

U of R



Women

# Newsletter

WEBSITE: <http://www.uregina.ca/admin/urw>

March 2007

## Program of Events 2007

### Gardening Demonstration

Wed., March 21 at 7:30 p.m.

Wascana Greenhouse

Speaker: Heinz Wefel

Coffee and Dessert to Follow

Free for members / \$5 non-members

### AGM & Dinner

Wednesday, April 25 at 5:00 p.m.

Luther College Room 101

Members \$20 / Non-members \$25

**E-mail Reminders:** If you aren't receiving e-mail reminders about events and you would like to receive these, please let **Karen Nicholls** know your correct email address. Phone her at **584-2720** or e-mail [ernie.nicholls@uregina.ca](mailto:ernie.nicholls@uregina.ca).

## Join U of R Women!

Membership in *U of R Women* is open to women who are affiliated with the University of Regina, either through their own or their partner's employment at the university, or through membership on university Senate, Board of Governors, or Alumni Board.

The **annual fee** is only **\$20**, which entitles you to participate in a wide variety of activities. To become a member, call **Rachel Faerber-Ovaska** at **569-8203** or [rachelfaerber@hotmail.com](mailto:rachelfaerber@hotmail.com)

*Spring is on the way!*

## Gardening Demonstration

Speaker: *Heinz Wefel*



**Date:** Wednesday, March 21

**Time:** 7:30 p.m.

**Place:** Wascana Greenhouse  
Just off #1 Highway east of Regina

**Cost:** Free for members/\$5 non-members

**Directions:** Go east on Victoria Ave. past Superstore. Continue until you see the CTV building and tower. Turn right (south) on Tower Road and continue past the Canadian flags. The entrance to the Wascana Greenhouse parking lot is on the left. Please wear walking shoes and comfortable clothing for walking in the greenhouse.

**What will you learn?** Heinz and his daughter Dagmar will answer your questions about: soil mixes, what plants to start in March, interesting new varieties (including orchids), what to do with your Easter lily, and much more!

**Coffee & Dessert to follow – Guests are Welcome!**

To reserve, please call Karen Nicholls at 584-2720  
or e-mail [karen.nicholls@sasktel.net](mailto:karen.nicholls@sasktel.net)

## Annual General Meeting

**SPEAKER: Inspector Brenda Lucki, RCMP**

**Topic: Women in Policing**

Join us at Luther College for the Annual General Meeting followed by dinner and a speaker.



**Date:** Wednesday, April 25

**Time:** 5:00 – Reception

5:15 – Annual Meeting

6:00 – Dinner

7:15 - Speaker

**Place:** Thorn Hall  
Luther College – Room 100

**Cost:** \$20 for members /  
\$25 non-members

To reserve, please call Karen Nicholls at 584-2720  
or e-mail: [karen.nicholls@sasktel.net](mailto:karen.nicholls@sasktel.net)

You will be asked to PRE-REGISTER for the AGM Dinner, so watch for the clip-out form in the April newsletter.

**Guests are welcome at the Reception & Dinner!**



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## Member News

### CONGRATULATIONS

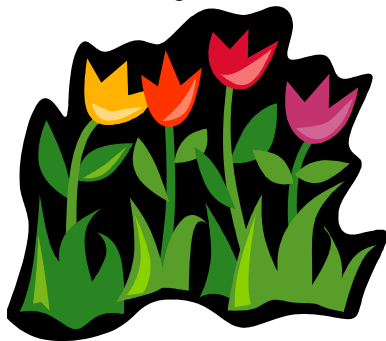
- Congratulations to **Shawna Geissler**, who has been busy organizing the *Second Annual Graduate Students' Association conference* coming up on April 13 & 14, 2007. There will be oral, poster, and exhibit presentations, a Gala Reception, and a Conference Dinner at the Terrace Building. Bob McDonald of CBC's *Quirks & Quarks* will be the keynote dinner speaker. All presentations are geared to a general audience. Shawna encourages everyone to come out and support local research excellence at the U of R!

### CONDOLENCES

- Our sympathies to **Toby Willis-Camp**, whose husband's grandmother passed away.

### THANK YOU!

- Thank you to Karen Nicholls for organizing our February event at the Casino Regina!



## Do You Have Any Member News?

We're interested in hearing about your news! If you've had a vacation, promotion, birth of a child or grandchild, marriage, retirement, or other important event, let us tell U of R Women members about it in the newsletter.

Please send newsletter items to **Anne Lavack** via e-mail: [anne.lavack@uregina.ca](mailto:anne.lavack@uregina.ca) or phone her at 586-8276.



## Message from the President

Welcome to what I hope will be the 'Spring-edition' of our newsletter. You will have to pardon me for being an eternal optimist, especially when it comes to predicting the seasons and the weather in Saskatchewan, but I think we've waited a **long** time for the warmth of the sunshine to finally overshadow the bone-chilling temperatures we've tolerated for far **too** long. Winter has definitely worn out its welcome! The Program Committee couldn't agree more, and has planned a timely event at the Wascana Greenhouse to celebrate the first day of Spring on March 21. Whether you are a gardening enthusiast or simply anxious to escape to 'greener' pastures, this is one event you won't want to miss!

I would like to extend my appreciation to everyone who participated in our January and February programs. We are especially grateful to **Karen Nicholls** for having coordinated our enjoyable Valentine's Day Dinner at the Casino and also the fascinating tours before and after dinner. Based on the feedback we've received, this event was **so** successful that it may bear repeating next year!

We continue to receive your generous contributions towards our U of R Women's 2008 Bursary Fund. To date, we have collected \$820. With your assistance, we are hoping to reach our goal of \$1,000, in order to provide a deserving female student at the U of R with the financial resources to pursue her education. If you are interested in making a tax deductible contribution, please forward your cheque to our Treasurer, **Toby Willis-Camp** at 3156 Cameron Street, Regina S4S 1W7.

With the Annual General Meeting quickly approaching, the Nominating Committee has been busy attempting to prepare a slate of Executive officers for 2007/08. Despite the Committee's stalwart efforts, several vacancies still remain. Now, more than ever, the organization needs your support if we are to continue to offer the kinds of programs and interest groups you've come to enjoy over the years. If you are interested in serving on the Executive, or if you know of someone who might be prepared to serve, please let me know at [down@accesscomm.ca](mailto:down@accesscomm.ca) or 586-9026.

I hope to see you on **March 21** at the **Wascana Greenhouse** when both avid green-thumbs and novice gardeners are guaranteed to emerge after **several** lengthy months of Prairie 'hibernation'.

-- *Dawn Owen*, President of U of R Women



## U of R Women – Executive for 2006-2007

Dawn Owen	President	<a href="mailto:down@accesscomm.ca">down@accesscomm.ca</a>	586-9026
Joan Roy	Past President	<a href="mailto:royjoa@uregina.ca">royjoa@uregina.ca</a>	586-5536
Anne Lavack	Vice-President	<a href="mailto:anne.lavack@uregina.ca">anne.lavack@uregina.ca</a>	586-8276
Ellen Gillies	Secretary	<a href="mailto:ellen.gillies@uregina.ca">ellen.gillies@uregina.ca</a>	781-2638
Toby Willis-Camp	Treasurer	<a href="mailto:williscamp@sasktel.net">williscamp@sasktel.net</a>	586-6479
Heather Jans	Program	<a href="mailto:heather.jans@uregina.ca">heather.jans@uregina.ca</a>	949-6762
Rachel Faerber-Ovaska	Membership	<a href="mailto:rachelfaerber@hotmail.com">rachelfaerber@hotmail.com</a>	569-8203
Anne Lavack	Publicity	<a href="mailto:anne.lavack@uregina.ca">anne.lavack@uregina.ca</a>	586-8276
Bev Anderson	Interest Groups	<a href="mailto:bandbanderson@sasktel.net">bandbanderson@sasktel.net</a>	761-0661
Karen Nicholls	Telephone	<a href="mailto:karen.nicholls@sasktel.net">karen.nicholls@sasktel.net</a>	584-2720

# INTEREST GROUPS

## Mixed Bridge Group

*New Bridge Players Needed!*

If you enjoy playing bridge, contact **Isabelle Peardon** at [gpeardon@accesscomm.ca](mailto:gpeardon@accesscomm.ca) or phone her **586-6315**, and come out to the *Mixed Bridge Group*. This is open to both couples and pairs of ladies. The bridge group meets once a month in the homes of individual members.

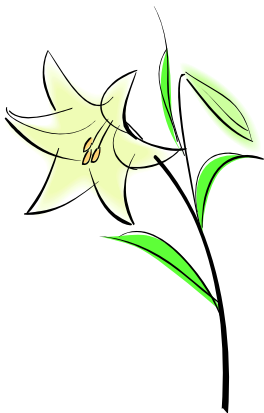


## Eclectic Events

The name says it all! This group plans an eclectic set of special events a few times a year.

### May 2007

Join our trip to Assiniboia to visit a fabulous art gallery, museum, and some nifty shops. Full details to follow at a later date.



## Book Club #1

Convenor:  
**Sara Cryderman 585-6503**

*Note:* Book Club #1 is 'full', so no new members are being accepted. However, new members are being accepted in Book Club #2.



## Couples Gourmet Dinner Club

The *Couples Gourmet Dinner Club* meets on the **2nd Saturday** each month at 7:00 p.m. Each couple brings a dish based on culinary themes from around the world.  
**Convenor: Rachel Faerber-Ovaska**, phone **569-8203**.  
**2006-2007 Dates:**

<b>Sat., Mar. 10</b>	<b>Egypt</b>
Sat., April 14	South Africa
Sat., May 12	TexMex BBQ



## International Gourmet Cooking Club

**Upcoming dates:** March 28<sup>th</sup>, April 18<sup>th</sup> & May 9<sup>th</sup> (where we celebrate **Shawna Geissler's** 40th birthday).

Menus are always the secret of the cooks until guests arrive on the evening of the dinner!

For information: **Sheila McKague** at **525-8905**.



## Culinary Explorers

Join the Culinary Explorers, dining out at a different restaurant each month! If you wish to attend, please RSVP to the convenor, **Lise Lundlie**, at **586-1085** at least 1-2 days before each restaurant outing takes place.



<b>Wed., Mar. 14</b>	<b>A Moment in Thyme</b>	<b>2018 - 12th Ave.</b>
Mon., Apr. 9	Memories	1717 Victoria Ave.
Mon., May 14	Four Seas	1779 Rose St.
Mon., June 11	Teppanyaki	736 Victoria Ave

## Book Club #2

*We usually meet on the first Tuesday of the month.*  
Here's an exciting list of books for 2006-2007!



<b>Tue, Mar 6</b>	<b><i>A Perfect Night to go to China</i></b>	<b>by David Gilmour</b>
Tue, April 3	<i>As One Who Serves</i>	by James Pitsula
Tue, May 1	<i>Ten Thousand Lovers</i>	by Edeet Ravel

Convenor: **Anne Lavack** at **586-8276** or e-mail [Anne.Lavack@uregina.ca](mailto:Anne.Lavack@uregina.ca)

## Interest Group Convenors

Come out and enjoy one of the interest groups! Contact the convenor of the group that interests you:

Book Club #1	Sara Cryderman	<a href="mailto:saracryderman@sasktel.net">saracryderman@sasktel.net</a>	585-6503
Book Club #2	Anne Lavack	<a href="mailto:Anne.Lavack@uregina.ca">Anne.Lavack@uregina.ca</a>	586-8276
Bridge	Isabelle Peardon	<a href="mailto:gpeardon@accesscomm.ca">gpeardon@accesscomm.ca</a>	586-6315
Culinary Explorers	Lise Lundlie	<a href="mailto:llundlie@sasktel.net">llundlie@sasktel.net</a>	586-1085
Eclectic Events	Therese Gerrond	<a href="mailto:therese.gerrond@uregina.ca">therese.gerrond@uregina.ca</a>	359-7507
Couples Gourmet	Rachel Faerber-Ovaska	<a href="mailto:rachelfaerber@hotmail.com">rachelfaerber@hotmail.com</a>	569-8203
Internat'l Cooking	Sheila McKague	<a href="mailto:sheila.mckague@sasktel.net">sheila.mckague@sasktel.net</a>	525-8905
Parent & Child	Rachel Faerber-Ovaska	<a href="mailto:rachelfaerber@hotmail.com">rachelfaerber@hotmail.com</a>	569-8203

**U OF R WOMEN – MARCH 2007 ACTIVITIES**

Sun	Mon	Tues	Wed	Thur	Fri	Sat
				1	2	3
4	5	<b>6</b> 7:30 pm Book Club #2	7	8	9	<b>10</b> 7:00 pm Couples Gourmet Dinner
11	12	13	<b>14</b> 6:30 pm Culinary Explorers	15	<b>16</b> Mixed Bridge Club	17
18	<b>19</b> Book Club #1	22	<b>21</b> 7:30 pm Gardening Demo	22	23	24
25	26	27	<b>28</b> Internat'nl Cooking Club	29	30	31

FROM:  
 U of R Women  
 University of Regina  
 c/o Anne Lavack,  
 Faculty of Business Administration

Address  
Label

