

Member News

Ruth Heinrichs and a friend spent a week in Varadero, Cuba, learning the history of the island and sunning themselves.



Therese Gerrond is spending two weeks in Vancouver and Victoria visiting friends and smelling the flowers. She returns March 17.



Robert and Susan McLaren are spending an extended holiday this March in California, followed by a cruise to Australia and then relaxing at a cousin's beach home.



Linda and Alec Paul are exploring Baltimore and cruising the Caribbean.



Barbara and Dan de Vlieger spent three weeks visiting the Mayan ruins in Mexico, Honduras and Guatemala in January.



Sheila McKague and her husband spent January along the east coast of Mexico, enjoying its culture, food and balmy weather.

UNIVERSITY OF REGINA WOMEN Annual General Meeting and Dinner

- WHEN:** Wednesday, April 15
5:30 Registration and Cocktails
6:00 AGM
6:30 Dinner and guest speaker Agnes Fuchs
- WHERE:** University Club, second floor College West, U of R
- COST:** Members \$25; guests \$35
- RSVP:** Therese.Gerrond@uregina.ca
OR 306-359-7507 (leave a message if necessary)

Deadline for registration: Monday noon, April 13

Biography of Agnes Fuchs

Ms. Fuchs is the Charities Co-ordinator of the Elks of Canada. In that capacity, she administers their Personal Assistance Program for their national charity—The Elks and Royal Purple Fund for Children. Canadian Lodges apply for funding on behalf of a child when funds are not available from other sources. In that way, she feels she “meets” the special children with medical needs all across Canada and looks for ways to enable Lodges to assist them. The Elks Charity is currently involved with seven clinical programs, and Ms. Fuchs has learned about the great strides being made in the fields of hearing and speech, and has seen how children are transformed and able to live their lives to their fullest potential. Through her contact with the Lodges, she is able to support their charitable activities while dedicated members make their communities better places to live. Their motto is “transforming lives, one child at a time.”

Ms. Fuchs will give a presentation on the Elks of Canada, their national charity, and their long and proud history of supporting programs related to hearing and speech, including their current exciting work regarding newborn hearing screening for all Canadian babies.

In January Kay Antrobus treated her children and grandchildren to a resort holiday in the Puerto Vallarta area in Mexico.



Alison Hayford and her husband Paul Gingrich spent the last week of January in Mexico. They will travel from Tampa to Harwich, England by ship in April and will visit their daughter and her family in Oxford.

In Memoriam

URWC member Roberta Mireau passed away January 23, 2015. She was a participant in Book Club #1. She worked in the health care field as a nurse, educator and in administration at the Plains Health Centre for many years. According to the obituary in the *Leader-Post*, she was diagnosed with multiple sclerosis in her late 30s, and "her stubborn determination and the grace and dignity with which she coexisted with MS were an inspiration to her family and all she met." Condolences are extended to her family and friends.

Membership

For the 2014 – 2015 academic year, our membership numbers are 52 including 3 honorary members. The annual membership list will be distributed by e-mail to all members with this newsletter. Some members have requested receiving a printed copy by mail and they will accept the responsibility to honour this document as private for members only. There will not be a printed copy of the membership list available at any other gathering. This procedure is in place to answer privacy concerns of some members.

If you know someone who fits the eligibility criteria for membership, and is interested in joining U of R Women, ask them to contact me for a copy of this newsletter and a membership form.

Ruth Heinrichs
Membership Convener
rheinrichs@sasktel.net

MacKenzie Gallery Vault Tour

On February 18, ten women toured the MacKenzie vault in two groups of five with a guide. Strict security of valuable paintings and sculptures prevails. The guide pointed out various art pieces she thought would interest us, including the two versions of Louis Riel and the controversy surrounding the naked Riel. While one group toured the vault, the other group painted water colours. Following the tour, a social gathering in the café took place with all kinds of munchies. Program convener Therese Gerrond organized this tour, and we thank her for her efforts, despite numerous challenges.

Susan McLaren	President	susanmclaren2006@yahoo.com
Alison Hayford	Vice-President	alison.hayford@uregina.ca
Helen Gilavish	Secretary	hgilavish@sasktel.net
Catherine Arthur-MacDonald	Treasurer	acmacdonald@accesscomm.ca
Therese Gerrond	Social/Program	Therese.Gerrond@uregina.ca
Ruth Heinrichs	Membership	rheinrichs@sasktel.net
Barbara deVlieger	Interest Groups	Barbara.deVlieger@uregina.ca
Ruth Heinrichs	(March) Newsletter	rheinrichs@sasktel.net
Francoise Kenny	Past President	francoise.kenny@uregina.ca

Interest Group Activities

Please consider joining one or more of our interest groups, or starting one of your own! It's a great way to get to know others in the University of Regina community!

Walking Club

Join us on Tuesday mornings at 9.30 in front of the Legislative Building unless the weather is *really* forbidding. The intention is to walk outside, along designated pathways, with the route to be determined each time; the walk generally lasts one to 1½ hours. For more information, contact Judith Conlon at 306-585-0239. This is a casual and fun activity and a good chance to enjoy each other's company, plus the beautiful outdoors.

Book Club #2

We meet for about two hours the first Tuesday of each month. Members take turns hosting or co-hosting, and also take turns presenting the book they have chosen and facilitating discussion. If you love to read, please come and join us! Contact co-ordinator Tatiana at tatiana.levit@uregina.ca or 306-337-8455 for more information.

Curling Club

Curling starts in mid-October of each year with games on Wed., at 1:30. A curling clinic is provided for new or rusty players. Contact Linda Paul at paulal@uregina.ca or phone 306-585-0988 for more information.

International Gourmet Cooking Club

This group of women meets monthly for dinner and lively conversation. Meals are planned to reflect either the cuisine of a particular culture or a special theme. Members work in pairs, each pair hosting one evening during the year. On all other evenings, they enjoy being guests. This interest club is currently full, but feel free to contact Alison Hayford at 306-352-0253 or alison.hayford@uregina.ca about spaces opening up or forming a second club.

Eclectic Events

We hope to hold three or four events during the year, and the name says it all! Events and places are selected and planned by any U of R Women member who volunteers. If you would like to suggest and/or organize an eclectic event this year, contact Barbara de Vlieger for help getting your event organized and publicized. For more information about any of these interest groups, please contact the coordinator of the group which interests you or Interest Group Co-ordinator Barbara.de Vlieger at 306-586-2714 or Barbara.devlieger@uregina.ca

Culinary Explorers

This group samples different Regina restaurants once each month. This event usually takes place at 6:15 p.m. on the second Monday of each month. If you wish to attend, please RSVP to **Lise Lundlie**, at 306-586-1085 or llundlie@myaccess.ca at least 3 days before each restaurant outing takes place.

Mixed Bridge Group

The Mixed Bridge Group is open to both couples and pairs of ladies. It meets once a month in the homes of individual members. New members are welcome and there is also room for subs when members are out of town. Contact Susan McLaren at 306-525-0058 or susanmclaren2007@yahoo.ca for more information.

Book Club #1

This book club is currently full and not accepting new members. It meets on the third Monday of each month for great food, coffee and conversation. Convened by Sara Cryderman (saracryderman@sasktel.net; 306-585-6503).

University of Regina Women – Bursaries and Awards

Recently, our organization received a letter from Laura Deren, Stewardship Officer for External Relations at the University of Regina. In this letter, she let us know the name of the recipient of the award that we sponsored for 2014. Unfortunately, due to university privacy legislation, we are unable to contact the successful candidate directly.

The **2014 bursary** has been awarded to **Tracey Kovalench**, a Business Administration woman majoring in Human Resource Management. This award was given in the name of Sandra Flegel, member of URWC since 1991. Sandra served on the executive committee for seven years during the 1990s, and recently served on the executive for two terms between 2012 and 2014. During that time, she organized the URWC 50th anniversary project to produce a comprehensive handbook which standardizes and guides executive officers' procedures and responsibilities. Our club will benefit in years to come with her expertise and professionalism.

The honoree for the 2015 bursary will be longtime member, Karen Nicholls. Karen, a retired teacher, elected to have the award given to a student working in the field of Kinesiology and Health Sciences, the faculty her husband, Dr. Ernie Nicholls, retired from after a forty year teaching career at the U of R. Karen has indicated that the bursary should be given to a student in the Sports Administration stream of Kinesiology and Health Studies.

During the months since the 'Welcome Back' reception in September of 2014, \$1070 was donated from the membership, and \$130 from the URW trust fund held by the university to make up the \$1200 bursary this year. Members who wish to make a donation toward the bursary for the 2015 academic year can do so by sending a cheque to the U of R Women's treasurer, **Catherine Arthur-MacDonald at 73 Culliton Crescent, Regina, S4S 4J5.** The university will send you a tax-deductible receipt.

As a reminder, at the 2013 AGM, members passed a motion to increase our annual bursary from \$1000.00 to \$1200.00 each year, with the \$200.00 increase coming from the surplus of almost \$3000.00 that had accrued over the years in the U of R Women's bursary account at the university. This surplus has also allowed us to provide additional bursaries, such as those given in honour of Dr. Lloyd Barber, former U of R president, and Audrey MacKinnon, long time member and in honour of the 50th anniversary of the University of Regina Women's Club.

Thanks to all of our members who have contributed to the University of Regina Women's bursaries. Your continued support is appreciated. .