

Program of Events 2003-2004

Death with Dignity

Joint Meeting with CFUW

Speaker: Lenore Streicker

Saturday, Nov. 1 at 12 noon

Hotel Saskatchewan

Cost: \$20.00

The Philharmonic Chorus performs The Messiah

Wednesday, Dec. 17 at 7:30 p.m.

Knox-Metropolitan United Church

Tickets must be reserved by Oct. 15

Cost: \$20.00

Art at the Assiniboia Gallery

Wednesday, Jan. 21 at 7:30 p.m.

Assiniboia Gallery

2429 11th Avenue

Nutrition for Women

Speaker (Helen Flengeris) & Dinner

Wednesday, Feb. 18 at 6:00 p.m.

Location: TBA

Sound Stage Tour

Wednesday, March 24 at 7:30 p.m.

Coffee & Dessert to follow

Rusticles on the Titanic

Speakers: Dr. Roy Cullimore &

Lori Johnston

Annual General Meeting & Dinner

Wednesday, April 28 at 5:30 p.m.

University Club

Membership Renewal!

Please send your membership renewal form and \$15 fee to Sara Cryderman at 56 Turgeon Crescent, Regina S4S 3Z9.

You won't want to miss this special event jointly planned by CFUW and U of R Women.

Death with Dignity

Find out more about creating a Living Will.

Speaker: Lenore Streicker

*Saturday, November 1st
12 noon*

Hotel Saskatchewan

Cost: \$20 per person

You must RSVP to Dawn Owen at 586-9026 for this event, but you may pay at the door.

Mark your calendar to join the U of R Women in attending
***The Philharmonic Chorus
performing
The Messiah***
***Wednesday, December 17
7:30 p.m.***

Knox-Metropolitan United Church

Cost \$20 per person

Reservations required by October 15.



Art Exhibition

Lynn Cecil is having her first solo Art Exhibition. Everyone is welcome to join Lynn at the Opening Reception:

Date: Thurs., Nov. 13, 2003
Time: 7:00-9:00 p.m.
Location: Mysteria Gift & Design
Address: 2706 13th Avenue



The show opens on November 13 and continues until the end of December. Lynn will be displaying a new collection of chalk pastel landscapes on black canvas.

Welcome to our New Members!

Welcome to the following new members of U of R Women!

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We're delighted that you've joined us!



Please send newsletter items to the newsletter editor via e-mail: Anne.Lavack@uregina.ca or phone her at 586-8276.

Message from the President

-- *Lynn Cecil*, President of U of R Women

Join U of R Women!

Membership in U of R Women is open to women who are affiliated with the University of Regina, either through their own or their partner's employment at the university, or through membership on university Senate, Board of Governors, or Alumni Board.

Annual fee is only \$15, which entitles you to participate in a wide variety of interesting activities. Call Sara Cryderman at 585-6503, or e-mail her at: saracryderman@sk.sympatico.ca

U of R Women – Executive

Lynn Cecil	President	lynnacecil@hotmail.com	924-4782
Sheila McKague	Past President	terence.mckague@uregina.ca	525-8905
Joan Roy	Vice-President	royjoa@uregina.ca	586-5536
Kay Antrobus	Secretary	pandkantrobus@sasktel.net	352-6559
Margaret Fox	Co-Treasurer		543-3996
Marion Gosselin	Co-Treasurer	marion.gosselin@uregina.ca	543-7665
Dawn Owen	Program	dowen@accesscomm.ca	586-9026
Sara Cryderman	Membership	saracryderman@sk.sympatico.ca	585-6503
Anne Lavack	Publicity	anne.lavack@uregina.ca	586-8276
Linda Paul	Interest Groups	paulal@uregina.ca	585-0988
Olive Stewart	Telephone	stewart.jo@sasktel.net	565-2335

Bursary News...

At the "Welcome Back" evening, we were pleased to introduce our guests, David and Nancy Bale. David and Nancy are husband and daughter of Judy Bale, who was a valued, long-time member of our organization and in whose memory our bursary this year is named. During the evening, David spoke briefly about Judy's life and interests while Nancy thanked us for honouring her mother.

We are pleased that \$720.00 has so far donated toward our \$1,000.00 U of R Women—Judy Bale Bursary in Early Childhood Education. We would be delighted to receive further contributions. All donations are tax deductible and can be mailed to Margaret Fox at 210 Smith Street, Regina, S4R 2K7. Make cheques payable to University of Regina and identify it as a bursary donation.

FROM:

U of R Women
University of Regina

Notice of Bursary Award The U of R Women-Judy Bale Award

Value: \$1000.

Closing Date: May 15, 2004

Application Forms: available from Awards Office, Room 229, Riddell Centre, University of Regina.

Conditions of the Award: This bursary is to be awarded to a female student in Early Childhood Education, who has completed at least one year of her program. The candidate can be enrolled in full or part-time studies during the 2003-2004 academic year and must have a minimum weighted average of 70%. In addition, she must demonstrate financial need.

Award Honours Judy Bale: Judy Bale, a valued member of U of R Women, was active in executive and support committees in our organization until the last months before her untimely death from cancer in 2002. Born in Edmonton, Judy trained as a nurse and worked in this profession for a decade. Judy's membership in U of R Women dates back over 30 years from the time that she and her husband, David Bale, came to Regina, where he joined the Faculty of Education. Judy was mother to three children, Martin, Kelly and Nancy. As well as her own family, Judy took joy in all children. She believed that the future of our society rests on our children. Her family feels that she would be very pleased to see this award, named for her, given to a recipient who plans to make a career of working with young children.

Donations to Award: Donations are **tax deductible** and will be accepted at our September meeting. Donations can also be mailed to Treasurer Margaret Fox, 210 Smith St., Regina, S4R 2K7. Please make cheques payable to the University of Regina and identify it as a U of R Women Bursary donation.

Address
Label

U of R WOMEN

International Cooking Club

If you love to cook, then think about joining the International Cooking group. This group of about a dozen members meets once a month in a member's home. Meals are usually planned to represent the food of different countries, or to reflect a special theme.

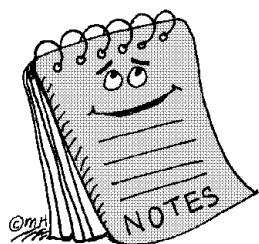
The first meeting of the year will be held on **Wednesday, October 8**.



Eclectic Events -- Planning Meeting

Three or four events will be held during the year, and the name says it all! Events and places are selected and planned by each member in turn. New members are welcome.

The Eclectic Events group will hold a Planning Meeting on **Wednesday, October 8 from 5-6 p.m.**, to plan this year's events. If you're interested in helping to plan the events, please call Sheila McKague at 525-8905.



INTEREST GROUP NEWS

Book Club #1 – Great books for 2003-2004!

Oct. 20	<i>Crow Lake</i>	by Mary Lawson
Nov. 17	<i>Life of Pi</i>	by Yann Martel
Dec. 15	<i>1000 White Women-The Journals of May Dodd</i>	by Jim Fergus
Jan.	<i>The Russlander</i>	by Sandra Birdsell
Feb.	<i>In My Hands-Memories of a Holocaust Rescuer</i>	by Irene Gut Opdyke
Mar.	<i>The Lovely Bones</i>	by Alice Sebold
Apr.	<i>Steps to Medicare</i>	by Dr. Hanson
May	<i>Flint and Feather</i>	by Charlotte Gray
June	<i>Unless</i>	by Carol Shields

Convenor: Sara Cryderman 585-6503

Note: Book Club #1 is 'full', so no new members are being accepted.

However, new members are being accepted in Book Club #2 (see below).

Book Club #2 – Exciting Reading for 2003-2004!

We have a great line-up of books planned for this year in Book Club #2:

Tues., November 4	<i>Tamarind Mem</i>	by Anita Rau Badami
Tues., December 2	<i>Snow Falling on Cedars</i>	by David Guterson
Tues., January 6	<i>A Song for Nettie Johnson</i>	by Gloria Sawai
Tues., February 3	<i>The Bean Trees</i>	by Barbara Kingsolver
Tues., March 2	<i>The Polished Hoe</i>	by Austin Clarke
Tues., April 6	<i>Balzac and the Little Chinese Seamstress</i>	by Dai Sijie
Tues., May 4	<i>The Life of Pi</i>	by Yann Martel

If you love to read, please come and join us! Call Anne Lavack at 586-8276.

SOME NOVEMBER ACTIVITIES

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						1 12 noon Death w/ Dignity at the Hotel Sask.
2	3	4 7:30 pm Book Club #2	5 6:30 pm Culinary Explorers	6	7	8
9	10	11	12	13	14 Mixed Bridge Club	15
16	17 Book Club #1	18	19	20	21	22
23	24	25	26 International Cooking Club	27	28	29
30	31					

Eclectic Events – October 15: “The Path to Mary” at the Rosemont Gallery

A show at the Rosemont Gallery in the Neil Balkwill Centre, 2420 Elphinstone, Sept. 3 – Nov. 3, 2003, features the work of our talented member, **Cara Gay Driscoll**.

The U of R Women **Eclectic Events** group will be attending the *Artist's Talk*, which is scheduled for **Wed., Oct. 15 at 7:30 p.m.** at the Rosemont Gallery. The artist's presentation will involve a discussion on the milagros and will include slides of St. Peter's Abbey in Muenster, the place of inspiration for this collection of work.

If you're interested in attending this Eclectic Event and sitting with the U of R Women group, then meet at the Rosemont Gallery at 7:15 so that we can arrange to sit together. Call Sheila McKague at 525-8905 if you're planning to attend.

Movie Madness

A new group has formed that promises to provide exciting entertainment for members of U of R Women. The *Movie Madness* group will be going out to view movies that have been nominated for Academy Awards! Watch the newsletter for a list of movies, dates, and times.

NOTE: Convenor Marilyn Lewis has misplaced the list of participants in this group, so please phone her at 584-7703 to sign up again!



Mixed Bridge Group

If you enjoy playing bridge, be sure to contact Isabelle Peardon at gpeardon@cableregina.com or phone her 586-6315, and come out to the Mixed Bridge Group. This is open to couples (e.g., you and your spouse/partner) or pairs of ladies. The bridge group meets once a month in the homes of individual members.

This month's bridge club meetings are being hosted by Linda & Alex Paul (**October 10**) and Louise & Myron Strohan.



Culinary Explorers

Join the Culinary Explorers as they dine out at a different restaurant each month! This event takes place at 6:30 p.m., usually on the first Wednesday of each month. Following is the tentative list of restaurants.

October 1	Fireside Bistro	2305 Smith Street
November 5	Teppanyaki Japanese	736 Victoria Avenue
December 3	Golf's Steak House	1945 Victoria Avenue
January 7	The Creek Bistro	3414 13 th Avenue
February 4	Greko's	4424 Albert Street
March 3	Mediterranean Bistro	2589 Quance Street East
April 7	Heliotrope	2204 McIntyre Street
May 5	La Bodega	2228 Albert Street
June 2	Park Place	3000 Wascana Drive

Mark these dates on your calendar! Please make sure you RSVP to the convenor, Hilary Johnson 584-3618, at least 3 days before each event takes place. Since this is a preliminary list of restaurants, it's especially important to let Hilary know if you're planning to attend!



Interest Group Convenors

We have a number of interest groups in which members may participate. Contact the convenor of the group that interests you!

Book Club #1	Sara Cryderman	saracryderman@sk.sympatico.ca	585-6503
Book Club #2	Anne Lavack	Anne.Lavack@uregina.ca	586-8276
Bridge	Isabelle Peardon	gpeardon@cableregina.com	586-6315
Gourmet Cooking	TBA- Linda Paul	paulal@uregina.ca	585-0988
Culinary Explorers	Hilary Johnson		584-3618
Eclectic Events	Sheila McKague	sheila.mckague@sasktel.net	525-8905
Movie Madness	Marilyn Lewis		584-7703