



Upcoming Events 2010

Tour: International Test Centre for CO₂ capture

February 24, 2010
7 p.m.
Cost: Free
Location: ED Building Foyer



Exotic Travel Night

March 24, 2010
7:15 p.m.
Cost: \$5.00
Location:
Wascana Place
2900 Wascana Drive



AGM Dinner

April 28, 2010
Featuring Barb Palochik and Jana Pruden
Registration & cash bar:
5:30 p.m.
AGM 6:00 p.m.
Dinner at 7:00 p.m.
Speakers at 8:00 p.m.
Cost: 25\$ - Members
30\$ - Non-members
Location: University Club



Convocation Tea

Please mark your calendars if you are able to serve tea at the Spring Convocation on June 9, 10 and 11



Please send newsletter items to interim editor
Lace Marie Brogden,
lace.brogden@uregina.ca
Next deadline: March 25, 2010

Carbon Capture Field Trip!

On February 24, the UofR Women's Club will tour the International Test Centre (ITC) for Carbon Dioxide (CO₂) capture at the University of Regina. According to their website, the ITC is a world-class laboratory "...including a field demonstration plant, a multi-purpose technology development plant, and various other pilot plant units for testing high efficiency gas treating systems." This particular research field at the University of Regina has garnered local, national, and international attention with financial and engineering and scientific support from across the globe. Dr. Malcolm Wilson, the Director of the Office of Energy and Environment at the University of Regina, will be offering the tour of the facility. Dr. Wilson was a member of the Intergovernmental Panel on Climate Change (IPCC) who won the Nobel Peace Prize with former US vice-president Al Gore.

* Please gather in the Foyer of the Education Building on campus at 6:50 p.m. – Member Dena McMartin will lead the group to the ITC building.

There is no charge to attend this event.

Interested members are invited to gather for coffee (at own cost) and conversation at Stone's Throw Coffee House following the event.

Please RSVP on or before February 23, 2010 to **Lace Marie Brogden** at lace.brogden@uregina.ca or phone 585-5606

Reminder: AGM Dinner

Please plan to attend the U of R Women's Annual General Meeting, April 28, 2010 at the University Club.

Confirmed speakers for this event are Barb Pacholik and Jana G. Pruden, Saskatchewan journalists and authors of the 2009 Canadian Plains Research Centre offering *Paper Cows & More Saskatchewan Crime Stories*.

Watch for the AGM Dinner Registration Form in the April Newsletter.

Member News

Do You Have Any Member News?

We're interested in hearing about your news! If you've had a vacation, promotion, birth of a child or grandchild, marriage, retirement, or other important event, let us tell U of R Women members about it in the newsletter.



Message from the President

Azita Rezaei started off this year as the President of U of R Women, but as of December 2009 she has moved to Calgary where her husband has taken on an exciting new position in the oil and gas industry! Therefore, I have returned from my 'retirement' as Past President and I will fill the role of President for the remainder of this year.

I hope you were able to join us in November when our annual joint event with the Canadian Federation of University Women (CFUW) featured Tracy Dunnigan from the Regina Police Service. Those in attendance really enjoyed hearing about her life and her work.

If you're looking for an excuse to get out and enjoy an activity, look no further than the Interest groups listed in this newsletter. You can join an Interest Group at almost any time of the year, and many of the groups like the Culinary Explorers (restaurant group) or Book Club #2 welcome you to drop in.

Carmelle Sikma has been busy organizing Eclectic Events – look in this newsletter at some of the upcoming opportunities, and RSVP to join in the fun!

*We are still accepting donations for the 2010 U of R Women Bursary in honour of **Kay Antrobus**, who has been a very active member of our group for many years now. Should you wish to make a tax-deductible contribution, please send it to our Treasurer, **Mahbobeh Yazdanjo**, 3123 Wascana Glen, Regina, S4V 2L4 (cheques should be made out to "University of Regina").*

Be sure to join us at our next meeting on February 24, 2010 at 7:00 p.m. when we tour the Petroleum Research Centre and CO2 Capture centre. I know you'll enjoy this tour, and it will give us a great opportunity to mingle over treats and coffee afterwards!

*See you then!
Anne Lavack*

U of R Women – 2009-2010 Executive

Anne Lavack	President	anne.lavack@uregina.ca	586-8276
Lisa Watson	Vice-President	lwatson.ca@gmail.com	565-2404
Lace Marie Brogden	Secretary	lace.brogden@uregina.ca	585-5606
Mahobeh Yasdanjo	Treasurer	mahbobehy@yahoo.com	565-1287
Carmelle Sikma	Program	carmelle.sikma@uregina.ca	781-2533
Dena McMartin	Membership	dena.mcmartin@uregina.ca	584-0155
Toby Willis-Camp	Publicity	williscamp@sasktel.net	on sabbatical
Linda Paul	Interest Groups	paulal@uregina.ca	585-0988
Ruth Heinrichs	Telephone	rheinrichs@sasktel.net	586-5024
Anne Lavack	Past President	Anne.Lavack@uregina.ca	586-8276

2010 U of R Women Executive

Call for Nominations and Expressions of Interest

The 2009-2010 invites members to consider serving on the 2010-2011 Uof R Women's executive.

The Executive typically meets four to five times per year. As a volunteer organization, the on-going success of our group depends upon the participation of members in leadership positions on the Executive and as group conveners. Whether you are interested in the opportunity to serve or the opportunity to develop your leadership skills, the Executive of U of R women welcomes you!

Interested members are invited to contact President Anne Lavack anne.lavack@uregina.ca or any other member of the current Executive. The 2010-2011 Executive will be confirmed at the AGM on April 28th, 2010.

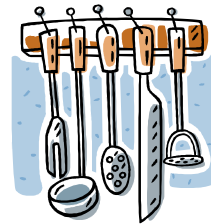
International Gourmet Cooking Club

The International Gourmet Cooking Club is a group of fourteen women that meets monthly for dinner and lively conversation. Meals are planned to reflect either the cuisine of a certain culture or a special theme. Members work in pairs, each pair hosting one evening during the year. On all other evenings, they enjoy being guests.

Because the dinner meetings are held in members' homes, the group is presently at capacity. However, if sufficient interest is shown, a second international gourmet cooking group could be formed. For information or to register interest in this group, contact **Sheila McKague** at **525-8905** or e-mail sheila.mckague@sasktel.net

Current members of the International Gourmet Cooking Club are reminded to note the following dinner dates:

March 3rd - dinner hosted by Carmelle and Hilary
March 31st - dinner hosted by Sandra and Kay



Invitation to join U of R Women!

Membership in U of R Women is open to women who are affiliated with the University of Regina, either through their own or their partner's employment at the university, or through membership on university Senate, Board of Governors, or Alumni Board.

The annual fee is only \$20, which entitles you to participate in a wide variety of activities and special interest groups. To become a member, call

New Member Profiles

Susanne Kuehling is an anthropologist specializing in matrilineal societies in island Oceania (Papua New Guinea and Micronesia). After finishing her PhD in Canberra, Australia, she returned to her native Germany with her son, teaching at Heidelberg University. After 5 years, her fixed-term ran out and she was gladly adopted by the University of Regina. Susanne spends what spare time she has on crafts such as spinning, knitting and quilting. Right now she is still busy getting used to everything and preparing an amazing new research project. Stay tuned.

Kathleen Badali completed her MEd at the U of R in 2006. She is presently the ECS200 Field Experience Coordinator at the Faculty of Education. Previously, she held the position of Administrator for the Teaching Preparation Centre. She also taught a variety of subjects in the Faculty over the past nine years as a sessional instructor. Kathleen lives in Whitmore Park with her partner, Sal, and a very large, black, rescued, alley cat named Tom.

Cheng (Eileen) Chen is married to an Assistant Professor in the Faculty of Engineering & Applied Science. She began her career in real estate and is now a stay-at-home wife and business woman. She faces the changing world with a bright smile and enjoys cooking, dancing and talking with friends as many women do!

Jeannette Aschenbrenner has worked in the Human Resources area since October 2008 as an Organizational Development Consultant. She has taken degrees at the U of R so feels very at home in the halls and loves her work. She is interested in reading, walking, golfing, great food and eating out.

Shelley Lukasewich is an Assistant Professor of accounting in the Faculty of Business Administration and in the process of completing her PhD in accounting at the University of Alberta. She and her husband, Al, are enjoying their new home in Regina. They have two daughters, Heather and Lori. Heather and her husband, Brett, graduated from Industrial Systems Engineering at the University of Regina. Lori is a mining engineering graduate from the University of Alberta.

Samira McCarthy is a recently retired Professor of English at Campion College at the University of Regina. She was a professor from 1968 to 2009, and the Dean of Campion College from 2002 to 2009. Samira's interests are cooking, reading, and card-playing. She is a member of the Gourmet Dinner Club in the U of R Women.

Linda Dewhirst is a long-time supporter of the University of Regina, having completed two degrees from the institution including a Master of Vocational/Technical Education degree and BA in Visual Arts through Campion College. She serves on the Alumni Association and is a past Board member and Vice-Chair of the Campion College Board of Regents (1993-1998). Linda is currently a Project Manager with the Science and Health Division of SIAST and is involved with various volunteer activities in Regina in her spare time.

Welcome to U of R Women – We look forward to getting to know you better!

Interest Group Activities

Please consider joining one or more of our interest groups.
It's a great way to get to know others in the U of R community.

Couples Gourmet Dinner Club

The Couples Gourmet Dinner Club meets on the second Saturday of each month at 7:00 p.m. Each couple prepares and brings a dish from the themed menu planned by the convenor. Each couple also brings their own wine or beverage. The hostess supplies coffee & tea. Convenor: **Lisa Watson**, phone **565-2404** or e-mail **lwatson.ca@gmail.com**

Curling Club

Newcomers are welcome and coaching is available. For more information contact **Linda Paul** at **585-0988** or **paulal@uregina.ca**.

Book Club #2

We've planned an exciting list of books for the winter and spring of 2010! We meet the **first Tuesday** of each month for an evening of food and discussion. If you love to read, please come and join us!

The March read is *A Mercy* by Toni Morrison.

Call Anne Lavack at 586-8276 or e-mail **Anne.Lavack@uregina.ca**.

Mixed Bridge

If you enjoy playing bridge, come out to the *Mixed Bridge Group*. This is open to both couples and pairs of ladies. The group meets once a month in the homes of individual members. Contact **Linda Paul** at **585-0988** or **paulal@uregina.ca**

Eclectic Events

EXOTIC TRAVEL NIGHT

Several of our members have been to places that are interesting and off the beaten track. A travel night has been set up to share some of those experiences. Sharing can take the form of projected pictures with commentary or albums passed around to the audience. All members and their guests are welcome as audience, just come and listen to the presentations, no need to present or share pictures. Coffee, tea and dessert will be provided.

If you would like to share your travel experience, please call Kay Antrobus at 352-6559 to discuss your presentation.

* We also need numbers of attendees (presenters and audience), so please call Kay or email **pandkantrobus@sasktel.net** if you plan to attend.

Admission: \$5.00

Place: Wascana Place, 2900 Wascana Drive

Date: **March 24 at 7:15 PM**

If you have an idea for an event please contact **Carmelle Sikma** at **781-2533**.

Watch for our DRESS FOR SUCCESS event coming in April!

This charity provides gently used business clothing and personal and professional development classes for disadvantaged women entering the business world, building confidence and self-esteem.



Culinary Explorers

Join the Culinary Explorers, dining out at a different restaurant each month! This event usually takes place at 6:30 p.m. on the **second Monday** of each month. The Explorers ventured out to Rock Creek Tap & Grill in December, and Chili's in January. Upcoming venues include the University Club in February, Lil' Belize Restaurant on Victoria Avenue in March, and the Fainting Goat in April.

If you wish to attend, please RSVP to the convenor, **Lise Lundlie** at **586-1085** or **llundlie@sasktel.net**, at least 3 days before each restaurant outing takes place.



The *University of Regina Women 2010 Bursary* is to be awarded in honour of Kay Antrobus. To date, \$950 has been collected for the 2010 bursary.

We are continuing to collect donations for the *U of R Women Bursary*. Donations may be sent to our Treasurer –Mahobeh Yasdanjo. 3123 Wascana Glen, Regina, SK, S4V 2L4. Please make cheques payable to *University of Regina* and identify as a contribution to the U of R Women Bursary. Official receipts will be sent from the U of R Financial Services at the end of the 2010 year. Thank you for your support.

FROM:
U of R Women
University of Regina
c/o Dena McMartin,
Faculty of Engineering



Address
Label

