

U of R



Women

# Newsletter

Website: <http://www.uregina.ca/admin/urw>

October 2010

## Program of Events 2010-2011



### CFUW Joint Event

November 1, 2010

7:00 p.m.

Speaker:

Dr. Shauneen Pete  
President, First Nations  
University of Canada  
Royal Regina Golf  
Club  
5401 11th Ave.  
Event price \$16



### Executive Meeting

January 5, 2011

7:00 p.m.

2265 Queen Street



### Winter Event

February 2, 2011

7:30 p.m.

Speaker:

Rachel Mielkie  
CEO, Hillberg & Berk  
Wascana Place  
Event Price: \$5.00



### AGM Dinner

April 20, 2011

from 5:30 p.m.

Speaker: Gerry Goebel  
One Family Outreach  
University Club

CFUW Joint Event:

**Speaker: Dr. Shauneen Pete**  
**President, First Nations University of Canada**

Monday, November 1st, 7:00 pm  
Royal Regina Golf Club, 5401 11th Ave.

Event Price: \$16.00

RSVP and payment required by Wednesday, October 27th

Please RSVP to **Anne Lavack** at [anne.lavack@uregina.ca](mailto:anne.lavack@uregina.ca) or 586-8276

Please send payment to **Anne Lavack, Faculty of Business Administration**  
or **Mahobeh Yasdanjo**, 3123 Wascana Glen, Regina, SK, S4V 2L4

## Sheila McKague: Bursary honouree for 2011

Sheila has been a member of University of Regina Women for over twenty years, having joined when her husband became chancellor in 1989. She has held many executive positions and served as President from 2001-2003. She coordinated the Eclectic Events Group when it started, and remains a member of the International Food Group and of Book Club #1.

Sheila has elected to award the bursary to a deserving student studying **social work**. She has kindly provided the following explanation of her choice.

*"For a number of years prior to my retirement, I was a teacher/counsellor in an alternate high school designed for students who had dropped out of mainstream high school because of special challenges. Often my students came from dysfunctional families or had parenting responsibilities with little outside support. It was always satisfying to assist these students so that they were able to complete grade twelve, some of them going on to the University of Regina. Over the years of volunteering at Convocation Receptions, it has been gratifying to see some of those same students celebrating their graduation from the U of R, most often in education and social work.*

*Given the contact many of these students had over the years with social workers, it seemed appropriate for me to direct the U of R Women's Bursary to the Faculty of Social Work. It has been my observation that many of those enrolled in social work are mature students who are juggling academic demands and the financial costs of university with the responsibilities of raising a family. As well, even when these students graduate and become employed, salaries in the field of social work are not high.*

*Assisting a deserving social work student through this bursary is a way of 'giving back' for the assistance my students received from some of the social workers I came to respect during my years at the alternate school."*

For information on how to donate to the bursary, please see the back page of this newsletter.

## Member News

Congratulations to **Cara Driscoll**, whose clay vessel "Earthen Woman" has been selected for the Prairie Excellence exhibition. The tour will begin in Alberta, then travel to Saskatchewan and then on to Manitoba. The exhibition will be at the Sask. Craft Council in Saskatoon in January 2011!

We'd like to hear your news! Please send members news items to Lisa Watson at [lisa.watson@uregina.ca](mailto:lisa.watson@uregina.ca) or phone her at 565-2404.

## Thanks!

On behalf of Lisa Watson and Associate Registrar Bev Liski, a sincere thanks to all those who volunteered to serve tea at Fall Convocation!

Therese Gerrond  
Margot Hurlbert  
Heather Jans  
Francoise Kenny  
Susanne Kuehling

(and Anne Lavack who filled in while volunteers arrived.)

The ceremony ended well ahead of schedule, a consistent trend of late, so we'll be looking for volunteers from 3:45-5:00 from now on!

## Message from the President

*(and Vice-President, and Publicity Coordinator)*

*Our academic year is well underway and I hope you're enjoying your social groups and attending our events so far!*

*Please take the time to ensure that you've renewed your membership. Our social group convenors will be following up with their members soon.*

*Do make note of our three upcoming speakers for November, February and April. We have a great line-up of interesting and motivating people to hear and learn from!*

*Lisa Watson*

## Thank You!

A very warm thanks to our gracious hostess and Honourary President, **Vianne Timmons**, for welcoming us into her home for our Welcome Back Reception on September 29th.

Dr. Timmons' family had suffered a recent tragedy and she had already travelled from out of province that morning before her workday had begun. Her stamina and grace are a tribute to our organization, as were her kind hospitality and words.

I'd also like to thank our members, who donated \$810.00 to our bursary, as well as **Sarah Michalishen**, our Fall 2010 recipient for giving all of us, and particularly her honouree, **Kay Antrobus**, the opportunity to meet her.

## Looking for...

*Two more **silver tea services** for use at Convocation Tea. We've had one volunteered by **Kay Antrobus**, but it is currently missing in action. If you know of a tea service that someone may be interested in donating or selling, please contact Lisa Watson at [lisa.watson@uregina.ca](mailto:lisa.watson@uregina.ca)!*

## U of R Women – Executive for 2010-2011

Lisa Watson	President	<a href="mailto:lwatson.ca@gmail.com">lwatson.ca@gmail.com</a>	565-2404
VACANT	Vice-President		
Lace Marie Brogden	Secretary	<a href="mailto:lace.brogden@uregina.ca">lace.brogden@uregina.ca</a>	585-5606
Mahobeh Yasdanjo	Treasurer	<a href="mailto:mahbobeh@yahoo.com">mahbobeh@yahoo.com</a>	565-1287
VACANT	Program		
Margot Hurlbert	Membership	<a href="mailto:margot.hurlbert@uregina.ca">margot.hurlbert@uregina.ca</a>	585-4232
VACANT	Publicity		
Linda Paul	Interest Groups	<a href="mailto:paulal@uregina.ca">paulal@uregina.ca</a>	585-0988
Ruth Heinrichs	Email/Telephone	<a href="mailto:rheinrichs@sasktel.net">rheinrichs@sasktel.net</a>	586-5024
Anne Lavack	Past President	<a href="mailto:Anne.Lavack@uregina.ca">Anne.Lavack@uregina.ca</a>	586-8276

## Interest Group Activities

### **Couples Gourmet Dinner Club**

The Couples Gourmet Dinner Club meets on the **2<sup>nd</sup> Saturday** of each month at 7:00 p.m. Each couple prepares and brings a dish from the themed menu planned by the convenor. Each couple also brings their own wine or beverage. The host couple supplies coffee & tea.

Upcoming themes include:

November:  
Yummy Yugoslavia

December:  
Mexican Fiesta

January:  
Delicious Dutch

Call **Anne Lavack** at **586-8276**  
or e-mail

**Anne.Lavack@uregina.ca.**

### **Book Club #2**

If you love to read, please come and join us for an evening of food and discussion on the **first Tuesday** of each month!

Upcoming titles include:

November:  
*Olive Kitteridge*

December:  
*Too Much Happiness*

January:  
*Love and Other Impossible Pursuits*

February:  
*The Guernsey Literary and Potato Peel Pie Society*

Call **Anne Lavack** at **586-8276**  
or e-mail

**Anne.Lavack@uregina.ca.**

### **Eclectic Events**

The name says it all! This group plans special events a few times a year.

A visit to the local **Elvis Presley museum** was recently organized by **Lise Lundlie** for Oct. 19 at 6:30 pm, and followed with coffee at **Anne Lavack's** home.

This group currently has no convenor, so if you have an event you'd like coordinate, please contact **Linda Paul** at **paulal@uregina.ca.**

The executive will happily help with publicity!

### **Culinary Explorers**

Visit a different restaurant each month! This event usually takes place at 6:30 p.m. on the **2<sup>nd</sup> Monday** of the month.

Please RSVP to **Lise Lundlie** at **586-1085** or **llundlie@sasktel.net**, at least 3 days before each restaurant outing takes place.

### **International Gourmet Cooking Club**

This group of fourteen women meets monthly, for dinner and lively conversation. Members work in pairs, each pair hosting one evening during the year. On all other evenings, they enjoy being guests. The group is presently at capacity. However, if sufficient interest is shown, a second group could be formed. For information or to register interest in this group, contact **Joan Roy** at **586-5536** or e-mail **joan.roy@uregina.ca.**

### **Mixed Bridge Group**

If you enjoy playing bridge, come out to the *Mixed Bridge Group*. This is open to both couples and pairs of ladies.

The bridge group meets once a month in the homes of individual members. Contact **Linda Paul** at **585-0988** or **paulal@uregina.ca** or **Lise Lundlie** at **586-1085** or **llundlie@sasktel.net** or more information.

### **Curling Club**

Newcomers are welcome and coaching is available. Details on dates and times to be announced. For more information contact **Linda Paul** at **585-0988** or **paulal@uregina.ca.**

The ***University of Regina Women Sheila McKague Bursary***  
will be awarded in Fall 2011  
to a deserving female student studying **Social Work**

We are continuing to collect **donations** for the *U of R Women Bursary*.

Donations may be sent to our Treasurer  
**Mahobeh Yasdanjo** at 3123 Wascana Glen, Regina, SK, S4V 2L4.

Please **make your cheque payable to University of Regina**  
and identify it as a contribution to the U of R Women Bursary.

Official receipts will be sent from the U of R Financial Services at the end  
of the year.

Thank you for your support!

FROM:  
U of R Women  
University of Regina  
c/o Lisa Watson,  
Faculty of Business  
Administration



Address  
Label

