

U of R



Women

Newsletter

WEBSITE: <http://uregina.ca/women/>

October 2007

Program of Events 2007-2008

Joint Event with CFUW

Guest Speaker Gail Bowen

Monday, Nov. 5, 2007, at 7 p.m.
Wascana Country Club

RCMP Heritage Centre

Planned for January 2008
Date and Time TBA

AGM & Dinner

Wednesday, April 30 at 5:30 p.m.
University Club
Speaker: TBA



Join U of R Women!

Membership in *U of R Women* is open to women who are affiliated with the University of Regina, either through their own or their partner's employment at the university, or through membership on university Senate, Board of Governors, or Alumni Board.

The **annual fee** is still only **\$20**, which entitles you to participate in a wide variety of activities. To become a member, call **Dena McMartin** at 584-0155 or email her: dena.mcmartin@uregina.ca



UNIVERSITY OF
REGINA

Joint Event with CFUW With special guest speaker Gail Bowen Wascana Country Club Monday November 5 at 7 p.m.

Known best for her detective novel series featuring Joanne Kilburn, Gail Bowen is an associate professor in the English department at the First Nations University of Canada. Bowen began her teaching career at the University of Saskatchewan and the Saskatchewan Indian Cultural College in Saskatoon. In 1979 she moved to Regina and began teaching at the University of Regina and the Saskatchewan Indian Federated College. Gail is also a playwright and has had several plays produced at Regina's Globe Theatre. Please join us for an exciting evening with this vibrant author.

Coffee and dessert will be served. The cost is \$10 per person. Please RSVP to Anne Lavack at anne.lavack@uregina.ca or phone 586-8276 by October 31st.



Member News

CONGRATULATIONS

Allison Falconer and Saravanan Subramanian are delighted to announce the arrival of their baby daughter on Sept 10th, 2007 in Regina, Canada, 7 pounds and 5 ounces. Both mom and baby are doing fine. Congratulations also to grandmother Gwen Falconer!



Do you Have Any Member News?

We're interested in hearing about your news! If you've had a vacation, promotion, birth of a child or grandchild, marriage, retirement, or other important event, let us tell U of R Women members about it in the newsletter.

Please send newsletter items to the newsletter editor via e-mail: heather.jans@uregina.ca or phone her at 586-8276.

Notice of New Membership Category

At the U of R Women's Annual General Meeting (AGM) on April 25 2007, members discussed and voted on a motion to adopt a new membership category within the organization. The motion was passed, so we now have a new "Associate Member" category. The Associate Member must be nominated by two U of R members, will pay the same fees and will enjoy the same rights and privileges as full Members, with the exception of voting privileges. **No more than 15%** of our membership may fall within the 'Associate Member' category.

Message from the President

The unmistakable signs of Fall are here, with the beautiful autumn colours and the crisper weather. Be sure to get out and enjoy the weather before winter is upon us!

We held the *New Members Luncheon* at my home on Saturday, September 8. At this event, members of the Executive shared their culinary talents with new members, as well as the Interest Group convenors. Thanks to all who participated!

It was great to see so many familiar faces and new members at the *Welcome Back Reception* on September 19 at the Terrace Building! We had an opportunity to renew memberships and sign up for our favourite Interest Groups. Special thanks to **Dena McMartin** for her hard work in organizing this lovely *Welcome Back* event, and thanks to members of the Executive for outdoing themselves with the luscious desserts!

This year our organization is once again sponsoring a bursary for a female student at the University of Regina. We were especially delighted to have our recipient of the 2007 **Marilyn Lewis Bursary**, Janet Jost, attend the *Welcome Back Reception*. The bursary was presented to her by **Ed Lewis**, who flew to Regina from his new home in British Columbia especially to join us for this event. **Janet Jost** gave a very moving speech about how much the bursary will mean to her as a single mother. In 2007 we will be awarding a bursary in honour of **Ann Van Vliet**, who has been a very active member of our group for many years now. Should you wish to make a tax-deductible contribution, please contact our Treasurer, **Joan Roy**, at **586-5536**.

The Interest Groups continue to garner much support and enthusiasm from our members, and we're delighted that some of our new members have become active in the Interest Groups. If you would like to join a particular group, and haven't had a chance to do so yet, I encourage you to contact the Convenor listed in the newsletter.

Our next meeting will be an evening coffee and dessert event on **Monday, November 5** at 7:00 p.m. with our colleagues from the Canadian Federation of University Women (CFUW) at the Wascana Country Club. Acclaimed writer **Gail Bowen** will be our guest speaker, so it promises to be a wonderful event. Please mark this date on your calendar, and feel free to bring along a friend. Cost is only \$10 per person, and you can call me at **586-8276** to reserve your spot for this event.

Finally, please join us on **Wednesday, November 7** at 7:00 p.m. at the Assiniboia Gallery for a free Exhibit and Artist Talk by one of our own members, renowned artist **Cara Gay Driscoll**. She will be talking about her current exhibit, entitled 'Memory in Clay.' Call me at **586-8276** to book your spot for this event (or e-mail Anne.Lavack@uregina.ca), and be sure to bring a guest!

I hope to see you all soon!

Anne Lavack, President of U of R Women



Mixed Bridge Group

If you enjoy playing bridge, contact **Isabelle Peardon** at gpeardon@cableregina.com or phone her **586-6315**, and come out to the *Mixed Bridge Group*. This is open to both couples and pairs of ladies. The bridge group meets once a month in the homes of individual members.



Curling Club

Join us Wednesday afternoons at 1:15 at the Tarton Curling Club on Broadway Avenue. One square starts this fall with another square starting in January. Newcomers are welcome and coaching is available. For more information contact **Linda Paul - 585-0988 - paulal@uregina.ca**.

International Gourmet Cooking Club

If you love to cook, then join the *International Gourmet Cooking Club*. This group of about 12 members meets once a month in a member's home. Meals are planned to represent the food of different countries, or to reflect a special theme. Call Convenor **Sheila McKague** at **525-8905** or sheila.mckague@sasktel.net for more information.

Have an Idea for a New Interest Group?

If you have an idea for a new interest group that you would like to convene, please e-mail **Linda Paul** at **585-0988** or paulal@uregina.ca

Couples Gourmet Dinner Club

The *Couples Gourmet Dinner Club* meets on the **2nd Saturday** of each month at 7:00 p.m. Each couple prepares and brings a dish from the international menu planned by the convenor. Each couple also brings their own wine or beverage. The hostess supplies coffee & tea. Usually 3-5 couples attend; if there are more couples, we will hold the dinner at more than one location.

Convenor: Lisa Watson, phone **565-2404** or e-mail lisa.watson@uregina.ca.

Sat., Nov. 10	Thailand
Sat., Dec. 8	Vegan
Sat., Jan. 12	India
Sat., Feb. 9	Mexico
Sat., Mar. 8	Germany
Sat., April 12	Morocco
Sat., May 10	Chili peppers

Culinary Explorers

Join the Culinary Explorers, dining out at a different restaurant each month! This event usually takes place at 6:30 p.m. on the **second Monday** of each month.

Mon., Nov. 12	The Black Pepper, 2635 E Starlite St.
Mon., Dec. 10	Lakeshore, 1350 23 rd Ave.
Mon., Jan. 14	Willows on Wascana, 3000 Wascana Dr.
Mon., Feb. 11	Hanabi (Japanese), 1950 Broad St.
Mon., Mar. 10	Silvers' Steakhouse, Rochdale and Pasqua
Mon., April 14	Punjabi East Indian, 1851 Scarth St
Mon., May 12	Moxie Classic, 1800 Victoria
Mon., June 9	Afghan Restaurant, 832 - 870 Albert St.

If you wish to attend, please RSVP to the convenor, **Lise Lundlie** at **586-1085** or llundlie@sasktel.net, at least 3 days before each restaurant outing takes place.

Book Club #2

We've planned an exciting list of books for 2007-2008!

Tue, Nov 6	<i>The Namesake</i>	by Jhumpa Lahiri
Tue, Dec 4	<i>Bloodletting & Miraculous Cures</i>	by Vincent Lam
Tue, Jan 8	<i>The Apothecary</i>	by Martha Blum
Tue, Feb 5	<i>Encounters</i>	by Michael Trussler
Tue, Mar 4	<i>Tuesdays with Morrie</i>	by Mitch Albom
Tue, April 1	<i>The Secret Life of Bees</i>	by Sue Monk Kidd
Tue, May 6	<i>Divisadero</i>	by Michael Ondaatje

If you love to read, please come and join us!

Call **Anne Lavack** at **586-8276** or e-mail Anne.Lavack@uregina.ca

Book Club #1 Convenor: Sara Cryderman 585-6503

Note: Book Club #1 is 'full', so no new members are being accepted.

However, new members are being accepted in Book Club #2

Nov.	Paula by Isabelle Allende
Dec.	Midnight's Children by Salman Rushdie
Jan.	The Tipping Point by Malcolm Gladwell
Feb.	Brave New World by Aldous Huxley
March	The Memory Keeper's Daughter by Kim Edwards
April	On Chesil Beach by Ian McEwan
May	Fifth Business by Robertson Davies
June	Consumption by Kevin Patterson

Eclectic Events –

The name says it all! This group plans an eclectic set of special events a few times a year.

**Wednesday,
November 7
at 7 p.m.**

**Assiniboia Gallery
Exhibit & Artist Talk
by Cara Gay Driscoll**

Saskatchewan artist Cara Gay Driscoll creates ceramic objects which are characterized by a female sensibility. Her hand-coiled full-bodied vessels are made using traditional techniques that pay homage to the past. Drawing her inspiration from literary figures or the women of the Bible, Cara strives to infuse her work with spirituality, strength and historical perspective.

Coffee & dessert to follow
RSVP: **Anne Lavack**
586-8276 or
Anne.Lavack@uregina.ca



Ed Lewis presented Janet Jost with the U of R Women Bursary in honour of Marilyn Lewis at the Welcome Back Event on September 19.

2008 University of Regina Women Bursary

The *University of Regina Women 2008 Bursary* is to be awarded in honour of Ann Van Vliet. Ann has been a very active longtime member of University of Regina Women. The bursary is to be awarded to a female student in the Department of Education who is specializing in Elementary Education. The candidate must have completed at least 30 credit hours of her program with a minimum Grade Point Average of 70%. She must be enrolled in either full or part-time studies during the 2008-2009 academic year. The candidate must also demonstrate financial need and a specific interest in her studies of elementary teaching.

We would be delighted to receive donations throughout the year from our members toward this bursary. All donations are tax deductible and can be mailed to our treasurer, **Joan Roy**, at **18 McGill Place, Regina, S4S 6R7**. Please make cheques payable to the *University of Regina* and identify as a U of R Women Bursary donation.

U OF R WOMEN - OCTOBER 2007 ACTIVITIES

Sun	Mon	Tues	Wed	Thur	Fri	Sat
	1	2	3	4	5	6
7	8	9 7:30 pm Book Club #2	10	11	12	13 7:00 pm Couples Gourmet Dinner
14	15 6:30 pm Culinary Explorers	16	17	18	19	20
21	22 Book Club #1	23	24	25	26 Mixed Bridge Club	27
28	26	27	31			

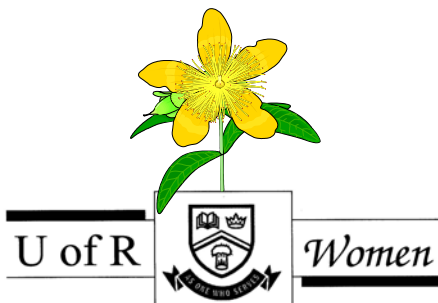
U OF R WOMEN – NOVEMBER 2007 ACTIVITIES

Sun	Mon	Tues	Wed	Thur	Fri	Sat
				1	2	3
4	5	6 7:30 pm Book Club #2	7 7:00 pm Cara Gay Driscoll eclectic event	8	9	10 7:00 pm Couples Gourmet Dinner
11	12 6:30 pm Culinary Explorers	13	14	15	16	17
18	19 Book Club #1	20	21	22	23 Mixed Bridge Club	24
25	26	27	28	29	30	

U of R Women – Executive for 2007-2008

Anne Lavack	President	anne.lavack@uregina.ca	586-8276
Dawn Owen	Past President	dowen@accesscomm.ca	586-9026
Azita Rezaei	Vice-President	azitar_ca@yahoo.com	525-6772
Lisa Watson	Secretary	lisa.watson@uregina.ca	565-2404
Joan Roy	Treasurer	royjoa@uregina.ca	586-5536
Heather Ryan	Program	heather.ryan@uregina.ca	585-4002
Dena McMartin	Membership	dena.mcmartin@uregina.ca	585-4703
Heather Jans/ Toby Willis-Camp	Publicity	heather.jans@uregina.ca williscamp@sasktel.net	949-6762 586-6479
Linda Paul	Interest Groups	paulal@uregina.ca	585-0988
Ruth Heinrichs	Telephone	rheinrichs@sasktel.net	586-5024

FROM:
U of R Women
University of Regina
c/o Heather Jans, ESL Program



Address
Label