

U of R



Women

# Newsletter

WEBSITE: <http://uregina.ca/women/>

September 2004

## Program of Events 2004-2005

### **Welcome Back Reception**

Wednesday, Sept. 15 at 7:30 p.m.  
Home of the University President  
1001 McNiven Avenue

### **Author - Sharon Butala**

*Joint Luncheon with CFUW*  
Saturday, Oct. 30 at 12:30 p.m.  
Hotel Saskatchewan  
\$25 per person

### **University of Regina Chamber Orchestra Concert**

Tuesday, Nov. 30 at 8:00 p.m.  
Riddell Theatre, U of Regina  
followed by Dessert & Coffee  
just outside the theatre

### **Music & Munchies**

January – date TBA  
University Club, U of Regina

### **Traversing the Globe on the Queen Mary**

Susan & Robert McLaren  
Wednesday, Feb. 16 at 7:30 p.m.  
Regina Floral Conservatory  
(City of Regina Greenhouse)  
1450-B 4<sup>th</sup> Avenue  
Coffee & Dessert to follow

### **Tour of Shumiatcher Art Collection**

March – date TBA  
Coffee & Dessert to follow

### **Travels to Mount Everest**

Speaker: Dr. Marion Jones  
Annual General Meeting  
& Dinner  
Wednesday, April 27 at 5:30 p.m.  
University Club

You are cordially invited to attend the

## U of R Women Welcome Back Reception

**Wednesday, September 15  
7:30 p.m.**

at the home of the University President  
1001 McNiven Avenue, Regina  
Coffee & dessert will be served.

This is your opportunity to renew your membership in U of R Women,  
as well as an excellent chance for potential members  
to learn more about the organization.

**Cost of a 12-month membership is still only \$15,  
and there is no charge to attend this event.**

Please RSVP to **Shawna Geissler** at 949-8732 or [sgeissler@sasktel.net](mailto:sgeissler@sasktel.net)

Make plans now to hear Saskatchewan author

## Sharon Butala

Previously short-listed for the Governor-General's Award  
(for *The Perfection of the Morning* and *Queen of the Headaches*).

Joint Luncheon with CFUW  
**Saturday, October 30  
12:30 p.m.**

Blue Lounge, Hotel Saskatchewan  
\$25 per person includes Buffet Lunch

Reserve your seat when you attend the Welcome Back Reception!

*Thank you to the Saskatchewan Writer's Guild for providing  
funding toward this special event.*



UNIVERSITY OF  
REGINA



## Member News

### CONDOLENCES

- Condolences to **Gail Bamford** on the passing of her mother.
- Condolences to **Hilary Johnson** on the passing of her son.
- Condolences to **Linda Paul** on the passing of her father.
- Condolences to **Carol Southam** on the passing of her husband, Neil.

### CONGRATULATIONS

- Congratulations to **Larissa McWhinney** on her marriage to Randy Widdis on May 22, 2004.
- Congratulations to **Lynn Cecil** on the opening of her art exhibit at Mysteria on September 9, 2004 at 7:00 p.m.
- Congratulations to **Pieter and Ann Van Vliet** on their 50<sup>th</sup> wedding anniversary!
- Congratulations to **Allison Falconer** on opening her new dental practice in July!

### VACATIONS

- **Anne Lavack** spent two weeks in France in April, visiting her brother in Provence. **Gwen Falconer** also spent some vacation time in France in April, as did **Kay Antrobus** in May.
- **Lynn Cecil** and her family spent 3 weeks in London, Ontario in July, visiting her parents.
- **Rachel Faerber-Ovaska** and her family spent some relaxing time at a family cottage on Grand Manan Island, New Brunswick.

## Do you Have Any Member News?

We're interested in hearing about your news! If you've had a vacation, promotion, birth of a child or grandchild, marriage, retirement, or other important event, let us tell U of R Women members about it in the newsletter.

Please send newsletter items to the newsletter editor via e-mail: [Anne.Lavack@uregina.ca](mailto:Anne.Lavack@uregina.ca) or phone her at 586-8276.

## Message from the President

As this Newsletter goes to press we are, I hope, all enjoying the last few weeks of summer. On behalf of your executive, I would like to welcome each and every one of you to a new year of activities with the U of R Women's Club. We are putting together what we hope will be a very interesting and varied program for the 2004-2005 academic year.

Our New Members' Luncheon will be held on Saturday, September 11<sup>th</sup> at the home of Sheila McKague, 3043 Quinn Drive. Please contact one of the executive (see list below) if you are aware of anyone who might be wanting to join or find out more about our group. Membership is open to all women who are faculty or staff members at the U of R, or whose partners are U of R staff or faculty.

The annual Welcome Back, our first general meeting of the year, will be held on Wednesday, September 15<sup>th</sup> at 7:30 pm in the home of President Dr. David Barnard and his wife Marcia Barnard, who is our Honourary President. Dr. and Mrs. Barnard's home is located at 1001 McNiven Avenue. This evening provides an opportunity for former and new members to gather and renew acquaintances. You will also enjoy delicious desserts made by the members of your executive.

This event will also give you the opportunity to renew your membership in the U of R Women. The membership fee this year is \$15.00. There will be an opportunity as well to contribute to the U of R Women's Scholarship Fund (receipts will be issued), which is the one and only money raising activity we support. Finally you will have the chance, if you so wish, to sign up for one or more of the Interest Groups.

Your monthly Newsletter will keep you informed of upcoming events as they are finalized. The October event is scheduled for Saturday, October 30<sup>th</sup>. This will be a joint luncheon meeting with the Canadian Federation of University Women. The guest speaker will be the well-known Saskatchewan author, Sharon Butala. So, do keep the date open! Details will be given to you at our Welcome Back evening and through the telephone committee.

The members of your executive hope that you will join the U of R Women again this year, and maybe encourage a colleague to come along and find out what we are all about.

I look forward to seeing you on September 15<sup>th</sup> at our Welcome Back event!

-- *Joan Roy*, President of U of R Women

## U of R Women – Executive for 2004-2005

Joan Roy	President	<a href="mailto:royjoa@uregina.ca">royjoa@uregina.ca</a>	586-5536
Lynn Cecil	Past President	<a href="mailto:lynnacecil@hotmail.com">lynnacecil@hotmail.com</a>	924-4782
Dawn Owen	Vice-President	<a href="mailto:dowen@accesscomm.ca">dowen@accesscomm.ca</a>	586-9026
Kay Antrobus	Secretary	<a href="mailto:pandkantrobus@sasktel.net">pandkantrobus@sasktel.net</a>	352-6559
Margaret Fox	Co-Treasurer		543-3996
Marion Gosselin	Co-Treasurer	<a href="mailto:marion.gosselin@uregina.ca">marion.gosselin@uregina.ca</a>	543-7665
Shawna Geissler	Program	<a href="mailto:sgeissler@sasktel.net">sgeissler@sasktel.net</a>	949-8732
Dena McMartin	Membership	<a href="mailto:dena.mcmartin@uregina.ca">dena.mcmartin@uregina.ca</a>	584-0155
Anne Lavack	Publicity	<a href="mailto:anne.lavack@uregina.ca">anne.lavack@uregina.ca</a>	586-8276
Allison Falconer	Interest Groups	<a href="mailto:allison@subramanianonline.com">allison@subramanianonline.com</a>	790-7232
Gwen Herman	Telephone	<a href="mailto:aherman@math.uregina.ca">aherman@math.uregina.ca</a>	771-4189

The next executive meeting will be held on Monday, October 18, 2004 at 7:30 p.m., at 16 Lancaster Place.

# INTEREST GROUPS

## Eclectic Events –

The name says it all! This group plans an eclectic set of special events a few times a year. Details of upcoming events will be listed in future issues of this newsletter.

## Mixed Bridge Group

If you enjoy playing bridge, contact **Isabelle Peardon** at [gpeardon@cableregina.com](mailto:gpeardon@cableregina.com) or phone her 586-6315, and come out to the *Mixed Bridge Group*. This is open to both couples and pairs of ladies. The bridge group meets once a month in the homes of individual members.



## Book Club #1

Convenor:  
**Sara Cryderman** 585-6503

*Note:* Book Club #1 is 'full', so no new members are being accepted. However, new members are being accepted in Book Club #2.



## Have an Idea for a New Interest Group?

If you have an idea for a new interest group that you would like to convene, please e-mail Allison Falconer at:

[allison@subramanianonline.com](mailto:allison@subramanianonline.com)

We are also looking for convenors for activities in 2004-2005, so call **Allison Falconer** at 790-7232 if you're willing to volunteer.

## Couples Gourmet Dinner Club

The *Couples Gourmet Dinner Club* meets on the **2nd Saturday** of each month at 7:00 p.m. Each couple prepares and brings a dish from the international menu planned by the convenor. Each couple also brings their own wine or beverage. The hostess supplies coffee & tea. Usually 3-5 couples attend; if there are more couples, we will hold the dinner at more than one location. Convenor: **Rachel Faerber-Ovaska**, phone 569-8203.

<b>Sat., Sept. 11</b>	<b>Mexico</b>
Sat., Oct. 16	Scandinavia
Sat., Nov. 13	Thailand
Sat., Dec. 11	Cuba
Sat., Jan. 8	Ethiopia
Sat., Feb. 12	Brazil
Sat., Mar. 12	Germany
Sat., April 9	Italy
Sat., May 14	Acadian Lobster Night



## Culinary Explorers

Join the Culinary Explorers, dining out at a different restaurant each month! This event usually takes place at 6:30 p.m. on the **last Wednesday** of each month.



<b>Wed., Sept. 29</b>	<b>Gingerz Bistro</b>	<b>1822 Broad St</b>
Wed., Oct. 27	Selam Ethiopian Restaurant	2115 Broad Street
Wed., Nov. 24	Willows on Wascana	3000 Wascana Drive
Wed., Jan. 26	Mojo	2330 Albert Street
Wed., Feb. 23	Cathedral Village Freehouse	2062 Albert St.
Wed., Mar. 30	The Cottage	4409 Albert Street
Wed., April 20	New Yorx	2300 Dewdney Avenue
Wed., May 25	Angkor	2567 Quance Street East

If you wish to attend, please make RSVP to the interim convenor, **Anne Lavack** 586-8276, at least 3 days before each restaurant outing takes place.

## Book Club #2

*We've planned an exciting list of books for 2004-2005!*

<b>Tue, Sept 7</b>	<b><i>The Last Crossing</i></b>	<b>by Guy Vanderhaeghe</b>
Tue, Oct 5	<i>The Seven Sisters</i>	by Margaret Drabble
Tue, Nov 2	<i>Girl with a Pearl Earring</i>	by Tracy Chevalier
Tue, Dec 7	<i>The Curious Incident of the Dog in the Night-time</i>	by Mark Haddon
Tue, Jan 4	<i>The Lovely Bones</i>	by Alice Sebold
Tue, Feb 1	<i>The Gardens of Kyoto</i>	by Kate Walbert
Tue, Mar 1	<i>The No. 1 Ladies Detective Agency</i>	Alexander McCall-Smith
Tue, April 5	TBA	TBA
Tue, May 3	<i>Steps on the Road to Medicare</i>	by C. Stuart Houston

If you love to read, please come and join us!

Call **Anne Lavack** at 586-8276 or e-mail [Anne.Lavack@uregina.ca](mailto:Anne.Lavack@uregina.ca)

## International Gourmet Cooking Club

If you love to cook, then join the *International Gourmet Cooking Club*. This group of about 12 members meets once a month in a member's home. Meals are planned to represent the food of different countries, or to reflect a special theme.

Call Convenor **Lynn Tomkins** at 584-3708 for more information.

## Art Opening

Lynn Cecil has an upcoming solo art exhibit at Mysteria, 2706 13th Avenue. The title of this solo show is *Abstract l'AnnesCAPes I: A Sense of Cities Reflecting Sky*, and the paintings being shown are oil on canvas. The opening Reception takes place on Thursday, September 9, 2004 at 7:00 p.m., and everyone is welcome. The show runs until November 9, 2004.



## Bursary News...

Congratulations to **Natascha Gall**, who has been named the recipient of the University of Regina Women **Judy Bale Bursary in Early Childhood Education**. Natascha will be entering her fourth year in Education this year at the University of Regina. She will be invited to attend our *Welcome Back Evening* at the University President's home, 1001 McNiven Avenue, on Wednesday, September 15<sup>th</sup>, at 7:30 p.m.

## Notice of Bursary Award The U of R Women-Patricia Bryce Bursaries

**Value:** \$1000 for each of two awards  
**Closing Date:** May 15, 2005

**Application Forms:** Available from Awards Office, Room 229, Riddell Centre, University of Regina.

**Conditions of the Award:** This bursary is to be awarded to a female student in Education who is focusing her studies in Middle years or Secondary Education, and who has completed at least 30 credit hours of her program. The candidate can be enrolled in full or part-time studies during the 2004-2005 academic year and must have a minimum 70% PGPA. In addition, she must demonstrate financial need.

(cont'd on next page)

## International Gourmet Cooking Club – Chef's Table at the Hotel Saskatchewan!

On May 11, 2004, the U of R Women *International Gourmet Cooking Club* interest group experienced Chef's Table dining in the kitchen of the Hotel Saskatchewan Radisson Plaza. Executive Chef David Flegel developed the menu and prepared the food, while members of the group observed.

The event began with fruit punch and sushi hors d'oeuvres. Members were then seated at a dining table in full view of the kitchen preparation centre. The Chef described the food he was preparing and how it was cooked, and provided several tips involved in his preparation methods. Members learned that the table butter is made right in the Hotel kitchen, where a little Saskatchewan maple syrup is added to give it a distinctive flavour. The salad of mixed greens was served in a twisted tuile baked with black sesame seeds. The entrée was free-range chicken (obtained from Regina area farmers), placed on a bed of celery root puree, and topped with a Roma tomato that had been slow-roasted in the oven for 18 hours and still held its shape!

Pastry Chef Gilles Gobin prepared the dessert, an orange blossom crème de brule with a fantastic caramelized sugar plume to top it off – scrumptious! Everyone in the group was effusive in their praise, both of the meal itself and the experience of actually being in a busy, prestigious kitchen while Chef David Flegel prepared the meal. The memorable *Chef's Table* experience was one that all present would readily repeat.



L-R Hilary Johnson, Marilyn Lewis, Chao Yang. On the right, in the foreground are Janet Hutchings, Duna Barber, Lynn Tomkins, Joan Roy.



L-R: Chao Yang, Marilyn Lewis, Gwen Falconer, Sandra Flegel. With their backs to the camera, Lynn Tomkins, Betty Riegert. On the right is Janet Hutchings.

## Notice of Bursary Award

(cont'd from prev. page)

### Award Honours Patricia Bryce:

Patricia Bryce served on the executive and as president of the University of Regina Women, participating in the organization until her move to Vernon, B.C. She was born in Flin Flon, Manitoba in 1934. After completing high school, she earned a degree in Home Economics at the University of Manitoba, where she met Bob Bryce. They married in 1956 and had three children. In 1975, she returned to university to complete a Diploma in Education from the University of Alberta. Pat taught Home Economics to junior high students in Sherwood Park, Alberta. She was passionate about teaching. With her eye for colour and patience, she inspired her students. Pat and Bob Bryce came to Regina when Bob was appointed Dean of Education in 1983. Pat taught adult sewing classes in outdoor clothing while residing here. With her strength of character, her sense of humour, and her caring personality, she made many life long friends.

Pat and Bob retired to Vernon in 1998 where Pat discovered the joy of quilting, creating works of art to be enjoyed for generations to come. She died on August 8<sup>th</sup>, 2002. Her daughter, Brenda (Spitzer) and sons, David and Richard, and their families are proud that two University of Regina Women bursary awards in her memory will be given in 2005 to students dedicated to education of youth, namely two students specializing in, or intending to work in, the field of middle years or secondary education.

**Donations to Award:** We are pleased to announce that there will be two \$1000 bursaries awarded in Patricia Bryce's name, due to the donation of the amount of one full bursary made by her husband, Bob Bryce, last fall. We would be delighted to receive donations throughout the year from our members to complete the total of the second bursary. All donations are tax deductible and can be mailed to our treasurer, **Margaret Fox, at 210 Smith Street, Regina, S4R 2K7.** Please make cheques payable to the University of Regina and identify as a U of R Women Bursary donation.

## Interest Group Convenors

Come out and enjoy one of the interest groups! Contact the convener of the group that interests you:

Book Club #1	Sara Cryderman	<a href="mailto:saracryderman@sasktel.net">saracryderman@sasktel.net</a>	585-6503
Book Club #2	Anne Lavack	<a href="mailto:Anne.Lavack@uregina.ca">Anne.Lavack@uregina.ca</a>	586-8276
Bridge	Isabelle Peardon	<a href="mailto:gpeardon@cableregina.com">gpeardon@cableregina.com</a>	586-6315
Culinary Explorers	Anne Lavack (interim)	<a href="mailto:Anne.Lavack@uregina.ca">Anne.Lavack@uregina.ca</a>	586-8276
Eclectic Events	Sheila McKague	<a href="mailto:sheila.mckague@sasktel.net">sheila.mckague@sasktel.net</a>	525-8905
Couples Gourmet	Rachel Faerber-Ovaska	<a href="mailto:rachelfaerber@hotmail.com">rachelfaerber@hotmail.com</a>	569-8203
Internat'l Cooking	Lynn Tomkins	<a href="mailto:lynn.tomkins@sasktel.net">lynn.tomkins@sasktel.net</a>	584-3708
Movie Madness	Marilyn Lewis	<a href="mailto:marilew99@hotmail.com">marilew99@hotmail.com</a>	584-7703

## Eclectic Events: Lunch & Shopping in Moose Jaw



L-R: Hilary Johnson, Dawn Owen, Gwen Falconer, Lynn Tomkins, Margaret Fox, Anne Lavack, Bev Anderson, Beryl Tymchak, and Joy Roy.

On May 15, 2004, Eclectic Events members enjoyed an excursion to Moose Jaw. Moose Jaw proved to be a treasure chest of specialty shops such as Cranberry Rose, Emerald Glass, and Yvette Moore's Gallery.

Lunch at the Harwood's Restaurant at the Temple Gardens Mineral Spa and an afternoon break in the Gallery's Copper Café (see above photo) were great opportunities for conversation and sharing their finds.

Unexplored venues beckon our members to return sometime in the future!

## U OF R WOMEN - SEPTEMBER 2004 ACTIVITIES

Sun	Mon	Tues	Wed	Thur	Fri	Sat
			1	2	3	4
5	6 Labour Day Holiday	7 7:30 pm Book Club #2	8	9 7:00 pm Art Exhibit, Mysteria	10	11 7:00 pm Couples Gourmet Dinner
12	13	14	15 7:30 pm Welcome Back Event – President's House	16	17 Mixed Bridge Club	18
19	20 Book Club #1	21	22	23	24	25
26	27	28	29 6:30 pm Culinary Explorers	30		

## Convocation

**Thank you** to the volunteers from U of R Women who served tea and dainties at the 30<sup>th</sup> Annual Spring Convocation. Degrees, diplomas, and certificates were presented to over 1,500 recipients at the ceremonies held at the Saskatchewan Centre of the Arts on June 7, 8, and 9.

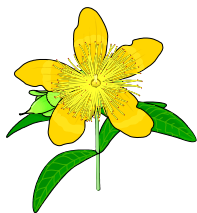
### **Needed: Convocation Volunteers!**

We'll soon be looking for volunteers to serve tea at the Fall Convocation on Saturday, October 16, 2004. Please call **Dawn Owen** at 586-9026 if you're able to volunteer.



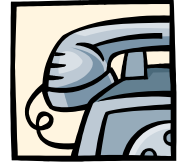
FROM:

U of R Women  
University of Regina  
c/o A. Lavack, Faculty of Administration



## Telephone Committee

Volunteers are needed to telephone members each month to confirm their attendance at events. Please call **Gwen Herman** at 771-4189 if you can assist with telephoning.



## Car Pool

Below is a list of members who have volunteered to be car pool drivers for anyone needing a ride to U of R Women events. Please feel free to contact one of them if you need a lift to a U of R Women event.

Shawna Geissler	949-8732	Anne Lavack	586-8276
Bea McBeath	584-0703	Sheila McKague	525-8905
Karen Nicholls	584-2720	Dawn Owen	586-9026
Lynn Tomkins	584-3708	Glenna Vigrass	586-9077

Many thanks to these volunteer drivers!



## Join U of R Women!

Membership in *U of R Women* is open to women who are affiliated with the University of Regina, either through their own or their partner's employment at the university, or through membership on university Senate, Board of Governors, or Alumni Board.

The **annual fee** is still only **\$15**, which entitles you to participate in a wide variety of activities. To become a member, call **Dena McMartin** at 584-0155 or email her: [dena.mcmartin@uregina.ca](mailto:dena.mcmartin@uregina.ca)

Address  
Label

