

New members

Jacquiline Roy has a BA Honors in Psychology (U of R/Campion) and a BEd after degree from Le Bac at the U of R. She swims with the Regina Masters Swim Club and teaches for the public school system in French Immersion. She also loves M&Ms. Her mom, Joan Roy, is also a member.

March 18 Cooking Class

Our March event will be a session of Asian Cooking at **Hoa An Asian Market**, on **10 Hesse Bay**. It will be a hands-on lesson, where we will learn to make crispy Spring Rolls and authentic Vietnamese Noodle Bowl. Both dishes are gluten-free, and seafood-free. We will then dine on what we make.

Date: **March 18, 5:00 p.m.**

Place: 10 Hesse Bay: (North on Albert St., right on 9th Ave North, first left on Hesse Bay)

Charge: \$25 per person CANCELLED DUE TO COVID-19 VIRUS

If there are at least 20 in attendance, we will reimburse you \$5.

RSVP: Let Samy McCarthy know by March 14 if you wish to attend, and please have the \$25 in to her by then. You may mail or drop off \$25 at Samy's residence: 4205 Hillsdale St., Regina, S4S 3Y9. If you wish to pay by Interac, please call Samy at 306-584-0613.

You may wish to invite non-members to this event. They will be more than welcome. Those who have attended these cooking lessons have nothing but positive comments to make.

You may want to visit the web-site of the Asian Market: www.hoan-market.com

Save the date for our annual **AGM: April 8, 2020**

Venue: Royal Regina Golf Club.

AGM 5:00

CANCELLED DUE TO COVID-19 VIRUS

Dinner 6:00

Guest Speaker: renowned artist Wilf Perreault

Dinner charge: **\$30 for members; \$35 non-members.**

Non-member guests are more than welcome to the dinner and talk

Pieter & Ann Van Vliet celebrated their 65th wedding anniversary on August 18, 2019 with family.

Long-time member of URW, **Glenna Vigrass**, passed away on Nov. 8, 2019 in Calgary.

Linda & Alec Paul went to Nottingham England to share in the 50th wedding anniversary of Alec's brother and his wife. We also went to where we had lived for over a year in Southport to see friends, stayed in London and then took a cruise to and from Southampton. Some highlights: going to Guernsey where The Literary and Potato Peel Pie Society took place, Chester England [medieval and dating to Roman times), Edinburgh, Rouen in France with a gorgeous cathedral and medieval town center.

Membership Report Marilyn Lewry

The membership officer reports that we have 51 members this year, a slight decline from last year. Of those, there are six new members and two former members who have joined the club.

President's Message

Though we are three months into the new year, it is not too late to wish you all a healthy and joyful 2020! I hope that the various interest groups in our organization have been active as usual, and that we will see most of you at our March event on the 18th (Asian cooking lesson), and especially at the AGM on April 8. We promise you as lovely an evening as we had last year at the Royal Regina Golf Club, with the renowned artist Wilf Perreault as our guest speaker. The meeting will launch us into our new fiscal year, so to speak, as I hand over the gavel to our incoming new president. **Samy McCarthy**

Nominations

The Executive of the U of R Women is seeking nominations for the position of **Vice President** for the year 2020-21. If you know of anyone who might be interested or persuaded to serve in the position, please send in her name to Samy McCarthy by March 15, 2020 (samira.mccarthy@uregina.ca). If you don't have the chance to speak to the person, send in her name and we will contact her to see if she will let her name stand. Likewise, anyone interested in the position is more than welcome to send in her own name. As well, anyone who was in that position in the past is more than welcome to serve in it again. The Vice President automatically serves as President when the latter steps down. The term of office is generally one year, but may be renewed if the person is agreeable. It is not an onerous job. The Vice-President is in charge of recruiting volunteers to serve at the University Convocation receptions, and replaces the President at meetings in her absence. The Executive meets three times a year, not including the AGM.

Nominating Committee: S.McCarthy, A. Hayford, L. Carlson-Berg

Florence & Otto Driedger and 6 other Canadians attended a week of anniversary events in Zaporozhzhya, Ukraine. The first was a university conference entitled Democratization and Humanization of Ukrainian Society through Ukraine/Canada collaboration with Ukrainians and Canadians presenters. Together we celebrated up to 30 years of joint efforts. The second anniversary was 15 years of the community education and family service centre where university students gain their professional experience in human services. Over 35000 participants have received services over 15 years and the cost has been less than what one Canadian professional earns in Canada. The centre serves children with disabilities - many with autism, youth in schools, children in detention centres, families, and a most delightful program "I am beautiful" with retired women who have traditionally been seen as useless because they no longer can contribute to society, and volunteerism was banned in the former Soviet Union, and there was no place for them. It was a wonderful time of recalling the past, but more wonderful seeing the current hopes and dreams for the future.

U of R Women – Executive for 2019-2020

Samira McCarthy	President	samira.mccarthy@uregina.ca
Laurie Carlson Berg	Vice-President	bergmlm@myaccess.ca
Gladys Boehler	Secretary	boehg@accesscomm.ca
Catherine Arthur-MacDonald	Treasurer	acmacdonald@accesscomm.ca
Bonnie Dobni	Social/Program	bonnie.dobni@uregina.ca
Marilyn Lewry	Membership	lewrym@uregina.ca
Ruth Heinrichs	Communications	rheinrichs@sasktel.net
Janet Listoe	Interest Groups	janet.listoe@uregina.ca
Alison Hayford	Past President	alison.hayford@uregina.ca

Interest Group Activities

Book Club #1

We meet on the third Monday of each month for great food, coffee and conversation. Convened by Sara Cryderman at sara.cryderman@sasktel.net or 306-585-6503.

Book Club #2

We meet the first Tuesday evening of the month. Members take turns hosting/co-hosting, and presenting the book we have read. Contact Tatiana at Tatiana.levit@uregina.ca or 306-337-8455.

Book Club #3

This new club meets monthly at 2 p.m. on Sunday. Contact person is Janet Listoe at janet.listoe@uregina.ca or 306-585-4596.

.Walking Club

Join us on Tuesday mornings at 9:30 a.m. (or on a day and time of the group's choice), gathering in the parking lot at the Willow restaurant. For more information, please contact Mary Okumura at mary.okumura@uregina.ca or 306-585-1380.

Gourmet Cooking Club

This group of women meets monthly for dinner and lively conversation. Meals are planned to reflect either the cuisine of a particular culture or a special theme. Members work in pairs, each pair hosting one evening during the year. On all other evenings, they enjoy being guests. For information or to register interest in this group, contact Barbara de Vlieger at 306-586-2714 or by e-mail at Barbara.devlieger@uregina.ca.

Culinary Explorers

This group samples different Regina restaurants once each month. This event usually takes place at 6:15 p.m. on the second Thursday of each month. If you wish to attend, please RSVP to Lise Lundlie at 586-1085 or llundlie@sasktel.net at least 3 days before each outing takes place.

Le Cercle Francais

This is a French language conversation group for members who wish to socialize in a friendly, French-speaking atmosphere. To join, contact Alison Hayford at Alison.hayford@uregina.ca or 306-352-0253.

Movie Night Club

We go to a movie approximately once a month, usually a weekend evening or matinee, at the Rainbow Cinema or RPL Theatre; and then casually discuss it at a local coffee shop. Contact is Alison at Alison.hayford@uregina.ca or 306-352-0253.

Mixed Bridge Group

If you enjoy playing bridge, come out to the Mixed Bridge Group. This is open to both couples and pairs of ladies. The bridge group meets once a month in the homes of individual members. Contact Linda Paul at 585-0988 or paulal@uregina.ca

Curling Club

This club starts in mid-October and beginners are welcome! We play Wednesday afternoons at 1 30 at the Callie. For more information contact Linda Paul at 585-0988 or paulal@uregina.ca.

University of Regina Bursary

URWomen is very pleased that with the help of the Awards Office, we funded two 2019 bursaries: **Janaia Lang**, who is a Sociology major with a minor in Religious Studies, and **Sara Birrell**, who is an English major in the BA (Co-op) program.

In addition, the URWomen Executive decided that the 2020 bursary will be given in honour of Dr. Vianne Timmons, who became the University of Regina's seventh president and the first woman president in 2008. She has requested that the 2020 bursary go to a student in the Faculty of Education, her Faculty home at the University. Dr. Timmons is leaving the University of Regina to return to her home province of Newfoundland and Labrador as president of Memorial University. You can find more information about Dr. Timmons and her career at the University of Regina at <https://www.uregina.ca/president/executive-team/president/biography.html>

As per university policy, the bursary goes to an undergraduate student in sociology with a minimum of 53 credit hours (2 years completed).

Our goal is \$1200. Members who wish to make a donation toward the bursary for 2020 can do so by sending a cheque made out to the University of Regina and sent to the U of R Women's treasurer, Catherine Arthur-MacDonald at 73 Culliton Crescent, Regina, S4S 4J5 before December 31st, 2020.

Thanks to all of our members who have contributed to the University of Regina Women's bursaries. Your continued support is appreciated.