we encourage you to reserve your seat when you attend the Welcome Back Reception.

-- Anne Lavack, President of U of R Women

#### U of R Women - Executive for 2008-2009

Anne Lavack	President	Anne.Lavack@uregina.ca	586-8276
Azita Rezaei	Vice-President	azitar_ca@yahoo.com	525-6772
Lisa Watson	Secretary	lwatson.ca@gmail.com	565-2404
Joan Roy	Treasurer	royjoa @uregina.ca	586-5536
Carmelle Sikma	Program	carmelle.sikma@uregina.ca	781-2533
Dena McMartin	Membership	dena.mcmartin@uregina.ca	584-0155
Heather Jans/	Publicity	heather.jans@uregina.ca	949-6762
Toby Willis-Camp		williscamp@sasktel.net	586-6479
Linda Paul	Interest Groups	paulal@uregina.ca	761-0661
Ruth Heinrichs	Telephone	rheinrichs@sasktel.net	586-5024

### Interest Group Activities

# Couples Gourmet Dinner Club

The Couples Gourmet Dinner Club meets on the 2nd Saturday of each month at 7:00 p.m. Each couple prepares and brings a dish from the themed menu planned by the convenor. Each couple also brings their own wine or beverage. The hostess supplies coffee & tea.

Convenor: **Lisa Watson**, phone **565-2404** or e-mail

lwatson.ca@gmail.com

Sat., Sept. 13	Chocolate
Sat., Oct. 11	Lebanese
Sat., Nov. 8	Scottish
Sat., Dec. 13	Kosher
Sat., Jan. 10	Malaysian
Sat., Feb. 14	Cinnamon
Sat., Mar. 14	Ethiopian
Sat., April 11	Caribbean
Sat., May 9	Canadian

#### **Book Club #1**

Note: Book Club #1 is 'full', so no new members are being accepted. However, new members are being accepted in Book Club #2.

Convenor: Sara Cryderman 585-

6503.

# Curling Club

Newcomers are welcome and coaching is available. Details on dates and times to be announced. For more information contact **Linda Paul** at **585-0988** or **paulal@uregina.ca**.



## International Gourmet Cooking Club

This group of fourteen women meets monthly, for dinner and lively conversation. Meals are planned to reflect either the cuisine of a certain culture or a special theme. Members work in pairs, each pair hosting one evening during the year. On all other evenings, they enjoy being guests.

Because the dinner meetings are held in members' homes, the group is presently at capacity. However, if sufficient interest is shown, a second international gourmet cooking group could be formed. For information or to register interest in this group, contact **Sheila McKague** at **525-8905** or e-mail **sheila.mckague@sasktel.net** 

#### **Eclectic Events**

The name says it all! This group plans an eclectic set of special events a few times a year. Previous activities included visiting art galleries, going to concerts, and attending holiday craft sales. If you have an idea for an event please contact **Carmelle Sikma** at **781-2533**. Details of upcoming events will be listed in future issues of this newsletter.

#### **Book Club #2**

We've planned an exciting list of books for 2008-2009!

Tue, Sept 9	Suite Francaise	by Irène Némirovsky
Tue, Oct 7	Marseguro	by Ed Willett
Tue, Nov 4	Late Nights on Air	by Elizabeth Hay
Tue, Dec 2	Water for Elephants	by Sara Gruen
Tue, Jan 6	The Perfect Circle	by Pascale Quiviger
Tue, Feb 3	A Spot of Bother	by Mark Haddon
Tue, Mar 3	The Good Women of China	by Xinran Xue
Tue, April 7	TBA	
Tue, May 5	TBA	

If you love to read, please come and join us!

Call Anne Lavack at 586-8276 or e-mail Anne.Lavack@uregina.ca.

## **Culinary Explorers**

Join the Culinary Explorers, dining out at a different restaurant each month! This event usually takes place at 6:30 p.m. on the **second Monday** of each month.

If you wish to attend, please RSVP to the convenor, **Lise Lundlie** at **586-1085** or *Ilundlie@sasktel.net*, at least 3 days before each restaurant outing takes place.

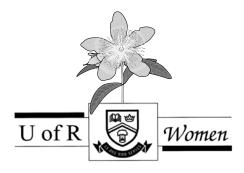


The University of Regina Women 2008 Bursary is to be awarded in honour of Ann Van Vliet. This year's bursary recipient is Jane Delmage, a student in the Department of Education who is specializing in Elementary Education.

The *University of Regina Women 2009 Bursary* is to be awarded in honour of Lynn Tomkins. This bursary will be for a female student specializing in pre-med.

We are continuing to collect donations for the *U of R Women Bursary*. Donations may be sent to our Treasurer – **Joan Roy, 18 McGill Place, Regina, SK S4S 6R7**. Please make cheques payable to *University of Regina* and identify as a contribution to the U of R Women Bursary. Official receipts will be sent from the U of R Financial Services at the end of the 2008 year. Thank you for your support.

FROM:
U of R Women
University of Regina
c/o Dena McMartin,
Faculty of Engineering



Address Label