

U of R



Women

Newsletter

Website: <http://www.uregina.ca/admin/urw>

February 2009

Program of Events 2009

**Botswana Travels
with
Kay Antrobus**
February 25, 2009
7:30 p.m.
Wascana Place



**AGM Dinner
Curling Tales:
Sharing the Gold
with**

Joan McCusker
April 29, 2009
Reception 5:30 p.m.
AGM 5:50 p.m.
Dinner at 6:30 p.m.
Speaker at 7:30 p.m.
University Club



Join U of R Women!

Special reminder: If you have not renewed your membership for 2008-2009, please do so this month.

Membership in U of R Women is open to women who are affiliated with the University of Regina, either through their own or their partner's employment at the university, or through membership on university Senate, Board of Governors, or Alumni Board.

The **annual fee** is still only **\$20**, which entitles you to participate in a wide variety of activities. To become a member, call **Dena McMartin** at 584-0155 or email her: dena.mcmartin@uregina.ca Cheques should be sent to Dena at **3643 Hill Ave. Regina, S4S 0X3**.

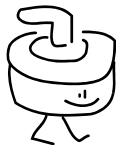
Botswana Travels with Kay Antrobus Wednesday February 25, 2009 7:30 p.m. at Wascana Place 2900 Wascana Drive in Wascana Centre

Longtime U of R Women member Kay Antrobus and a group of 14 travelled to Botswana in the spring of 2008. Organized by Robb and Jeanette Taylor, this 21-day adventure included Victoria Falls, camping in several game parks with safari rides seeing lots of animals and birds, and an overnight in a Bushman settlement.

Bring your own travel photos and stories to share.
Coffee, tea and dessert will be served.

Cost for non-members is \$5.00.

Please RSVP to Toby Willis-Camp (586-6479 or williscamp@sasktel.net) before February 23, 2009.



Keep the Date!

Annual General Meeting and Dinner
April 29, 2009 starting at 5:30 p.m.
at the University Club

Special Guest: Joan McCusker

Joan McCusker believes it is ordinary people who do extraordinary things. Through her experiences as a teacher, mom, world champion curler, Olympic Gold Medallist and CBC Commentator, Joan has collected a number of observations on the attitudes that propel ordinary people to build extraordinary lives. With a big smile, plenty of humour and tons of Olympic examples, Joan explains the type of attitude and teamwork that builds success in every aspect of life.

Watch for your registration form and other details in the next newsletter. We do require prepaid registration for this event. See you there!

Member News

Best wishes to Therese Gerrond as she recuperates from surgery and gets on to enjoying her sabbatical.

Heather Jans is off to Arizona to soak in the sun for the late winter and early spring.

Lisa Watson is currently traveling to Australia.

Congratulations to Toby Willis-Camp as she takes on her new position as Director of Libraries for the Law Society of Saskatchewan in March.

Do You Have Any Member News?

We're interested in hearing about your news! If you've had a vacation, promotion, birth of a child or grandchild, marriage, retirement, or other important event, let us tell U of R Women members about it in the newsletter.

Please send newsletter items to the newsletter editor via e-mail: Heather Jans at heather.jans@uregina.ca or phone her at 949-6762, contact Toby Willis-Camp, 596-6479 or williscamp@sasktel.net.

Message from the President

We've had a lovely mid-winter thaw this week, which I'm sure many of us have enjoyed immensely! However, I think we all know that in Saskatchewan this warm winter weather can't last, and we'll be in for at least a few more weeks of cold weather before we finally get to Spring!

Our last event in October 2008 was our annual joint event with the Canadian Federation of University Women (CFUW). I hope you were able to attend, since the event featured Dr. Vianne Timmons, the new U of R President, who had our rapt attention with her wonderful stories about her career and her life.

If you're looking for an excuse to get out and enjoy an activity, look no further than the Interest groups listed in this newsletter. You can join an Interest Group at almost any time of the year, and many of the groups like the Culinary Explorers (restaurant group) or Book Club #2 welcome you to drop in.

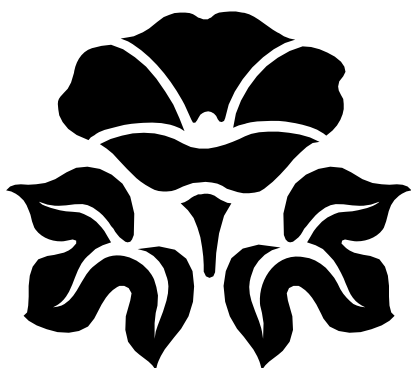
We are still accepting donations for the 2009 U of R Women Bursary in honour of **Lynn Tomkins**, who has been a very active member of our group for many years now. Should you wish to make a tax-deductible contribution, please contact our Treasurer, **Joan Roy**, at 586-5536.

We hope you can join us at our next great event coming up on February 25, where we'll see a wonderful presentation from long-time member, Kay Antrobus, telling us about her recent travels in Botswana. Be sure to join us at 7:30 p.m. at Wascana Place, and bring along your own travel photos or stories to share! Be sure to mark this date on your calendar, and feel free to bring along a friend. Cost is free to members and only \$5.00 for guests. You can call Toby Willis-Camp at 586-6479 to reserve your spot for this event. I hope to see you all there!

-- *Anne Lavack* , President of U of R Women

U of R Women – Executive for 2008-2009

Anne Lavack	President	Anne.Lavack@uregina.ca	586-8276
Azita Rezaei	Vice-President	azitar_ca@yahoo.com	525-6772
Lisa Watson	Secretary	lwatson.ca@gmail.com	565-2404
Joan Roy	Treasurer	royjoa@uregina.ca	586-5536
Carmelle Sikma	Program	carmelle.sikma@uregina.ca	781-2533
Dena McMartin	Membership	dena.mcmartin@uregina.ca	584-0155
Heather Jans/ Toby Willis-Camp	Publicity	heather.jans@uregina.ca williscamp@sasktel.net	949-6762 586-6479
Linda Paul	Interest Groups	paulal@uregina.ca	585-0988
Ruth Heinrichs	Telephone	rheinrichs@sasktel.net	586-5024



Interest Group Activities

Couples Gourmet Dinner Club

The Couples Gourmet Dinner Club meets on the 2nd Saturday of each month at 7:00 p.m. Each couple prepares and brings a dish from the themed menu planned by the convenor. Each couple also brings their own wine or beverage. The hostess supplies coffee & tea. Convenor: **Lisa Watson**, phone **565-2404** or e-mail lwatson.ca@gmail.com

Sat., Feb. TBA	Cinnamon
Sat., Mar. 14	Ethiopian
Sat., April 11	Caribbean
Sat., May 9	Canadian

Curling Club

For information about curling contact **Linda Paul** at **585-0988** or paulal@uregina.ca.

Mixed Bridge Group

If you enjoy playing bridge, come out to the *Mixed Bridge Group*. This is open to both couples and pairs of ladies. The bridge group meets once a month in the homes of individual members. Contact **Linda Paul** at **585-0988** or paulal@uregina.ca for more information.

Book Club #1

Note: Book Club #1 is 'full', so no new members are being accepted. However, new members are being accepted in Book Club #2. Convenor: **Sara Cryderman** **585-6503**.

Culinary Explorers

Join the Culinary Explorers, dining out at a different restaurant each month! This event usually takes place at 6:30 p.m. on the second Monday of each month. If you wish to attend, please RSVP to the convenor, **Lise Lundlie** at **586-1085** or llundlie@sasktel.net, at least 3 days before each restaurant outing takes place.

February:	Mediterranean Bistro , 2589 Quance St. E., 757-1666
March:	Mojo 2330 Albert St., 569-5555
April:	Manos , 2037 Park St., 586-6666
May:	Rock Creek , 3525 Quance St., 586-7625
June:	The Roof Top (new - on Albert St. near Broad)

Book Club #2

Tue, Feb 3	<i>A Spot of Bother</i>	by Mark Haddon
Tue, Mar 3	<i>The Good Women of China</i>	by Xinran Xue
Tue, April 7	TBA	
Tue, May 5	TBA	

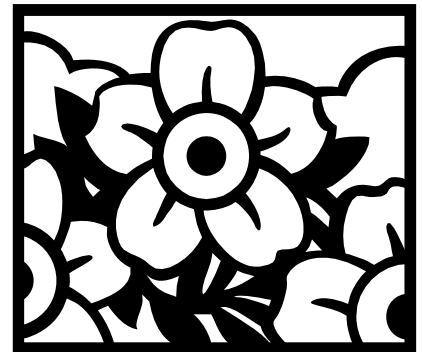
We're still looking for two more books to read this year. Do you have some suggestions? If you love to read, please come and join us! Call **Anne Lavack** at **586-8276** or e-mail Anne.Lavack@uregina.ca.

International Gourmet Cooking Club

This group of fourteen women meets monthly, for dinner and lively conversation. Meals are planned to reflect either the cuisine of a certain culture or a special theme. Members work in pairs, each pair hosting one evening during the year. On all other evenings, they enjoy being guests.

Because the dinner meetings are held in members' homes, the group is presently at capacity. However, if sufficient interest is shown, a second international gourmet cooking group could be formed. For information or to register interest in this group, contact **Sheila McKague** at **525-8905** or e-mail sheila.mckague@sasktel.net

The **University of Regina Women 2009 Bursary** is to be awarded in honour of Lynn Tomkins. This bursary will be for a female student specializing in Pre-Med. We are continuing to collect donations for the *U of R Women Bursary*. Donations may be sent to our Treasurer – **Joan Roy**, **18 McGill Place, Regina, SK S4S 6R7**. Please make cheques payable to *University of Regina* and identify as a contribution to the U of R Women Bursary. Official receipts will be sent from the U of R Financial Services at the end of the year. Thank you for your support.



U of R Women Eclectic Events

Learn How to Play Bridge With Lise Lundlie and Linda Paul

Monday, March 2 starting at 7:30 p.m.

Please RSVP to Carmelle Sikma at 781-2533 or Carmelle.Sikma@uregina.ca by February 23. She'll have details about location.

Future Events

Are you interested in doing a self-guided "Secrets Places in Regina" tour? We are considering this event for May or June.

Call Carmelle Sikma at 781-2533 or Carmelle.Sikma@uregina.ca with your ideas.



Victorian Tea at Government House

Saturday March 7

Let's meet at Government House at 1 p.m.
Cost is \$9 per person.

If we have eight participants we can reserve a table. Please RSVP to Carmelle Sikma at 781-2533 or Carmelle.Sikma@uregina.ca by February 21.

FROM:

U of R Women
University of Regina
c/o Dena McMartin,
Faculty of Engineering



Address
Label

