

U of R



Women



# Newsletter

NEW WEBSITE: <http://www.uregina.ca/admin/urw>

April 2005

## Program of Events 2004-2005

### Travels to Mount Everest

Speaker: Dr. Marion Jones  
Annual General Meeting  
& Dinner  
Wednesday, April 27 at 5:30 p.m.  
University Club

## Notice of Membership Fee Increase

At the U of R Women Annual General Meeting (AGM) on April 27, 2005, members will be asked to vote on a motion to increase the membership fee for the 2005-06 season. The membership fee is currently \$15 per year, and has been maintained at this level for the past several years. However, with the rising cost of postage and printing over the last several years, it has now become necessary to ask for a \$5 increase. This would bring the annual membership fee to \$20, which is still a very reasonable price.

## Nominations for Executive

At the Annual General Meeting on April 27, 2005, members of U of R Women will be voting on a new Executive for the 2005-2006 season. The Nominations Committee has put together a slate of nominees for Executive positions. However, nominations are still accepted until the time of the AGM. In the case of a new candidate coming forward for a position, an election would be held at the Annual General Meeting. If you would like to run for a position on the Executive, please contact **Joan Roy** by phone at **586-5536** or e-mail at [royjoa@uregina.ca](mailto:royjoa@uregina.ca)

## It happens once a year! Annual General Meeting

### Wednesday, April 27

at the University Club



5:30 p.m. Registration & Cash Bar  
6:00 p.m. Annual General Meeting  
6:45 p.m. Dinner  
8:00 p.m. Speaker

Members: \$15 Non-members: \$25

**Speaker: Dr. Marion Jones**  
**"Travels to Mount Everest"**

Please call Anne Lavack at 586-8276 to reserve  
your place at this event.

E-mail: [Anne.Lavack@uregina.ca](mailto:Anne.Lavack@uregina.ca)

### Our Cancellation Policy:

If you commit to attend an event, you are responsible for paying your admission fee unless you cancel at least 24 hours in advance.



## U of R Women – 2005-2006 Executive Slate

To be voted upon at the Annual General Meeting on April 27, 2005

Dawn Owen	President	<a href="mailto:dowen@accesscomm.ca">dowen@accesscomm.ca</a>	586-9026
Joan Roy	Past President	<a href="mailto:royjoa@uregina.ca">royjoa@uregina.ca</a>	586-5536
Anne Lavack	Vice-President	<a href="mailto:anne.lavack@uregina.ca">anne.lavack@uregina.ca</a>	586-8276
Ellen Gillies	Secretary	<a href="mailto:ellen.gillies@uregina.ca">ellen.gillies@uregina.ca</a>	781-2638
Toby Willis-Camp	Treasurer	<a href="mailto:willis-camp@sasktel.net">willis-camp@sasktel.net</a>	586-6479
Heather Jans	Program	<a href="mailto:heather.jans@uregina.ca">heather.jans@uregina.ca</a>	949-6762
Dena McMartin	Membership	<a href="mailto:dena.mcmartin@uregina.ca">dena.mcmartin@uregina.ca</a>	584-0155
TBA	Publicity		
Allison Falconer	Interest Groups	<a href="mailto:allison@subramanianonline.com">allison@subramanianonline.com</a>	790-7232
Karen Nicholls	Telephone	<a href="mailto:ernie.nicholls@uregina.ca">ernie.nicholls@uregina.ca</a>	584-2720

**We still need a Publicity Chair to handle the monthly newsletter!**  
**Please call Joan Roy at 586-5536 to volunteer!**

**The Executive Transition Meeting is tentatively scheduled for Tuesday, May 17 at 7:30 p.m. at the home of Joan Roy, 18 McGill Place.**

## Member News

### Congratulations

- Congratulations to **Cara Gay Driscoll**, who will be assisting with facilitation of a six-day silent retreat at St. Michael's, April 18-24 (see below for more details about the retreat.)

### Obituary

- **Marilyn Lewis**, a long-time member of U of R Women, passed away on March 24, 2005 (see the full obituary on last page of newsletter).

### Sympathies

- Our sincere sympathies to **Allison Falconer** and **Gwen Falconer** on the passing of their grandmother/mother-in-law in February.



## Women Witness, Word, Wisdom: Our Spiritual Legacy

### A 6-Day Silent Retreat Experience for Women

April 18-24, 2005

During this retreat experience, fragments of the rich legacy handed down to us by our spiritual mothers and sisters, past and present, will be reclaimed and explored so that we may be empowered to enhance our own unique giftedness. During the ample quiet time provided, you can walk the labyrinth, explore the hillside, relax in the lounge with its panoramic view of the valley, enjoy a book, or find a restful haven. Cost is \$360, which includes outstanding meals and your own private room with en suite bathroom.

For more information, call **Cara Gay Driscoll** at 352-7931.

## Message from the President

It is hard to believe that it is April already and time for our Annual General Meeting. At the meeting I will be stepping down as President, and Dawn Owen will be taking over. I want to thank each and every member of the 2004-2005 Executive Group for all of the wonderful support they have given to me personally and for their efforts in arranging the fantastic line-up of monthly activities that you, as club members, have been able to enjoy.

The final event of the year will be the Annual General Meeting on April 27<sup>th</sup> at the University Club. Our speaker will be Dr. Marion Jones, talking about her travels to Mount Everest.

We had another excellent turnout last Wednesday, March 23<sup>rd</sup> for the tour of the Shumiatcher art collection. It was an inspiring collection that was personalized for us by Jacqui Shumiatcher, as she recalled the stories around the purchases of the various pieces.

I am sure many of us who knew Marilyn Lewis as a friend through the U of R Women have been saddened by her untimely death. She was an active member of both Reading Clubs and the International Cooking Group. We will miss her cheery personality and her lively discussions. Our hearts and thoughts go out to her husband, Ed, and her two daughters.

I want to thank those members who have agreed to let their name stand for the 2005-2006 Executive openings. We are still looking for someone to take over Publicity. Anne Lavack, this year's Publicity Chair, will be glad to show you the ropes – she says it is not a hard job, as there is a template that is set up which is easy to follow. If you could help out as our publicity person, please give Anne a call and get more details. ***There must be someone out there who would give us a hand!***

Looking forward to seeing you at the Annual General Meeting!

-- *Joan Roy*, President of U of R Women

## Do You Have Any Member News?

We're interested in hearing about your news! If you've had a vacation, promotion, birth of a child or grandchild, marriage, retirement, or other important event, let us tell U of R Women members about it in the newsletter.

Please send newsletter items to the newsletter editor via e-mail: [Anne.Lavack@uregina.ca](mailto:Anne.Lavack@uregina.ca) or phone her at 586-8276.



## U of R Women – Current Executive for 2004-2005

Joan Roy	President	<a href="mailto:royjoa@uregina.ca">royjoa@uregina.ca</a>	586-5536
Lynn Cecil	Past President	<a href="mailto:lynnacecil@hotmail.com">lynnacecil@hotmail.com</a>	924-4782
Dawn Owen	Vice-President	<a href="mailto:dowen@accesscomm.ca">dowen@accesscomm.ca</a>	586-9026
Kay Antrobus	Secretary	<a href="mailto:pandkantrobus@sasktel.net">pandkantrobus@sasktel.net</a>	352-6559
Margaret Fox	Co-Treasurer		543-3996
Marion Gosselin	Co-Treasurer	<a href="mailto:marion.gosselin@uregina.ca">marion.gosselin@uregina.ca</a>	543-7665
TBA	Program		
Dena McMartin	Membership	<a href="mailto:dena.mcmartin@uregina.ca">dena.mcmartin@uregina.ca</a>	584-0155
Anne Lavack	Publicity	<a href="mailto:anne.lavack@uregina.ca">anne.lavack@uregina.ca</a>	586-8276
Allison Falconer	Interest Groups	<a href="mailto:allison@subramanianonline.com">allison@subramanianonline.com</a>	790-7232
Karen Nicholls	Telephone		584-2720

***The Executive Transition Meeting is tentatively scheduled for Tuesday, May 17 at 7:30 p.m. at the home of Joan Roy, 18 McGill Place.***

## Eclectic Events – Chef's Table at the Hotel Saskatchewan

The Eclectic Events Group has planned a special dinner:

**Date:** Monday, April 25

**Time:** 6:30 p.m. sharp

**Place:** Hotel Saskatchewan,  
meet in hotel lobby

**Cost:** \$40 ea. plus tax/gratuity  
(wine available at extra cost)

**Note:** Limit of 12 persons.

We will observe the chef and hear about the menu items, ingredients, and preparation methods for an outstanding gourmet dinner, which will feature new cuisine and tastes. The meal will be served to us right in the hotel kitchen.

The International Cooking group enjoyed this same fabulous experience last spring, and recommended it to us!

Call **Linda Paul** at **585-0988** to reserve your spot at this special event.

## Bursary News

We raised \$1,010 in bursary funds this year, which will allow us to provide the annual \$1000 U of R Women bursary to a deserving student. These funds will be awarded in memory of Patricia Bryce, a long-time member of U of R Women who passed away in 2002. Thank you to everyone who contributed to this very worthwhile cause!

Next year's bursary will be awarded in honour of long-time member, Hilary Johnson, who will be celebrating her 40<sup>th</sup> anniversary as a member of U of R Women!

We are now accepting donations for next year's bursary. Bursary donations are tax deductible and can be mailed to our treasurer, **Margaret Fox, 210 Smith Street, Regina, S4R 2K7.**

Please make cheques payable to the University of Regina, and identify it as a U of R Women Bursary donation.

## INTEREST GROUPS

### Couples Gourmet Dinner Club

The *Couples Gourmet Dinner Club* meets on the **2nd Saturday** of each month at 7:00 p.m. Each couple prepares and brings a dish from the international menu planned by the convenor. Each couple also brings their own wine or beverage. The hostess supplies coffee & tea. Usually 4-6 couples attend; if there are more couples, we will hold the dinner at more than one location.

Convenor: **Rachel Faerber-Ovaska**, phone **569-8203**.

**Sat., April 9**

Sat., May 14

**Italy**

Acadian Lobster Night



### Culinary Explorers

Join the Culinary Explorers, dining out at a different restaurant each month! This event now takes place at **6:30 p.m.** on the **2nd Monday** of each month.

(Note the new dates below!)

**Mon., April 11**

Mon., May 9

**New Yorx**

Angkor

**2300 Dewdney Ave.**

2567 Quance St. East

If you wish to attend, please RSVP to the convenor, **Anne Lavack** at **586-8276**, at least 1 day before each restaurant outing takes place.



### Book Club #2

*Start thinking about book selections for 2005-2006!  
Send your ideas to the convenor.*



**Tue, April 5**

Tue, May 3

**The Seven Sisters**

*Steps on the Road to Medicare*

**by Margaret Drabble**

by C. Stuart Houston

If you love to read, please come and join us!

Call **Anne Lavack** at 586-8276 or e-mail [Anne.Lavack@uregina.ca](mailto:Anne.Lavack@uregina.ca)

### Interest Group Convenors

Come out and enjoy one of the interest groups! Contact the convenor of the group that interests you:

Book Club #1	Sara Cryderman	<a href="mailto:saracryderman@sasktel.net">saracryderman@sasktel.net</a>	585-6503
Book Club #2	Anne Lavack	<a href="mailto:Anne.Lavack@uregina.ca">Anne.Lavack@uregina.ca</a>	586-8276
Bridge	Isabelle Peardon	<a href="mailto:gpeardon@accesscomm.ca">gpeardon@accesscomm.ca</a>	586-6315
Culinary Explorers	Anne Lavack	<a href="mailto:Anne.Lavack@uregina.ca">Anne.Lavack@uregina.ca</a>	586-8276
Eclectic Events	Sheila McKague	<a href="mailto:sheila.mckague@sasktel.net">sheila.mckague@sasktel.net</a>	525-8905
Couples Gourmet	Rachel Faerber-Ovaska	<a href="mailto:rachelfaerber@hotmail.com">rachelfaerber@hotmail.com</a>	569-8203
Internat'l Cooking	Lynn Tomkins	<a href="mailto:lynn.tomkins@sasktel.net">lynn.tomkins@sasktel.net</a>	584-3708

### Eclectic Events – Tea at Government House

Ten members of U of R Women enjoyed a wonderful afternoon tea at Government House on Saturday, March 5. Tea, dainty sandwiches, scones with jam and clotted cream, and a mouth-watering array of desserts were elegantly served on bone china by the Government House volunteers, who were dressed in period costumes. Attendees also had the opportunity to tour the new addition to Government House.

A lovely time was had by all!



**MARILYN JOAN REISLER LEWIS** passed away after a brave and valiant fight against cancer on March 24, 2005. It is with great sadness that we announce Marilyn's passing. Marilyn loved teaching and taught K-8 for about 28 years in Regina. She cared most about her family, friends, students and animal welfare. She earned a Bachelor of Music degree from Juilliard and a Bachelor of Education and Master of Education degrees from the University of Regina. A published author, teacher, and humanitarian, Marilyn cared deeply for all she knew. The Memorial Service for Marilyn Lewis was held at 10:00 AM on Wednesday, March 30, 2005 at the Pearl and Max Herman Centre at 4715 McTavish Street. Donations in Marilyn's memory may be made to the Regina Humane Society.

FROM:  
 U of R Women  
 University of Regina  
 c/o A. Lavack, Faculty of Administration

## U OF R WOMEN – APRIL 2005 ACTIVITIES

Sun	Mon	Tues	Wed	Thur	Fri	Sat
					1	2
3	4	<b>5</b> 7:30 pm Book Club #2	6	7	8	<b>9</b> 7:00 pm Couples Gourmet Dinner
10	<b>11</b> 6:30 pm Culinary Explorers	12	13	14	<b>15</b> Mixed Bridge Club	6
17	<b>18</b> Book Club #1	19	20	21	<b>22</b>	23
24	25	26	<b>27</b> 5:30 p.m. AGM- University Club	28	29	30

### Convocation

#### Needed: Convocation Volunteers!

We'll soon be looking for volunteers to serve tea at the Spring Convocation on June 1, 2, and 3, 2005. Please call **Dawn Owen** at 586-9026 if you're able to volunteer. We need at least a dozen volunteers for Convocation, and volunteers can serve on the day(s) of their choice.



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