

New Members

Katherine Bergman joined the University of Regina in 1992 as an Assistant Professor in the Department of Geology. She joined the Dean's Office in 1998 as the Assistant Dean responsible for the Undergraduate Programs in Science, and later served as the Dean of Science from 2000 to 2009. In 2009, she was appointed as Special Advisor to the President (Nursing) where she was responsible for building the foundation for the new Nursing Program in partnership with Saskatchewan Polytechnic, formerly Saskatchewan Institute of Applied Science. She left the University in 2010 to join Nipissing University as Vice President Academic and Research, and in 2012 moved to St. Jerome's University, at the University of Waterloo where she served as President and Chancellor for seven years. Katherine enjoys spending her retirement at their acreage near Regina with her husband Doug and their two dogs, Charlie and Cobalt.

URW President's Message: Spring is here - let's hope!

Dear Friends,

With increased measures to contain the spread of Covid and its variants, it may not be easy to hope and to believe that there is a light at the end of the tunnel. Please know that your executive and I are thinking of you, sending good energy to you and yours and are indeed hoping you are keeping well. As I write this, it is a sunny afternoon and our highest temperature so far this spring. In addition to all the precautions we must continue to take, let us also try to focus on the sun, on our friendships, and look for the joys big and small around us!

It was lovely to see so many of you at our March event, which was a success due to the efforts of many. Kay Antrobus introduced Colleen Sampson, who gave an informative presentation about the Regina Floral Conservatory, a beautiful part of our city about which Colleen is most passionate. Colleen also spoke about the potential construction of a floral conservatory east of Wascana Rehab. Thank you to Carmelle Beaudry for suggesting the event and for thanking Colleen on behalf of URW. Thank you to our amazing Events Coordinator, Bonnie Dobni, and to our Communications Officer, Ruth Heinrichs, for working together to make the Zoom event happen. Two delighted attendees each won a fifty dollar gift certificate to Cedar Creek Gardens on Highway 6.

We are still exploring options for our AGM, so watch your emails for more news. In the meantime, enjoy being with those in your immediate household and enjoy the things that bring you joy. My hubby and I are delighting in the geraniums and petunias we started from seed that are growing big and green in our sunny window, reminding us to believe and to hope.

Take care and keep well, Laurie

Lynn Cavanagh

is a retired University of Regina assistant professor, formerly of the Dept. of Music. She joined our club a year ago because she was interested in the group that views and discusses films together. She is also interested in the group that meets to speak French.

Maryam Bezorg-Mehr

will graduate with a Master of Adult Ed at the U of R. She is interested in gardening, cooking, reading, socializing and of course going to movies and restaurants. After this semester and the lockdown, she hopes to resume a normal life once more, and is especially interested in the Culinary Explorers group.

Stay Safe!

March 16, 2021 UR Women Virtual Speaking Event

The University of Regina Women held their March event via zoom. Many thanks to President Laurie Carlson Berg for welcoming everyone and managing the zoom environment for us.

Our member, Kay Antrobus and long-standing Regina Garden Associates member introduced our speaker, Colleen Sampson, President of the Regina Garden Associates. Colleen presented on the proposed New Floral Conservatory Building in Wascana Park and discussed the next steps of the new project plan. She shared the interesting history of the Regina Floral Conservatory from when it began. Colleen also provided information about the Regina Garden Associates whose members manage the Regina Floral Conservatory in conjunction with the City of Regina. Vice President Carmelle Beaudry thanked Colleen for her presentation.

There were twenty two virtual attendees and it was so good to see everyone. Two draws were held at the end of the presentation. In keeping with the theme of the night, the draws were for two (\$50.00) gift certificates from Cedar Creek Gardens.

SAVE THE DATE: UR WOMEN AGM

The Executive met in early March and discussed plans for the AGM. It would be our intent to hold our regular in-person event and we have set aside May 26th for this function. Wilf Perreault has agreed to be our speaker following our dinner at the Royal Regina Golf Club. More details will be sent out closer to the date.

Bonnie Dobni

At a time when none of us is travelling, a jaunt to Regina Beach provided a change in scenery for women who are part of the International Cooking Club. Members celebrated being physically-distanced, but together, as they enjoyed a Covid-sensitive brunch at spaced tables in Duna Barber's home and on her large deck. How lovely to sit and visit while overlooking Last Mountain Lake and the landscape of the Qu'Appelle Valley. Thanks so much to Duna for inviting the group, which provided an afternoon that lifted everyone's spirit. (Anonymous)

U of R Women – Executive for 2020-2021

Laurie Carlson Berg	President	Laurie.Carlson.Berg@uregina.ca
Samira McCarthy	Past President	samira.mccarthy@uregina.ca
Carmelle Beaudry	Vice President	carmelle.beaudry@gmail.com
Gladys Boehler	Secretary	boehg@accesscomm.ca
Catherine Arthur-MacDonald	Treasurer	acmacdonald@accesscomm.ca
Bonnie Dobni	Social/Program	bonnie.dobni@uregina.ca
Marilyn Lewry	Membership	lewrym@uregina.ca
Ruth Heinrichs	Communications	rheinrichs@sasktel.net
Joanne Durst	Interest Groups	joanne.Durst@sasktel.net

Book Club #1, convened by Cara Gay Driscoll (306 352-7931), has been meeting via zoom on the 3rd Monday evening of each month. Cara states that the group is looking forward to discussing the book featured for March, “Clearing the Plains” by James William Duschak. This book was originally published in 2013 by the University of Regina and has been awarded the Governor General’s History Award and the Clio Prize.

Tatiana Levit
(Tatiana.levit@uregina.ca) convenes **Book Club#2**, which meets via zoom the first Tuesday evening of the month. The group will be discussing “Ragged Company” by Richard Wagamse on April 6th and “The Vanishing Half” by Brit Bennett on May 4th.

The **Walking Club**, convened by Mary Okumura (306 585-1380), meets on Tuesday at 9:30am in the parking lot at the Willow Restaurant. Our winter warriors have continued to walk around Wascana Lake through the winter except for several Tuesdays during the “polar vortex extreme cold”. Mary reports that the group has stayed safe by wearing their crampons and doing the “penguin shuffle” on the icy patches. Cheers to you!

Gourmet Cooking Club (This group is full)

In “pre-COVID times” this group of women met monthly for dinner and lively conversation. They planned meals around the cuisine of a particular culture or special theme and worked in pairs with each pair hosting one evening during the year. Members of this group are cautiously feeling their way forward during this pandemic time. Convenor: Barbara de Vlieger – Barbara.devlieger@uregina.ca
Tel: 306 586-2714 (Cancelled)

Culinary Explorers, convened by Lise Lundlie (306 586-1085), has had a good response with 8 members regularly signing up to dine at different Regina restaurants while following Sask. COVID19 public health orders for restaurants. They meet at 6:15pm on the 3rd Thursday of each month and those who have signed up with Lise receive an email several weeks prior to the event. Members have enjoyed the cuisine and the face to face conversations and a break from cooking.

Le Cercle Francais

This is a French language conversation group for members who wish to socialize in a friendly, French-speaking atmosphere. Stay tuned for updates. New members are welcome. Co-Convenors: Laurie Carlson Berg – Laurie.Carlson.Berg@uregina.ca Tel: 306 585-1946
Alison Hayford – alison.hayford@uregina.ca Tel: 306 352-0253
(Cancelled)

Movie Potluck Club

Currently the convenor is looking at a discussion via ZOOM after watching a movie on Netflix or cable Warner classics while enjoying popcorn & a beverage. Convenor: Alison Hayford - Alison.hayford@uregina.ca
Tel: 306 352-0253 (Cancelled)

Mixed Bridge Group

This Mixed Bridge Group, which is open to couples and pairs of women, is not currently meeting because of the pandemic. Convenor: Linda Paul – paulal@uregina.ca
Tel: 306 585-0988 (cancelled)

Matinee Curling Club

This club starts in mid-October and beginners are welcome! The club curls Wednesday afternoons at 1:00 pm at the Caledonia Curling Club. The Caledonia club has established very detailed COVID rules based on *Canada and CurlSask Return to Curling Guidelines* (available on the Caledonian Curling Club website.) Convenor: Mary Okumura - mary.okumura@uregina.ca
Tel: 306 585-1380 (cancelled)

University of Regina Bursary

Report from Samira B. McCarthy, Past President

Re: U of R Women Bursary

The 2020-2021 Bursary honoree was Vianne Timmons, former President of the University of Regina. Her choice of area of studies was in the Faculty of Education, with a minor focus in Inclusive Education. Unfortunately, the Bursary will not be awarded this year because there were no applicants; the consensus was that the focus of study is either not well-known, or not a popular choice.

The area of studies was therefore changed to Faculty of Education, focusing on Elementary Education. The Bursary will thus be awarded in 2021-2022, in the name of Vianne Timmons.

As well, a second Bursary will be advertised as the ordinarily scheduled one for 2021-2022. The Honoree is Susan McLaren, a long-standing and active member, and former President, of our organization. Susan has chosen the Faculty of Science, major in Biology, for the area of studies.

It is our hope that we will be able to honour and congratulate the two awardees at our Annual General Meeting in 2022. As per university policy, the bursary goes to an undergraduate student with a minimum of 53 credit hours (2 years completed). The faculty/department chosen depends on the choice of the URW honoree.

Members who wish to make a donation toward the bursary for 2021 can do so by sending a cheque made out to the U of R Women Bursary and sent to the U of R Women's treasurer, **Catherine Arthur-MacDonald at 73 Culliton Crescent, Regina, S4S 4J5** before December 31st, 2021. The university will send you a tax-deductible receipt. Thanks to all of our members who have contributed to the University of Regina Women's bursaries. Your continued support is appreciated.