

U of R



Women



Newsletter

WEBSITE: <http://uregina.ca/women/>

February 2005

Program of Events 2004-2005

Traversing the Globe on the QE 2

Susan & Robert McLaren
Wednesday, Feb. 16 at 7:30 p.m.
Regina Floral Conservatory
(City of Regina Greenhouse)
1450-B 4th Avenue
Coffee & Dessert to follow
\$5 per person

Tour of Shumiatcher Art Collection

Wednesday, March 23 at 7:30 p.m.
Home of Mrs. Jacqui Shumiatcher
2520 College Ave. (at McIntyre St.)
Coffee & Dessert to follow
No charge for members

Travels to Mount Everest

Speaker: Dr. Marion Jones
Annual General Meeting
& Dinner
Wednesday, April 27 at 5:30 p.m.
University Club



Join U of R Women!

Membership in *U of R Women* is open to women who are affiliated with the University of Regina, either through their own or their partner's employment at the university.

The **annual fee** is only **\$15**. To become a member, call **Dena McMartin** at 584-0155 or email her: dena.mcmartin@uregina.ca

Exotic places for the armchair traveller!
Traversing the Globe on the QE 2
Slide Show by Susan & Robert McLaren

Wednesday, February 16
7:30 p.m.



Regina Floral Conservatory
(City of Regina Greenhouse)
1450-B 4th Avenue
\$5 per person

Coffee & Dessert to follow
Guests are welcome!



Please call Anne Lavack at 586-8276
to reserve your place at this event.
E-mail: Anne.Lavack@uregina.ca

Art to warm the senses!
Tour of the Shumiatcher Art Collection

Wednesday, March 23
7:30 p.m.



Home of Mrs. Jacqui Shumiatcher
2520 College Ave. (at McIntyre St.)

Coffee & Dessert to follow
Guests are welcome!

Please call Dawn Owen at 586-9026 to
reserve your place at this event.
E-mail: dowen@accesscomm.ca

Our Cancellation Policy:

If you commit to attend an event, you are responsible for paying your admission fee unless you cancel at least 24 hours in advance.

Member News

Get Well Soon

- **Joan Roy** is recovering from a broken wrist, and we wish her well.
- **Toby Willis-Camp** is recovering from eye surgery, and we wish her a speedy recovery.
- **Marilyn Lewis** has been in the Palliative Care unit of the Pasqua Hospital since mid-January, receiving cancer treatment and pain medication. She does not have a lot of energy to talk, but really appreciates her friends' interest and concern.

Vacations

- **Linda Paul** visited her daughter in Australia in December, and also had an opportunity to stop off for some sight-seeing in Beijing, China on her return trip.
- **Anne Lavack** had a week of vacation in California during December, enjoying the sun at Marina del Rey and Laguna Beach.

Congratulations

- Congratulations to **Lynn Cecil** on her two upcoming solo art exhibits. *The Secret Lives of Pears* opens at Mysteria Gallery on 13th Avenue on Wednesday, February 9th (7-9 p.m., all are invited). *Canadian /'AnnesCAPes III* opens at the University Club on February 14th. Both shows will continue for several months.
- Congratulations to **Cara Gay Driscoll** on her art installation, *The Path to Mary*, which is showing at The John Paul II Centre, 2200-25th Avenue, January 5 - February 18, 2005.

Nominations for Executive

At the Annual General Meeting on April 27, 2005, members of U of R Women will be voting on a new Executive for the 2004-2005 season. If you are interested in serving on the Executive, or would like to nominate someone to serve on the Executive, please contact **Joan Roy** by e-mail at royjoa@uregina.ca or phone **586-5536**.

Message from the President

I am sitting here looking out at the rising sun on a beautiful late January morning, glad to see that the days are lengthening and the temperature rising, if only for a few days!

The year is going so quickly – your Executive is already working on the agenda for the Annual General Meeting in April. One important issue that we will need to address is a proposed increase of the Membership Fee. These monies are used to defray some of the costs of our monthly events which are open to all members and their guests. You probably have noticed that the charges for individual events have been kept to a minimum, or in some cases are free. This is *your* association and we want you to enjoy getting together. The money is also used to top up the Scholarship Fund when donations are less than the \$1,000 we give to a student each year. The Executive will propose an increase of \$5 in the annual Membership Fee, bringing it to \$20. Our constitution states that the annual Membership Fee be determined at the Annual General Meeting (AGM). Therefore, a vote for the proposed increase will be taken at the AGM on April 27th.

Very shortly, we will be organizing a search committee to recruit members for the 2005-2006 Executive. Please give serious consideration to helping in the running of your association. If you are interested in a particular position or would like to head one of the Interest groups, please let me know at royjoa@uregina.ca or call me at **586-5536**. I would be happy to hear from you.

February 16th is our next meeting. This presentation, *Traversing the Globe on the QE2* by Susan & Robert McLaren, should transport us from all of this cold weather and give us some ideas for future winter travel.

Sincere thanks to **Kay Antrobus** for her splendid organization of the Music & Munchies event held on January 19th at the University Club. Mark your agendas now for events on February 16th, March 23rd, and April 27th.

-- *Joan Roy*, President of U of R Women

Do You Have Any Member News?

We're interested in hearing about your news! If you've had a vacation, promotion, birth of a child or grandchild, marriage, retirement, or other important event, let us tell U of R Women members about it in the newsletter.

Please send newsletter items to the newsletter editor via e-mail: Anne.Lavack@uregina.ca or phone her at **586-8276**.



U of R Women – Executive for 2004-2005

| | | | |
|------------------|-----------------|--|----------|
| Joan Roy | President | royjoa@uregina.ca | 586-5536 |
| Lynn Cecil | Past President | lynnacecil@hotmail.com | 924-4782 |
| Dawn Owen | Vice-President | dowen@accesscomm.ca | 586-9026 |
| Kay Antrobus | Secretary | pandkantrobus@sasktel.net | 352-6559 |
| Margaret Fox | Co-Treasurer | | 543-3996 |
| Marion Gosselin | Co-Treasurer | marion.gosselin@uregina.ca | 543-7665 |
| TBA | Program | | |
| Dena McMartin | Membership | dena.mcmartin@uregina.ca | 584-0155 |
| Anne Lavack | Publicity | anne.lavack@uregina.ca | 586-8276 |
| Allison Falconer | Interest Groups | allison@subramanianonline.com | 790-7232 |
| Karen Nicholls | Telephone | | 584-2720 |

The next Executive Meeting will be held on Tuesday, March 15, 2005 at the home of Kay Antrobus, 3059 Quinn Drive, at 7:30 p.m.

INTEREST GROUPS

Book Club #1

Convenor:

Sara Cryderman 585-6503

Book Club #1 usually meets the 3rd Monday of the month, but it is currently 'full,' so no new members are being accepted. However, new members are being accepted in Book Club #2.



International Cooking

If you love to cook, then join the *International Gourmet Cooking Club*. This group of about 12 members meets once a month in a member's home. Meals are planned to represent the food of different countries, or to reflect a special theme.

Call Convenor **Lynn Tomkins** at **584-3708** for more information.



Mixed Bridge Group

If you enjoy playing bridge, contact **Isabelle Peardon** at gpeardon@accesscomm.ca or phone her **586-6315**, and come out to the *Mixed Bridge Group*. This is open to both couples and pairs of ladies.



Couples Gourmet Dinner Club

The *Couples Gourmet Dinner Club* meets on the **2nd Saturday** of each month at 7:00 p.m. Each couple prepares and brings a dish from the international menu planned by the convenor. Each couple also brings their own wine or beverage. The hostess supplies coffee & tea. Usually 3-5 couples attend; if there are more couples, we will hold the dinner at more than one location.

Convenor: **Rachel Faerber-Ovaska**, phone **569-8203**.

| | |
|----------------------|-----------------------|
| Sat., Feb. 12 | Brazil |
| Sat., Mar. 12 | Germany |
| Sat., April 9 | Italy |
| Sat., May 14 | Acadian Lobster Night |



February Menu:

| | |
|---|----------------------------------|
| -Sopa de Milho (Corn Soup) | -Brazilian Feyoada Rice |
| -Salada de Palmito (Hearts of Palm Salad) | -Mariscada (Brazilian Fish Stew) |
| -Brazilian Black Bean & Beef Casserole | -Torta de Banana (Banana Pie) |
| -Brazilian Chicken & Mushrooms | |

Culinary Explorers

Join the Culinary Explorers, dining out at a different restaurant each month! This event now takes place at **6:30 p.m.** on the **2nd Monday** of each month.

(Note the new dates below!)

| | | |
|---------------------|------------------------------------|------------------------|
| Mon., Feb. 7 | Cathedral Village Freehouse | 2062 Albert St. |
| Mon., Mar. 14 | The Cottage | 4409 Albert St. |
| Mon., April 11 | New Yorx | 2300 Dewdney Ave. |
| Mon., May 9 | Angkor | 2567 Quance St. East |

If you wish to attend, please RSVP to the convenor, **Anne Lavack** at **586-8276**, at least 1 day before each restaurant outing takes place.



Book Club #2

We've planned an exciting list of books for 2004-2005!



| | | |
|-------------------|--|------------------------|
| Tue, Feb 1 | The Gardens of Kyoto | by Kate Walbert |
| Tue, Mar 1 | <i>The No. 1 Ladies Detective Agency</i> | Alexander McCall-Smith |
| Tue, April 5 | <i>The Seven Sisters</i> | by Margaret Drabble |
| Tue, May 3 | <i>Steps on the Road to Medicare</i> | by C. Stuart Houston |

If you love to read, please come and join us!

Call **Anne Lavack** at 586-8276 or e-mail Anne.Lavack@uregina.ca

Interest Group Convenors

Come out and enjoy one of the interest groups! Contact the convenor of the group that interests you:

| | | | |
|--------------------|-----------------------|--|----------|
| Book Club #1 | Sara Cryderman | saracryderman@sasktel.net | 585-6503 |
| Book Club #2 | Anne Lavack | Anne.Lavack@uregina.ca | 586-8276 |
| Bridge | Isabelle Peardon | gpeardon@accesscomm.ca | 586-6315 |
| Culinary Explorers | Anne Lavack | Anne.Lavack@uregina.ca | 586-8276 |
| Eclectic Events | Sheila McKague | sheila.mckague@sasktel.net | 525-8905 |
| Couples Gourmet | Rachel Faerber-Ovaska | rachelfaerber@hotmail.com | 569-8203 |
| Internat'l Cooking | Lynn Tomkins | lynn.tomkins@sasktel.net | 584-3708 |

Death by Chocolate

The Canadian Federation of University Women (CFUW) is holding a special fundraising event entitled *Death by Chocolate*, designed to raise money for University of Regina scholarships.

The evening will feature an amazing dessert buffet, which includes an enormous variety of chocolate desserts.

Date: Saturday, February 12

Time: 7:30 p.m.

Place: Sask. Centre of the Arts

Cost: \$25.00 per person

A Ballroom Dancing demonstration will be featured (presented by the Regina Ballroom Dancing Club), as well as swing music from the group 8's Enuff.

For tickets, please call **Laura Ross** at **584-8846**.



Secret Lives of Pears

The public is welcome to attend the opening of **Lynn Cecil's** solo art exhibit, *The Secret Lives of Pears*.

Date: Wed., Feb. 9

Time: 7-9 p.m.

Place: Mysteria Gallery
2706 13th Ave.



The Path to Mary

U of R Women member, **Cara Gay Driscoll**, has created an art installation, *The Path to Mary*, which is showing at:

The John Paul II Centre
2200-25th Avenue
January 5 - February 18, 2005.

She will be giving an Artist's Talk at this location on:

Date: Wed., Feb. 2

Time: 7-9 p.m.

Call 791-9570
to pre-register.



Eclectic Events – Victorian Tea at Government House

Date: Saturday, March 5th

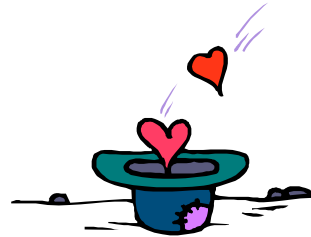
Time: 1:00 p.m.

Cost: \$8.00



Visit with a group of our members while enjoying a three "course" traditional Victorian tea in the beautiful ballroom at Government House. See the recently completed addition to Government House. As well, free tours of the Government House Museum are available.

For more information or to book a reservation, contact **Margaret Fox** at **543-3996**. Everyone welcome!



Call for Papers

Sojourners: Narratives by Canadian Women

U of R Women member, **Shawna Geissler**, is seeking articles for a book that she is co-editing. Articles will share the stories of women's lives, highlighting the inner journeys we have made to become the strong women that we are in Canada.

Narrating stories provides us with a pathway for introspection, a road of example, a highway of interconnections. Some of us have been forced to make sacrifices; others have overcome tragedy or poverty. Some of us have been limited by circumstance; others have survived illness or abuse. Some of us have lost everything; others have been given incredible opportunities. You are invited to share with others your personal journey by contributing an article for consideration in this edited book.

Topics may include (but are not limited to):

- Retrospective learning
- Introspection
- Opportunities due to privilege
- Obstacles due to circumstance (poverty, abuse, illness)
- Immigrant stories
- Overcoming gender issues
- Living with bias, racism
- Personal sacrifice
- Pain of loss (e.g. death of loved one(s), divorce, estranged children).



Submission Guidelines:

- Minimum 2500 words; Maximum 7500 words
- Fiction, creative non-fiction and non-fiction essays will be considered.
- Typed, doubled-spaced, 11 or 12 point font
- English preferred, but French is acceptable
- Electronic submissions are **not** acceptable at this time
- Include a brief biography (max. 250 words)

If you would like to submit an article for consideration, please send one copy of your essay or story (postmarked no later than May 1, 2005) to:

Shawna Geissler (Co-Editor)
7206 Neatby Ave.
Regina, SK S4X 2S1

Bonita Dolmage (Co-Editor)
OR 54 Massey Road
Regina, SK S4S 4M9

Bursary News

We are currently accepting donations for a \$1000 bursary to be awarded in memory of Patricia Bryce, a long-time member of U of R Women who passed away in 2002. So far, we have raised \$745 toward our goal!

We would be delighted to receive further donations throughout the year from our members to complete the \$1,000 total of the bursary.

All donations are tax deductible and can be mailed to our treasurer, **Margaret Fox, at 210 Smith Street, Regina, S4R 2K7.**

Please make cheques payable to the University of Regina, and identify it as a U of R Women Bursary donation.



Eclectic Events: January's Wine-Food Evening

Encouraged by the positive feedback from the January 2004 wine-food pairing event, the Eclectic Events Group sponsored a repeat event in January 2005. Resource person was the very knowledgeable Dr. Bob Roy (husband of Dr. **Joan Roy**), who guided the group through an appreciation of five different wines, while providing much interesting background information and anecdotes.

Each wine was accompanied by foods that enhanced the flavour of that particular wine. The main course of the dinner was a cassoulet, or as Bob described it, "glorified pork and beans." This is a traditional dish in the south of France, one that Bob and Joan have enjoyed while traveling in that area.

As was the case last year, a Sauvignon Blanc was the overall favourite of the group. This was a New Zealand wine, *Stoneleigh Marlborough Sauvignon Blanc*, which retails in Regina at \$17.05 per bottle. The other top choice was California's *Kendall-Jackson Chardonnay*, a lovely wine that is available locally for \$24.50

From all those who attended, we extend our thanks to Bob for an interesting and enjoyable evening.




Couples Gourmet Dinner Club: Ethiopian Dinner

The Couples Gourmet Dinner Club features wonderful theme dinners on the second Saturday of each month, and January's dinner was particularly enjoyable. A total of 12 people attended, and enjoyed Injera (thin pancakes), Doro Wat (spicy braised chicken), Abish (ground beef, tomatoes, & goat cheese), Lamb and Cardamom, Amhari (Ethiopian vegetable bowl), and other wonderful dishes prepared by the members.

New members are welcome, and the dishes are not difficult to prepare! Call **Rachel Faerber-Ovaska at 569-8203.**

U OF R WOMEN – FEBRUARY 2005 ACTIVITIES

| Sun | Mon | Tues | Wed | Thur | Fri | Sat |
|-----|---|-------------------------------------|--|------|--------------------------------|--|
| | | 1 7:30 pm Book Club #2 | 2 7:00 pm Cara Gay Driscoll's Artist's Talk | 3 | 4 | 5 |
| 6 | 7 6:30 pm Culinary Explorers | 8 | 9 7-9 pm Lynn Cecil's Art Opening at Mysteria | 10 | 11 | 12 7:00 pm Couples Gourmet Dinner |
| 13 | 14  | 15 | 16 7:30 pm QE2 – Regina Floral Conservatory | 17 | 18 Mixed Bridge Club | 19 |
| 20 | 21 Book Club #1 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | | | | | March 5 Victorian Tea at Govt. House |

FROM:
U of R Women
University of Regina
c/o A. Lavack, Faculty of Administration

Address
Label

