

U of R



Women

Newsletter

WEBSITE: <http://www.uregina.ca/admin/urw>

January, 2006

Program of Events



Tour of Kinesiology Building, U of Regina

Wednesday, Jan. 18 at 7:30 p.m.
Tour led by Dr. Craig Chamberlain,
Dean, Faculty of
Kinesiology & Health Studies
Followed by dessert & coffee

Teaching ESL in Mexico

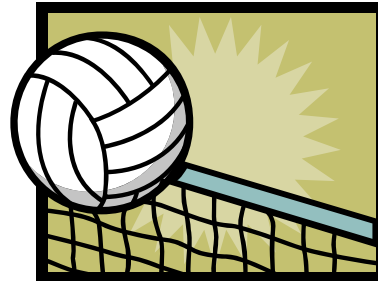
Therese Gerrond
Wednesday, Feb. 15 at 7:30 p.m.
(Date to be confirmed in
next month's newsletter)
Regina Floral Conservatory
(City of Regina Greenhouse)
1450-B 4th Avenue
Coffee & Dessert to follow

Spring Gardening

Thursday, March 23 at 7:30 p.m.
Dutch Growers
3320 Pasqua Street
Coffee & Dessert to follow

Annual General Meeting & Dinner

Dr. Alison Hayford,
Sociology Dept., U. of Regina
"Current Issues Facing Women"
Wednesday, April 26 at 5:30 p.m.
University Club



TOUR OF KINESIOLOGY BUILDING UNIVERSITY OF REGINA

Wednesday, January 18 at 7:30 p.m.

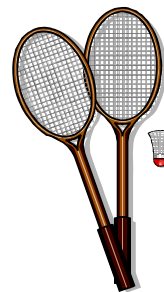
Tour Director:
Dr. Craig Chamberlain
Dean of Kinesiology & Health Studies

Dessert and Coffee to Follow
No charge for this event

Park for free in front of Kinesiology Building in M Lot

**Members will greet and direct you to the
Rams' Dressing Room**

**Please R.S.V.P to Karen Nicholls (584-2720)
or e-mail: ernie.nicholls@uregina.ca**



UNIVERSITY OF
REGINA

Cancellation Policy for U of R Women Events

If you commit to attend to an event, you are responsible for paying your admission fee unless you cancel at least 24 hours in advance. Thanks for your understanding!

Member News

CONDOLENCES

- To **Ina Remenda** on the death of her husband, **Nestor**, who attended many U of R Women's events. We will miss his friendly presence.
- To **Kay Antrobus** on the death of her sister in Kelowna.
- To Bill Muir on the passing of **Dolly Muir**, a long-time past U or R Women member, in Victoria (see obituary on page 5).

GET WELL SOON

- To **Janet Hutchings** who is recovering from eye surgery
- To **Paul Antrobus** who suffered spinal injuries in a roof accident. Paul's condition is improving. We're rooting for you, Paul!
- To **Hilary Johnson** who has been in the Regina General Hospital.

VACATIONS...were enjoyed by:

- Steve and **Francoise Kenny** to Belgium over Christmas.
- **Anne Lavack** and George Welbanks, who spent a week in the sun in the Dominican Republic

AWARDS...Congratulations to:

- **Dena McMartin**, who was presented with an Inspiring Teacher award at the 10th annual Inspiring Teaching Awards Ceremony.
- **Julia Siemer**, who won a SSHRC General Research Grant Fund/President's Fund 12 month award to study "Visualization Strategies and Examination of Data for an Online Health Atlas of Saskatchewan: A Feasibility Study."
- **Linda Paul**, who was awarded a 6-month Saskatchewan Institute of Public Policy Fellowship to study working conditions and concerns of part-time and contract workers, especially women.
- **Anne Lavack**, who was awarded a \$97,000 research grant from WorkSafe BC to examine social marketing and workplace safety.

EVENTS

Please let us know if you have upcoming events which we can advertise.

Message from the President

Dawn Owen, President of U of R Women

Welcome to another **new** year! I hope each of you had an enjoyable Christmas with your family and friends, and that you had the opportunity to experience the beauty of the season first-hand.

Since our last newsletter, a few events have transpired. Allow me to recap. As part of a joint event with our colleagues from CFUW, we were treated to an exceptional presentation at the Wascana Country Club by Dr. Carmen Robertson from the First Nations University of Canada.

Following that, on November 29th, we enjoyed a splendid performance by the U of R Chamber Orchestra, thanks especially to the efforts of Toby Willis-Camp who organized this event and the delightful reception which followed.

Our first official gathering of 2006 will provide us with an opportunity to enjoy a mid-winter 'reprieve' when we tour the new Kinesiology Building on **Wednesday, January 18 at 7:30 p.m.** Our host will be Dr. Craig Chamberlain, the Dean of the Faculty of Kinesiology & Health Studies. If you haven't yet explored this new 'state-of-the-art' facility on campus, you will be extremely impressed and perhaps equally as motivated to embark upon some new recreational activities as part of your new year's resolutions. After the tour, the 'lure' of coffee and a well-earned 'Low'–Calorie (or is that 'No' Calorie?) dessert will be provided. Possibly just one more reason to participate! Be sure to mark January 18th on your calendar!

Before closing, I would like to extend my sincere thanks to everyone who has contributed to the U of R Women's Bursary for 2006. (And to those who still wish to contribute, the deadline for donations is April 30th, so there is still plenty of time!) Let me just say, though, that as a result of the many generous contributions received so far, we have already collected more than 90% of our \$1,000 goal. This is **no** small feat, especially given the countless demands and competing requests which we all receive from so many worthwhile organizations.

More importantly, your response to this fundraising initiative is a testament to the highest esteem in which we hold our long-time member and honoree, Hilary Johnson. It also clearly reflects, in a very tangible way, the unwavering generosity and commitment of our members towards assisting a U of R student with her education. Many, many thanks for allowing me to be the bearer of such heart-warming news!

As we embark upon another new year, I would like to wish you and your family good health, much happiness, and countless blessings in 2006.



Do You Have Any Member News?

We're interested in hearing about your news! If you've had a vacation, promotion, birth of a child or grandchild, marriage, retirement, or other important event, let us tell U of R Women members about it in the newsletter.

Please send newsletter items to **Linda Paul**, newsletter editor, via e-mail: paulal@uregina.ca or phone her at 585-0988.



Mixed Bridge Group

If you enjoy playing bridge, contact **Isabelle Peardon** at gpeardon@accesscomm.ca or phone her 586-6315, and come out to the *Mixed Bridge Group*. This is open to both couples and pairs of ladies. The bridge group meets once a month in the homes of individual members.



Have an Idea for a New Interest Group?

If you have an idea for a new interest group that you would like to convene, please e-mail **Bev Anderson** at: bandanderson@sasktel.net.

We are also looking for convenors for activities in 2005-2006, so call **Bev Anderson** at 761-0661 if you're willing to volunteer.

International Gourmet Cooking Club

If you love to cook, *International Gourmet Cooking Club* for you. This group of 14 members meets once a month in a member's home. Meals are planned to represent the food of different countries, or to reflect a special theme. **Lynn Tomkins** at 584-3708 is the convenor. Unfortunately, **this club is full**. However **we might be able to start a second group if enough people are interested**.

Culinary Explorers

Join the Culinary Explorers, dining out at a different restaurant each month! This event usually takes place at 6:30 p.m. on the **second Monday** of each month.



Jan.	CANCELLED	CANCELLED
Mon., Feb. 13	Mojo	2330 Albert Street
Mon., Mar. 13	Presutti's (Italian)	1750 Lorne St
Mon., April 10	Memories	1717 Victoria Avenue
Mon., May 8	Selam Ethiopian Restaurant	2115 Broad Street

If you wish to attend, please RSVP to the convenor, **Anne Lavack** at 586-8276, at least 2 days before each restaurant outing takes place.

Couples Gourmet Dinner Club

The *Couples Gourmet Dinner Club* meets on the **2nd Saturday** of each month at 7:00 p.m. Each couple prepares and brings a dish from the international menu planned by the convenor. Each couple also brings their own wine or beverage. The hostess supplies coffee & tea. Usually 3-5 couples attend. **Convenor: Rachel Faerber-Ovaska**, phone 569-8203.

2006 Dates:

Sat., Jan. 14	Africa
Sat., Feb. 11	New Orleans Creole
Sat., Mar. 11	France
Sat., April 8	Middle Eastern
Sat., May 13	Australian Barbecue



Book Club #2

We usually meet on the first Tuesday of the month.

Here's an exciting list of books for 2005-2006!



Tue, Feb 7	<i>The Jane Austen Book Club</i>	by Karen Joy Fowler
Tue, Mar 1	<i>Ladybug, Ladybug</i>	by W.O. Mitchell
Tue, April 5	<i>The Kite Runner</i>	by Khaled Hosseini
Tue, May 3	<i>Lilac Moon: Dreaming of the Real West</i>	by Sharon Butala

If you love to read, please come and join us!

Call **Anne Lavack** at 586-8276 or e-mail Anne.Lavack@uregina.ca

Eclectic Events –

The name says it all! This group plans an eclectic set of special events a few times a year.

REMEMBER friends and family are always welcome if we have space at the event. Most events are open-ended. Here is a brief list of some possible events for the remainder of the year.

2006 Events - Tentative

March 16, Thursday: Learn the secrets of scrumptious soup preparation (Ten members only can register for this event.)

March - Phantom bowling

May - Victorian tea

May - Craik eco-project

U OF R WOMEN –JANUARY 2006 ACTIVITIES

Sun	Mon	Tues	Wed	Thur	Fri	Sat
1	2	3 Book Club #2	4	5	6	7
8	9	10 Exec. Mtg	11	12	13	14 Couples Gourmet Dinner
15	16 Book Club #2	17	18 7:30 General Mtg Kinesio -logy	19	20	21
22 Couples Bridge	23	24	25	26	27	28
29	30	.31				

Convocation Thank You from U of R President, Robert Hawkins

"Thank you to all the servers from U of R Women who helped with the reception at this fall's Installation /Convocation. The weekend was very special for me and for my family. We are grateful for your role in helping to make it memorable."

Interest Group Convenors

Come out and enjoy one of the interest groups! Contact the convenor of the group that interests you:

Book Club #1	Sara Cryderman	saracryderman@sasktel.net	585-6503
Book Club #2	Anne Lavack	Anne.Lavack@uregina.ca	586-8276
Bridge	Isabelle Peardon	gpeardon@accesscomm.ca	586-6315
Culinary Explorers	Anne Lavack	Anne.Lavack@uregina.ca	586-8276
Eclectic Events	Therese Gerrond	Therese.Gerrond@uregina.ca	359-7507
Couples Gourmet	Rachel Faerber-Ovaska	rachelfaerber@hotmail.com	569-8203
Parent & Child	Rachel Faerber-Ovaska	rachelfaerber@hotmail.com	569-8203
Internat'l Cooking	Lynn Tomkins	lynn.tomkins@sasktel.net	584-3708
Curling	Linda Paul	paulal@uregina.ca	585-0988

Book Club # 1 –

Convenor: **Sara Cryderman** 585-6503

We usually meet on the third Monday of the month. At the moment, **the book club is full** (but room is still available in Book Club #2). Here's the list of books for the reset of the year.

Jan 16	<i>The Kite Runner</i>	Khaled Hosseini
Feb 13	<i>Under the Banner of Heaven – A Story of Violent Faith</i>	John Krakauer
March	<i>The Coldest March</i>	Susan Soloman
Apr	<i>The Polished Hoe</i>	Austen Clarke
May	TBA	
June	<i>44 Scotland Street</i>	Alex McCall Smith

Dollie May MUIR

Dollie Muir, a past member of U of R Women, died peacefully at her home in Victoria, after a six-month struggle with cancer. She was born in Herbert, Sask., on Dec. 11, 1944 and is survived by her husband, Bill, and other members of her family.

She attended schools in Herbert and Victoria and studied at the Universities of Regina and Saskatchewan. She retired from teaching English as a Second Language at the University of Regina in 1997 and moved to Victoria. She had earlier worked in credit reporting in Regina. Among her activities were Credit Women International, and the U of R Women's Club. She did extensive volunteer work in adult literacy, for which she received an award from the Regina Public Library.

Moving to Victoria presented a challenge that she revelled in: designing a house and a garden that would end up on the cover of *Gardens West*. One of the bitterest blows that cancer dealt her was preventing her from passing the final test that would have qualified her for membership in the British Columbia Guild of Wine Judges.

A celebration of Dollie's life was held on Dec. 4, 2005. In lieu of flowers, donations may be made to the Victoria Hospice, whose compassionate and professional care helped ease Dollie's way along her difficult last voyage.

U of R Women – Executive for 2005-2006

Dawn Owen	President	downen@accesscomm.ca	586-9026
Joan Roy	Past President	royjoa@uregina.ca	586-5536
Anne Lavack	Vice-President	anne.lavack@uregina.ca	586-8276
Ellen Gillies	Secretary	ellen_gillies@yahoo.ca	781-2638
Toby Willis-Camp	Treasurer	williscamp@sasktel.net	586-6479
Heather Jans	Program	heather.jans@uregina.ca	949-6762
Dena McMartin	Membership	dena.mcmartin@uregina.ca	584-0155
Linda Paul	Co-Publicity	paulal@uregina.ca	585-0988
Hilary Johnson	Co-Publicity	hilary.j@sasktel.net	584-3618
Bev Anderson	Interest Groups	bandbanderson@sasktel.net	761-0661
Karen Nicholls	Telephone	ernie.nicholls@uregina.ca	584-2720

NOTE: The next executive meeting will be held on Tuesday, March 14, 2006 at 7:30 p.m., at the home of Dawn Owen, 3727 Wetmore Crescent..

Bursary News

A big thank you to all the members who contributed to the U of R Women's Bursary Fund at our Welcome Back evening in September. We now have over \$900.00 in that fund. We set the Bursary at \$1,000. **We will gladly accept donations from any member who would like to contribute.** We are now collecting for 2006 bursary to honour Hilary Johnson. All donations are tax deductible and can be mailed to our treasurer, **Toby Willis-Camp**, 3156 Cameron Street, Regina, S4S 1W7. Cheques should be made payable to University of Regina and identified as a U of R Women Bursary donation.

Car Pool

Below is a list of members who have volunteered to be car pool drivers for anyone needing a ride to U of R Women events. Please feel free to contact one of them if you need a lift to a U of R Women event.

Anne Lavack	586-8276	Glenna Vigrass	586-9077
Bea McBeath	584-0703	Sheila McKague	525-8905
Karen Nicholls	584-2720	Dawn Owen	586-9026
Lynn Tomkins	584-3708		

Many thanks to these volunteer drivers!



Curling

This is a **new joint club**, working in conjunction with the **Tartan Curling Club** on Wednesday afternoons at 1:15 p.m. The remnants of the past U of R Women's Curling Club moved here many years ago.

If you can spare after Christmas, or to play regularly starting in January, phone **Linda Paul at 585-0988, or e-mail her at paulal@uregina.ca**

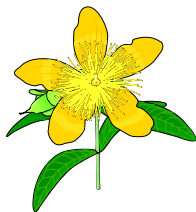
Join U of R Women!

Membership in *U of R Women* is open to women who are affiliated with the University of Regina, either through their own or their partner's employment at the university, or through membership on university Senate, Board of Governors, or Alumni Board.

The **annual fee** is only **\$20**, which entitles you to participate in a wide variety of activities. To become a member, call **Dena McMartin** at **584-0155** or email her: dena.mcmartin@uregina.ca

From:

Linda Paul
Department of Geography
University of Regina



Address
Label