

U of R



Women

# Newsletter

WEBSITE: <http://www.uregina.ca/admin/urw>

April 2006

## Program of Events Spring 2006



### Annual General Meeting & Dinner

**After-Dinner Speaker:**  
**Dr. Alison Hayford**

Sociology Department, U of Regina  
"Shop 'Til She Drops –  
Women as Consumers"

**Wednesday, April 26 at 5:30 p.m.**  
University Club



### Join U of R Women!

Membership in *U of R Women* is open to women who are affiliated with the University of Regina, either through their own or their partner's employment at the university, or through membership on university Senate, Board of Governors, or Alumni Board.

The **annual fee** is only **\$20**, which entitles you to participate in a wide variety of activities. To become a member, call **Dena McMartin** at **584-0155** or email her: [dena.mcmartin@uregina.ca](mailto:dena.mcmartin@uregina.ca)



## Annual General Meeting (AGM) "Shop 'Til She Drops – Women As Consumers"

After-Dinner Speech by Dr. Alison Hayford  
Sociology Department, University of Regina

**Location: UNIVERSITY CLUB**



**5:30 p.m.** Registration and Cash Bar  
**6:00 p.m.** Annual General Meeting  
**6:30 p.m.** Dinner  
**7:30 p.m.** Guest Speaker

**Cost: Members: \$15.00; Non-Members: \$25.00**  
*Guests are welcome*

Please R.S.V.P to Karen Nicholls – 584-2720 or  
E-mail: [ernie.nicholls@uregina.ca](mailto:ernie.nicholls@uregina.ca)

### Event Cancellation Policy:

If you commit to attend to an event, you are responsible for paying your admission fee unless you cancel at least 24 hours in advance.

### Nominations for Executive

At the Annual General Meeting on April 26, 2006, members of the U of R Women will be voting on a new Executive for 2006/07. The Nominations Committee has compiled a slate of nominees for Executive positions. However, nominations are still accepted until the time of the AGM. In the case of a **new** candidate coming forward for a position, an election would be held at the Annual General Meeting.

If you are interested in running for a position on the Executive, please contact **Dawn Owen** by phone at 586-9026 or by e-mail at [dowen@accesscomm.ca](mailto:dowen@accesscomm.ca)

### Slate of Nominees for 2006-07 Executive – To be voted on at the Annual General Meeting on April 26, 2006

Dawn Owen	President	<a href="mailto:dowen@accesscomm.ca">dowen@accesscomm.ca</a>	586-5536
Anne Lavack	Vice-President	<a href="mailto:anne.lavack@uregina.ca">anne.lavack@uregina.ca</a>	586-8276
Ellen Gillies	Secretary	<a href="mailto:ellen_gillies@yahoo.ca">ellen_gillies@yahoo.ca</a>	781-2638
Toby Willis-Camp	Treasurer	<a href="mailto:williscamp@sasktel.net">williscamp@sasktel.net</a>	586-6479
Heather Jans	Program	<a href="mailto:heather.jans@uregina.ca">heather.jans@uregina.ca</a>	949-6762
Rachel Faerber-Ovaska	Membership	<a href="mailto:rachelfaerber@hotmail.com">rachelfaerber@hotmail.com</a>	569-8203
Anne Lavack	Publicity	<a href="mailto:anne.lavack@uregina.ca">anne.lavack@uregina.ca</a>	586-8276
Bev Anderson	Interest Groups	<a href="mailto:bandbanderson@sasktel.net">bandbanderson@sasktel.net</a>	761-0661
Karen Nicholls	Telephone	<a href="mailto:ernie.nicholls@uregina.ca">ernie.nicholls@uregina.ca</a>	584-2720

*The Executive Transition Meeting will be scheduled in June.*

## Member News

### GET WELL SOON...

Paul Antrobus's condition is improving. We're rooting for you!

### VACATIONS...

- **Heather Jans** and **Therese Gerrond** spent a week in southern Florida and then cruised down to Mexico, Belize, and Guatemala in January.
- **Linda Paul** is currently on a tour in Peru.



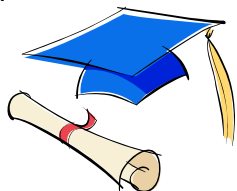
### EVENTS

**Lynn Cecil** has an art show entitled, **Spanish Secrets**, now showing at **Mysteria Gallery**, 13th Avenue.

**Cara Gay Driscoll**, with Marcia McGovern and Marilyn Scheske, will be featured at a silent retreat entitled, **Nurturing the Spirit Within**, to be held **May 25-28**. This is a silent retreat with time to journal, combined with talks, music, yoga, reiki and art, to take place at St Michael's Retreat. For more information, contact **Cara** at **352-7931**.

## Convocation Volunteers Needed!

If you are able to serve tea at the Spring Convocation on June 5, 6, and 7, 2006, please call Sara Cryderman at 585-6503. (Sara will assist our Vice-President to coordinate this year's Convocation volunteers.) We need at least a dozen volunteers for each date, and volunteers can serve on whichever day(s) best suits their schedule. Thank you for your support, in advance!



## Message from the President

*Dawn Owen*, President of U of R Women

Spring has 'officially' arrived, and if the number of gardening-enthusiasts who participated in the session at Dutch Growers last month is **any** indication, we're all itchin' and eager to cast aside our winter belongings in exchange for an opportunity to grasp all that the Prairie planting and digging season has to offer. What a great thought!

Speaking of Dutch Growers, special thanks to Heather Jans for not only ordering a breath-taking sunset to greet us upon our arrival at the Greenhouse, but also for having organized such a splendid outing, complete with delicious refreshments. As many of us mulled about the countless, vibrant gardening possibilities on display, we couldn't help but feel *energized* by the prospects of Spring.

On Wednesday, April 26, we will gather for our Annual General Meeting and Dinner at the University Club. Our guest speaker, Dr. Alison Hayford, promises to enlighten us about the significant role, we, as women, play in the 'consumer-driven' world. Her presentation will be thought-provoking and engaging, and we couldn't think of a **better** way to conclude this year's activities. So, mark the date on your calendar and join us for an enjoyable and relaxing evening.

Once again, I would like to thank each U of R member who has allowed her name to stand for a position on the 2006/07 Executive. To the outgoing Executive members, I extend many thanks for having given so generously of your time and talents throughout your term(s). The support and interest expressed by you, and other members within the organization, have made the U of R Women the vibrant organization that it is today, and my *journey* as your President this past year especially worthwhile.

I look forward to seeing you at the Annual General Meeting on April 26. Until then, indulge yourself in the 'promise' of a well-deserved Spring!

## Motion for AGM: New Membership Category

At the U of R Women's Annual General Meeting (AGM) on April 26, 2006, members will have an opportunity to discuss and vote on a motion to adopt a new "Associate Member" membership category within the organization.

The proposed "Associate Member" would be nominated by two U of members, would pay the same fees and would enjoy the same rights and privileges as full Members, with the exception of voting privileges. It is further recommended that no more than 20% of our membership fall within the 'Associate Member' category.



## Book Club # 1 –

Convenor: **Sara Cryderman** 585-6503

We usually meet on the third Monday of the month. At the moment, **the book club is full**. Here's the list of books for the year.

**Apr 24**

***The Polished Hoe***

**Austen Clarke**

May

*The Secret Life of Bees*

Sue Monk Kidd

June

*44 Scotland Street*

Alex McCall Smith

## Eclectic Events –

The name says it all! This group plans an eclectic set of special events a few times a year.

### **Eco-Centre in Craik**

**Saturday, May 6, 10:00 a.m.**

We will leave by car at 10:00 from the Northgate Mall Parking Lot. Lunch is at 11:30 a.m., followed by a tour. Cost is \$5:00 per person plus your own lunch. Contact Heather Jans if interested at 949-6762 or [heather.jans@uregina.ca](mailto:heather.jans@uregina.ca)



### **High Tea at Henry's**

Join us for the **Annual Fashion Show / High Tea at Henry's** on 14th Avenue on Mother's Day, Sunday, **May 14, 2006**. There are **two sittings**: 11:30-1:30 and 2:30-4:30; several of us are planning to go to the 2:30 sitting, so please join us!

High Tea will precede the fashion show. Tickets can be ordered from Henry's for \$18.14!



### **Scrumptious Soups**

Our last Eclectic Event was held at the home of Sheila McKague on March 16. Nine ladies attended and were treated to the ambiance of Martha Stewart and the cuisine of Julia Child. We had three soup stations where we prepared soups ourselves, plus three other soups and other delicacies to tempt our taste. Thanks for all the hard work and planning, Sheila!



## U of R Women – Executive for 2005-2006

Dawn Owen	President	<a href="mailto:dowen@accesscomm.ca">dowen@accesscomm.ca</a>	586-9026
Joan Roy	Past President	<a href="mailto:royjoa@uregina.ca">royjoa@uregina.ca</a>	586-5536
Anne Lavack	Vice-President	<a href="mailto:anne.lavack@uregina.ca">anne.lavack@uregina.ca</a>	586-8276
Ellen Gillies	Secretary	<a href="mailto:ellen_gillies@yahoo.ca">ellen_gillies@yahoo.ca</a>	781-2638
Toby Willis-Camp	Treasurer	<a href="mailto:williscamp@sasktel.net">williscamp@sasktel.net</a>	586-6479
Heather Jans	Program	<a href="mailto:heather.jans@uregina.ca">heather.jans@uregina.ca</a>	949-6762
Dena McMartin	Membership	<a href="mailto:dena.mcmartin@uregina.ca">dena.mcmartin@uregina.ca</a>	584-0155
Linda Paul	Co-Publicity	<a href="mailto:paulal@uregina.ca">paulal@uregina.ca</a>	585-0988
Hilary Johnson	Co-Publicity		584-3618
Bev Anderson	Interest Groups	<a href="mailto:bandbanderson@sasktel.net">bandbanderson@sasktel.net</a>	761-0661
Karen Nicholls	Telephone	<a href="mailto:ernie.nicholls@uregina.ca">ernie.nicholls@uregina.ca</a>	584-2720

## Culinary Explorers

Join the Culinary Explorers, dining out at a different restaurant each month! This event usually takes place at 6:30 p.m. on the **second Monday** of each month.



Tues., April 18 Skara 3847 Albert St.

**Note the change in time and location for this month only.**

Mon., May 8 Selam Ethiopian Restaurant 2115 Broad Street

If you wish to attend, please RSVP to the convenor, **Anne Lavack** at **586-8276**, at least 2 days before each restaurant outing takes place.

## Couples Gourmet Dinner Club

The *Couples Gourmet Dinner Club* meets on the **2nd Saturday** of each month at 7:00 p.m. Each couple prepares and brings a dish from the international menu planned by the convenor. Each couple also brings their own wine or beverage. The hostess supplies coffee & tea. Usually 3-5 couples attend. Convenor: **Rachel Faerber-Ovaska**, phone **569-8203**.

### **2006 Dates:**

**Sat., April 8 Middle Eastern**  
**Sat., May 13 Australian Barbecue**



## Book Club #2

We usually meet on the first Tuesday of the month.

Here's an exciting list of books for 2005-2006!



**Tue, April 4 *The Kite Runner* by Khaled Hosseini**  
**Tue, May 3 *Lilac Moon: Dreaming of the Real West* by Sharon Butala**

If you love to read, please come and join us!

Call **Anne Lavack** at **586-8276** or e-mail [Anne.Lavack@uregina.ca](mailto:Anne.Lavack@uregina.ca)

## Interest Group Convenors

Come out and enjoy one of the interest groups! Contact the convenor of the group that interests you:

Book Club #1	Sara Cryderman	<a href="mailto:saracryderman@sasktel.net">saracryderman@sasktel.net</a>	585-6503
Book Club #2	Anne Lavack	<a href="mailto:Anne.Lavack@uregina.ca">Anne.Lavack@uregina.ca</a>	586-8276
Bridge	Isabelle Peardon	<a href="mailto:gpeardon@accesscomm.ca">gpeardon@accesscomm.ca</a>	586-6315
Culinary Explorers	Anne Lavack	<a href="mailto:Anne.Lavack@uregina.ca">Anne.Lavack@uregina.ca</a>	586-8276
Eclectic Events	Therese Gerrond	<a href="mailto:Therese.Gerrond@uregina.ca">Therese.Gerrond@uregina.ca</a>	359-7507
Couples Gourmet	Rachel Faerber-Ovaska	<a href="mailto:rachelfaerber@hotmail.com">rachelfaerber@hotmail.com</a>	569-8203
Internat'l Cooking	Lynn Tomkins	<a href="mailto:lynn.tomkins@sasktel.net">lynn.tomkins@sasktel.net</a>	584-3708

## RAMS FUNDRAISER

This is an opportunity for women to come and support the Rams/ Neonatal Intensive Care Unit while enjoying a great night out.

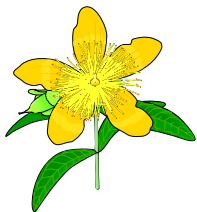
The Rams Inaugural "Quarterbacks and Couture Fashion Show" is to take place on Thursday, June 1st 2006 at SoHo Restaurant and Club. The cost to attend the event is \$40 with proceeds going to the Rams Scholarship Fund and Neonatal Intensive Care Unit. The Rams plan to provide a \$500 donation to the NICU, and will also sell wrist bands to all those in attendance to raise funds.

For \$40 you will receive a ticket to the show, as well as a Martini and Appetizers. There will be a Fashion Show using our players and a few cheerleaders will be wearing clothing from FW Barbers Men's Wear as well Nevada Bobs, SHE, and a few more to be announced. To order tickets, contact the Rams office at 585-5480.



From:


Linda Paul  
Department of Geography  
University of Regina



## Bursary News

Thank you to U of R Women members who contributed funds for the \$1,000 Bursary, which will be awarded to a worthy student with a special interest in creative writing at the *Welcome Back Event* in September, 2006. This bursary will honor Hilary Johnson, a member of U of R Women since 1966.

We are accepting donations for the 2007 bursary to honor Marilyn Lewis, an active member until her death from cancer in 2005. Donations to the Bursary Fund are tax deductible and can be mailed to the treasurer, **Toby Willis-Camp**, 3156 Cameron Street, Regina S4S 1W7. Cheques should be made payable to **University of Regina** and identified as **U of R Women Bursary**.

U OF R WOMEN –APRIL 2006 ACTIVITIES						
Sun	Mon	Tues	Wed	Thur	Fri	Sat
2	3	4 Book Club #2	5	6	7	8 Couples Gourmet Dinner Club
9	10	11	12	13	14 Good Friday	15
16 Easter 	17	18 Culinary Explorers	19	20	21	22
23	24 Book Club #1	25	26 General Meeting - University Club	27	28	29

Address Label