

U of R



Women

Newsletter

WEBSITE: <http://uregina.ca/women/>

September 2007

Program of Events 2007-2008

Welcome Back Reception

Wednesday, Sept. 19 at 7:30 p.m.
The Terrace
10 Research Drive

Joint Event with CFUW

Date & Location: TBA

RCMP Heritage Centre

Planned for January 2008
Date and Time TBA

AGM & Dinner

Wednesday, April 30 at 5:30 p.m.
University Club
Speaker: TBA

Join U of R Women!

Membership in *U of R Women* is open to women who are affiliated with the University of Regina, either through their own or their partner's employment at the university, or through membership on university Senate, Board of Governors, or Alumni Board.

The **annual fee** is still only **\$20**, which entitles you to participate in a wide variety of activities. To become a member, call **Dena McMartin** at 584-0155 or email her: dena.mcmartin@uregina.ca

You are cordially invited to attend the U of R Women Welcome Back Reception

**Wednesday, September 19
7:30 p.m.**



at The Terrace Building
10 Research Drive

Coffee & dessert will be served.

Park for free after 6:00 p.m. at the meters in front of the building, or in the parking lot behind the building. See map on page 5.

This is your opportunity to renew your membership in U of R Women, as well as an excellent chance for potential members to learn more about the organization.

Cost of a 12-month membership is only \$20, and there is no charge to attend this event.

Please RSVP to Ruth Heinrichs at **586-5024** or e-mail: rheinrichs@sasktel.net

New Members & Potential Members

are invited to join us at a special Luncheon

Date: Saturday, September 8

Time: 12:30 noon – 2:30 p.m.

Place: 16 Lancaster Place (in Albert Park)

Please RSVP to Anne Lavack at **585-4716** (office) or **586-8276** (home) or e-mail Anne.Lavack@uregina.ca

There is no charge to attend this event!



UNIVERSITY OF
REGINA

Member News

CONDOLENCES

- Condolences to **Linda Paul** on the passing of her mother.

GET WELL WISHES

- Get well wishes to **Ann Van Vliet** who broke her pelvis over the summer.

TRAVEL

- **Lynn Cecil** and her family spent 4 weeks in London, Ontario in July, 2007, visiting her parents.
- **Toby Willis-Camp** spent a week in Montana visiting relatives.
- **Anne Lavack** attended a conference in Verona, Italy in July 2007.

MOVES

- **Rachel Faerber-Ovaska** and her family moved to Ohio in June 2007.
- **Dawn Owen** and her family moved to Calgary in August 2007.

Notice of New Membership Category

At the U of R Women's Annual General Meeting (AGM) on April 25 2007, members discussed and voted on a motion to adopt a new membership category within the organization. The motion was passed, so we now have a new "Associate Member" category. The *Associate Member* must be nominated by two U of R members, will pay the same fees and will enjoy the same rights and privileges as full Members, with the exception of voting privileges. **No more than 15%** of our membership may fall within the 'Associate Member' category.

Do you Have Any Member News?

We're interested in hearing about your news! If you've had a vacation, promotion, birth of a child or grandchild, marriage, retirement, or other important event, let us tell U of R Women members about it in the newsletter.

Please send newsletter items to the newsletter editor via e-mail: heather.jans@uregina.ca or phone her at 586-8276.

Message from the President

I hope all of you had a wonderful summer, and that you're ready to plunge back into the hustle and bustle of a new academic year!

On behalf of the Executive, I would like to welcome you back to another exciting year with the University of Regina Women. Over the past couple of months, members of your Executive have been busy compiling a variety of interesting programs and activities for you to enjoy throughout the year. We hope you will find something of particular interest, and that you will take the time to note these dates on your calendar. As in the past, we encourage members to check the newsletters for the specific details of each event.

Our **New Members' Luncheon** will be held on Saturday, September 8th, at my home (16 Lancaster Place in Albert Park). If you are aware of any women who might be interested in joining the organization, please encourage them to come out to the lunch, or contact myself or one of the members on the Executive. Our organization welcomes women who are employed as faculty or staff at the University, or whose partners are U of R staff or faculty. We also have the new *Associate Member* category (see information in the side-bar).

Our first official meeting of the year will be the much-anticipated annual **Welcome Back Reception**. This will be held at the Terrace Building on **Wednesday, September 19 at 7:30 p.m.** This event will provide an opportunity for members to rekindle previous friendships over coffee and tempting desserts, to acquaint themselves with our newest members, and to meet this year's bursary winner, Janet Jost. During the evening you will also have an opportunity to renew your U of R Women's membership, to sign up for the various Interest Groups, and, if you wish, to contribute to next year's bursary.

In early November we will gather with our colleagues from the Canadian Federation of University Women (CFUW) for our annual Joint Meeting. Gail Bowen will be our guest speaker! If you would like to attend this event, we encourage you to reserve your seat when you attend the Welcome Back Reception.

-- *Anne Lavack*, President of U of R Women



U of R Women – Executive for 2007-2008

Anne Lavack	President	anne.lavack@uregina.ca	586-8276
Dawn Owen	Past President	downen@accesscomm.ca	586-9026
Azita Rezaei	Vice-President	azitar_ca@yahoo.com	525-6772
Lisa Watson	Secretary	lisa.watson@uregina.ca	565-2404
Joan Roy	Treasurer	royjoa@uregina.ca	586-5536
Heather Ryan	Program	heather.ryan@uregina.ca	585-4002
Dena McMartin	Membership	dena.mcmartin@uregina.ca	
Heather Jans/ Toby Willis-Camp	Publicity	heather.jans@uregina.ca williscamp@sasktel.net	949-6762 586-6479
Linda Paul	Interest Groups	paulal@uregina.ca	761-0661
Ruth Heinrichs	Telephone	rheinrichs@sasktel.net	586-5024

INTEREST GROUPS

Eclectic Events –

The name says it all! This group plans an eclectic set of special events a few times a year.

Wednesday, November 7
Assiniboia Gallery
Exhibit & Artist Talk
by **Cara Gay Driscoll**

Coffee & dessert to follow
RSVP: **Anne Lavack 586-8276**
or **Anne.Lavack@uregina.ca**

Mixed Bridge Group

If you enjoy playing bridge, contact **Isabelle Peardon** at **gpeardon@cableregina.com** or phone her 586-6315, and come out to the *Mixed Bridge Group*. This is open to both couples and pairs of ladies. The bridge group meets once a month in the homes of individual members.



Book Club #1

Convenor:
Sara Cryderman 585-6503

Note: Book Club #1 is 'full', so no new members are being accepted. However, new members are being accepted in Book Club #2.



Have an Idea for a New Interest Group?

If you have an idea for a new interest group that you would like to convene, please e-mail **Linda Paul** at:
paulal@uregina.ca

Couples Gourmet Dinner Club

The *Couples Gourmet Dinner Club* meets on the **2nd Saturday** of each month at 7:00 p.m. Each couple prepares and brings a dish from the international menu planned by the convenor. Each couple also brings their own wine or beverage. The hostess supplies coffee & tea. Usually 3-5 couples attend; if there are more couples, we will hold the dinner at more than one location. **Convenor: Lisa Watson**, phone **565-2404** or e-mail **lisa.watson@uregina.ca**.

Sat., Sept. 8	Italy
Sat., Oct. 13	Thailand
Sat., Nov. 10	Greece
Sat., Dec. 8	China
Sat., Jan. 12	France
Sat., Feb. 9	Philippines
Sat., Mar. 8	Mexico
Sat., April 12	Morocco
Sat., May 10	Brazil



Culinary Explorers

Join the Culinary Explorers, dining out at a different restaurant each month! This event usually takes place at 6:30 p.m. on the **second Monday** of each month.



Mon., Sept. 10	
Mon., Oct. 15	
Mon., Nov. 12	Restaurant
Mon., Dec. 10	Locations
Mon., Jan. 14	T.B.A.
Mon., Feb. 11	
Mon., Mar. 10	
Mon., April 14	

If you wish to attend, please RSVP to the convenor, **Lise Lundlie** at **586-1085** or **llundlie@sasktel.net**, at least 3 days before each restaurant outing takes place.

Book Club #2

We've planned an exciting list of books for 2007-2008!

Tue, Sept 4	<i>The Places in Between</i>	by Rory Stewart
Tue, Oct 2	<i>The Memory Keeper's Daughter</i>	by Kim Edwards
Tue, Nov 6	<i>The Namesake</i>	by Jhumpa Lahiri
Tue, Dec 4	<i>Blooding & Miraculous Cures</i>	by Vincent Lam
Tue, Jan 8	<i>The Apothecary</i>	by Martha Blum
Tue, Feb 5	<i>Encounters</i>	by Michael Trussler
Tue, Mar 4	<i>Tuesdays with Morrie</i>	by Mitch Albom
Tue, April 1	<i>The Secret Life of Bees</i>	by Sue Monk Kidd
Tue, May 6	<i>Divisadero</i>	by Michael Ondaatje

If you love to read, please come and join us!
Call **Anne Lavack** at **586-8276** or e-mail **Anne.Lavack@uregina.ca**

International Gourmet Cooking Club

If you love to cook, then join the *International Gourmet Cooking Club*. This group of about 12 members meets once a month in a member's home. Meals are planned to represent the food of different countries, or to reflect a special theme. Call Convenor **Sheila McKague** at **525-8905** or **sheila.mckague@sasktel.net** for more information.

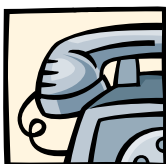
Bursary News...

The U of R Women Bursary in honour of Marilyn Lewis will be presented to **Janet Jost** at the Welcome Back Event on September 19th. Janet is a student in her fourth and final year in Elementary Education. She is a mature student and a single parent of two young children. She is very grateful for the award as it will allow her to concentrate on her studies and family without as many financial worries. She is hoping to attend the event on the 19th and will speak to the group at that time.



Telephone Committee

Volunteers are needed to telephone members each month to confirm their attendance at events. Please call **Ruth Heinrichs** at **586-5024** if you can assist with telephoning.



University of Regina Women 2008 Bursary

The University of Regina Women 2008 Bursary is to be awarded in honour of Ann Van Vliet

Ann Van Vliet has been a very active longtime member of University of Regina Women. She has held a number of executive positions including a two year term as President from May 1999 to May 2001. Ann was born in the Netherlands where she grew up "on the water" living on a houseboat as her dad was a land surveyor and the boat made moving around easy!

As a result she attended many different schools graduating from the College of Home Economics in Rotterdam. She taught for the next year in a small medieval city bordering the Yssel Lake. Ann emigrated to Canada in 1954 to join her fiancé Pieter who had emigrated the previous year. The Van Vliets have one daughter and three sons: they live in Regina, Vancouver, Calgary and Raleigh, North Carolina. Pieter and Ann enjoy visiting their children along with their ten grandchildren. Ann returned to teaching after her youngest child started school in 1967 and retired in 1985. She taught home economics and core French, adult sewing classes (organized by the Board of Education), pattern drafting at the Neil Balkwell Centre, made costumes for the Elizabethan Singers, U of R Chamber Singers, German Lieder Chorus, Opera and Regina Lyric Opera.

In her retirement Ann continues to do some sewing but enjoys time for reading and quilting as well as traveling with Pieter to visit family and other places of interest.

Eligibility: The bursary is to be awarded to a female student in the Department of Education who is specializing in Elementary Education. The candidate must have completed at least 30 credit hours of her program with a minimum Grade Point Average of 70%. She must be enrolled in either full or part-time studies during the 2008-2009 academic year. The candidate must also demonstrate financial need and a specific interest in her studies of elementary teaching.

Donations to Award: We would be delighted to receive donations throughout the year from our members toward this bursary. All donations are tax deductible and can be mailed to our treasurer, **Joan Roy**, at **18 McGill Place, Regina, S4S 6R7**. Please make cheques payable to the *University of Regina* and identify as a U of R Women Bursary donation.

Message from the Outgoing President

Greetings everyone! This is just a note to say farewell and to wish you all the best as you begin another year with the U of R Women. As I write this note, my family is Calgary-bound with a moving van stuffed with the tangibles we've managed to collect throughout the years. In my opinion, though, the fond memories we store in our hearts will always represent our most 'cherished' belongings! Before departing, though, I want to thank all of you for nurturing my Maritime roots in your rich Prairie soil for the past five years. You've played a significant role in making my existence in Regina, and my affiliation with the U of R Women, such a fascinating and worthwhile experience. I simply couldn't imagine a time more wonderfully spent (with or without the scorching summer heat or the Icelandic winters!). While I will definitely miss your company, I will never forget the friendships and memories we've shared.

I'm planning to renew my U of R Women membership so that I can keep in touch with you from afar, and I hope you will do the same!

With fondest regards, Your Past (Past) President, *Dawn Owen*

Obituary –Betty Riegert

M. Elizabeth (Betty) Riegert passed away peacefully with her family by her side on June 23, 2007 at the age of 84 years. She was predeceased by her husband, Paul W. Riegert, who had been a professor at the University of Regina. She is survived by her four children, Richard Riegert, Kathleen Gullacher, Cynthia Anderson, and Mark Riegert.

Betty was born and grew up in Regina, where she attended Connaught Public School and Balfour Collegiate. She served as a dental assistant in the Women's Royal Canadian Naval Service (WRCNS) from 1943-1945. After her discharge, she returned to work for her father as a dental assistant. Betty married Paul Riegert in June of 1948, following him through his graduate studies and settling in Saskatoon. The couple moved to Regina in 1968 when Paul accepted a job at the University of Regina.

Betty contributed to the work of the United Church Women and the U of R Faculty Wives Club (now U of R Women) for many years. Betty was famous for her cooking, and she was a member of the International Cooking club through U of R Women for many years.

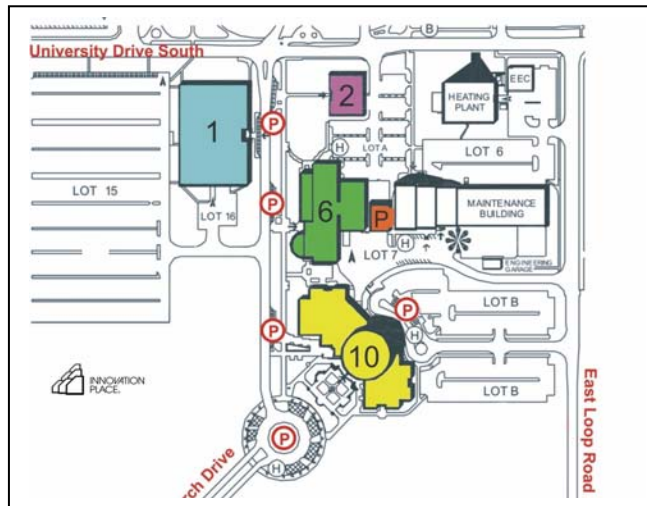
Her memorial service was held on Friday, June 29. Donations may be made to Lakeview United Church, 3200 McCallum Ave, Regina, S4S 0R8 or the Canadian Cancer Society, 1910 McIntyre St., Regina, S4P 2R3.

Convocation

Thank you to the volunteers from U of R Women who served tea and dainties at the annual Spring Convocation. Degrees, diplomas, and certificates were presented to 1,814 recipients at the ceremonies held at the Saskatchewan Centre of the Arts on June 6, 7, and 8, 2007.

Needed: Convocation Volunteers!

We'll soon be looking for volunteers to serve tea at the Fall Convocation on Saturday, October 20, 2007. Please call **Azita Rezaei** at **525-6772** or e-mail **azitar_ca@yahoo.com** if you're able to volunteer.



Parking information for the Welcome Back Event on September 19th

You can park for free after 6:00 p.m. at the meters in front of the Terrace building (#10 on the map), or in the parking lot behind the building.

U OF R WOMEN - SEPTEMBER 2007 ACTIVITIES

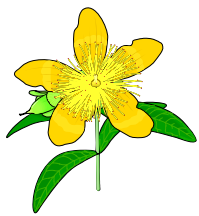
Sun	Mon	Tues	Wed	Thur	Fri	Sat
						1
2	3 Labour Day Holiday	4 7:30 pm Book Club #2	5	6	7	8 7:00 pm Couples Gourmet Dinner
9	10 6:30 pm Culinary Explorers	11	12	13	14	15
16	17 Book Club #1	18	19 7:30 pm Welcome Back Event – Terrace Bldg.	20	21 Mixed Bridge Club	22
23	24	25	26	27	28	29
30	31					

Interest Group Convenors

Come out and enjoy one of the interest groups! Contact the convenor of the group that interests you:

Book Club #1	Sara Cryderman	saracryderman@sasktel.net	585-6503
Book Club #2	Anne Lavack	Anne.Lavack@uregina.ca	586-8276
Bridge	Isabelle Peardon	gpeardon@cableregina.com	586-6315
Culinary Explorers	Lise Lundlie	Anne.Lavack@uregina.ca	586-8276
Eclectic Events	Sheila McKague	sheila.mckague@sasktel.net	525-8905
Couples Gourmet	Lisa Watson	lisa.watson@uregina.ca	565-2404
Internat'l Cooking	Sheila McKague	sheila.mckague@sasktel.net	525-8905

FROM:
U of R Women
University of Regina
c/o Heather Jans, ESL Program



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