An ability to convey community history, cultural and traditional practices and language, along with the nurturing of a holistic approach to life and intergenerational relationships. Activities that promote community culture and identity are acknowledged as key to developing positive self-esteem and positive self-image for community members.

### Indicators:

#### Community Identity

#### **Cultural Activities**

- 1 cultural activities & participation
- 2 volunteering at cultural events

#### **Spiritual Activities**

- 3 spiritual activities & participation
- 4 visits by spiritual leaders

#### **Community Events**

- 5 community events & participation
- 6 transparency in use of event funds

#### **Community Morale**

- 7 feeling safe in the community
- 8 condition of buildings & grounds

- 9 recognition of positive contributions
- 10 distance from other communities

#### Communication

11 - community newsletter

#### Elders

#### **Involvement with Youth**

- 12 formal Elder / youth activities
- 13 informal Elder / youth activities

#### Involvement in Community

- 14 social gathering places for Elders
- 15 community decision with Elder input

#### Remain in Community

- 16 Elders leaving for end of life care
- 17 support programs for Elders

#### **Traditional Practices**

#### **Spiritual**

18 - visits to community by Medicine Man

#### Cultural

19 – traditional cultural activities

#### Language

- 20 youth speaking traditional language
- 21 teachers speak traditional language
- 22 language used in assembly/council
- 23 youth involved in language classes

# Healing & Restorative Justice

24 – healing circles & participation

#### **Maintaining Traditional Practices**

- 25 costs of Elder visits
- 26 costs of traditional education
- 27 local teachers in schools
- 28 cultural awareness programs

#### **Traditional Ways**

- 29 traditional education programs
- 30 people hunting and fishing
- 31 access to hunting and fishing
- 32 methods of hunting and fishing
- 33 Elder/youth in traditional activities

... continued on next page

#### Cultural Knowledge (Elders)

Indicators #12, #13, #15 Recognizing Multi-Cultural History

34 - cultural awareness events

Knowledge of Community History

Indicators #27, #29

#### **Promotion of Community**

35 – applying for and receiving grants

36 – approaching mines to invest

#### **Sharing**

#### Parenting

no indicators proposed

#### Volunteerism

- 37 volunteering at community events
- 38 informal volunteering

#### Resources

39 – game shared after hunts

## Identity & Culture >> Community Identity >> Cultural Activities

**Issues Identified:** Activities that represent/celebrate cultural awareness and practices help provide an understanding of cultural values and support community identity.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
1	# and type of cultural activities and participation	<ul> <li>Local survey required – suggested measures and existing data found at:</li> <li>A) CBM Adult/Youth Survey: Question 28/21-How many times have you volunteered for a community event (e.g. feast/helping Elder) in the last year?% of</li> <li>B) <u>http://www.statscan.ca</u> &gt;&gt; (English / French) &gt;&gt; Community Profiles &gt;&gt; 2001 Aboriginal Peoples Survey Community Profiles or 2001 Aboriginal Population Profile &gt;&gt; Choose a community</li> </ul>
2	Level of volunteering at cultural events	Local survey required

#### Data Sources:

**A)** CBM: Community-Based Monitoring Project Adult/Youth Survey – Questions 28/21 Find Source at: <u>http://www.wkss.nt.ca/HTML/08\_ProjectsReports/PDF/CBMFinal2002.pdf</u>

B) Statistics Canada: 2001 Community Profiles. Find source at: <u>http://www12.statcan.ca/english/profil01/PlaceSearchForm1.cfm</u>

## Identity & Culture >> Community Identity >> Spiritual Activities

**Issues Identified:** Spiritual activities that represent the beliefs of community members help to develop identity and common values and provide support for community members.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
3	# and type of spiritual activities and participation levels	Local survey required
4	# of visits by spiritual leader to community	Local survey required

#### Data Sources:

## Identity & Culture >> Community Identity >> Community Events

**Issues Identified:** Events within the community that bring people together help to develop social relationships and supports as well as community knowledge, identity and morale. It is important that there is accountability for funds raised at events.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
5	# and type of community events and participation levels	Local survey required
6	Transparency in use of funds raised at events	Local survey required

#### Data Sources:

## Identity & Culture >> Community Identity >> Community Morale

# **Issues Identified:** Having a sense of belonging, pride and well-being within a community is an important factor in promoting positive activities and encouraging participation in community events. A sense of belonging is sometimes heightened by the remoteness of a community. A feeling of security is also very important for community morale.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
7	Indicator of 'feeling safe in the community'	Local survey required
8	Condition of buildings and grounds	Local survey required
9	Recognition of positive contributions (e.g. citizen of the month)	Local survey required

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
10	Distance from other communities	Local survey required

#### Data Sources:

Identity & Culture >> Community Identity >> Communication

**Issues Identified:** The community's ability to share information with all members is important to generate awareness of community issues and foster community activities and involvement.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
11	Community newsletter (distribution method and #, # of copies read)	Local survey required

Data Sources:

### Identity & Culture >> Elders >> Involvement with Youth

**Issues Identified:** An emphasis is placed on building and maintaining relationships between Elders and youth to allow for the transmission of traditional culture, spirituality and language, and to maintain inter-generational ties.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
12	# of formal Elder/youth activities and participation levels	Local survey required – suggested questions: A) CBM Adult survey: Q27-How many times have you taken youth caribou hunting in the last year?
13	# of informal (e.g. fishing and hunting) Elder/youth activities	Local survey required

#### Data Sources:

**A)** CBM: Community-Based Monitoring Project (page 26: adult survey in PDF; page 37: youth survey in PDF) – Question 27 <a href="http://www.wkss.nt.ca/HTML/08\_ProjectsReports/PDF/CBMFinal2002.pdf">http://www.wkss.nt.ca/HTML/08\_ProjectsReports/PDF/CBMFinal2002.pdf</a>

## Identity & Culture >> Elders >> Involvement in Community

**Issues Identified:** The opportunity to have a social network and remain involved in the community allows Elders to pass on valuable knowledge to the community and improve community well-being.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
14	Social gathering places for Elders in community (e.g. coffee house)	Local survey required
15	# of community decisions with Elders' input	Local survey required

#### Data Sources:

## Identity & Culture >> Elders >> Remain in Community

# **Issues Identified:** Supports in the community that recognize the importance of caring for Elders allow for Elders to remain in the community and experience a good quality of life, despite health or other concerns. A great sense of loss is experienced when Elders pass away outside the community.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
16	# of Elders who must leave community for end of life care	Local survey required
17	# of support programs in the community for Elders (e.g. home care, palliative care, specialized senior housing)	Local survey required

#### Data Sources:

No indicator/survey source at this time

Identity & Culture >> <u>Traditional Practices</u> >> **Spiritual** 

**Issues Identified:** *Practicing and promoting traditional methods of spirituality supports traditional values and ways of life, offering a common vision and raising individual identity with the community and the environment.* 

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
18	# of visits to community by Medicine man	Local survey required

Data Sources:

### Identity & Culture >> <u>Traditional Practices</u> >> Cultural

**Issues Identified:** *Practicing and promoting traditional cultural practices is important to maintaining traditional values, beliefs and lifestyle. Cultural activities develop community identity and morale among members.* 

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
19	# of traditional cultural activities & participation (celebrations, rituals, culture camps)	Existing data found at: A) <u>http://www.statscan.ca</u> >> (English / French) >> Community Profiles >> 2001 Aboriginal Peoples Survey Community Profiles or 2001 Aboriginal Population Profile >> Choose a community

#### Data Sources:

A) Statistics Canada: 2001 Community Profiles. Find source at: <u>http://www12.statcan.ca/english/profil01/PlaceSearchForm1.cfm</u>

### Identity & Culture >> <u>Traditional Practices</u> >> Language

**Issues Identified:** Language plays a central role in preserving First Nations' identity, philosophy/worldview and traditions; it is important to support traditional language use within the community (especially the youth).

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
20	% of youth who speak traditional language	<ul> <li>Local survey required – suggested questions and existing data found at:</li> <li>A) RHS (Adolescent survey): Question 12-What languages do you speak? (List of Aboriginal languages to check off) - <i>Community level data for RHS survey exists: must be accessed by community.</i></li> <li>B) <u>http://www.statscan.ca</u> &gt;&gt; (English / French) &gt;&gt; Community Profiles &gt;&gt; 2001 Aboriginal Peoples Survey Community Profiles or 2001 Aboriginal Population Profile &gt;&gt; Choose a community</li> </ul>
21	# of teachers who speak traditional language	<ul> <li>Existing data found at:</li> <li>B) <u>http://www.statscan.ca</u> &gt;&gt; (English / French) &gt;&gt; Community Profiles &gt;&gt; 2001 Aboriginal Peoples Survey Community Profiles or 2001 Aboriginal Population Profile &gt;&gt; Choose a community</li> </ul>
22	Language used in assembly/council meetings	Existing data found at: B) <u>http://www.statscan.ca</u> >> (English / French) >> Community Profiles >> 2001 Aboriginal Peoples Survey Community Profiles or 2001 Aboriginal Population Profile >> Choose a community

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
23	# of youth involved in traditional language education	<ul> <li>Existing data found at:</li> <li>B) <a href="http://www.statscan.ca">http://www.statscan.ca</a> &gt;&gt; (English / French) &gt;&gt; Community Profiles &gt;&gt; 2001 Aboriginal Peoples Survey Community Profiles or 2001 Aboriginal Population Profile &gt;&gt; Choose a community</li> </ul>

#### Data Sources:

**A)** RHS: First Nations and Inuit Regional Longitudinal Health Survey (Adolescence survey) - Question 12 Find source at: <u>http://www.naho.ca/firstnations/english/pdf/key\_docs\_adolescent.pdf</u>

B) Statistics Canada: 2001 Community Profiles. Find source at: <u>http://www12.statcan.ca/english/profil01/PlaceSearchForm1.cfm</u>

## Identity & Culture >> <u>Traditional Practices</u> >> **Healing & Restorative Justice**

**Issues Identified:** *Healing/restorative justice is a traditional practice that supports community responsibility and allows for retention of community members.* 

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
24	# of healing circles/ participation levels	Local survey required

#### Data Sources:

## Identity & Culture >> <u>Traditional Practices</u> >> **Maintaining Traditional Practices**

# **Issues Identified:** The costs of maintaining traditional culture can be a financial burden. Difficulties are experienced in hiring local teachers who can maintain language and culture among youth; promoting an understanding of traditional practices with others who come into the community is important in developing support for traditional ways.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
25	Costs of Elder visits (transportation, honorariums)	Local survey required
26	Costs of traditional education programs	Local survey required
27	% of local teachers in schools	Existing data found at: A) <u>http://www.statscan.ca</u> >> (English / French) >> Community Profiles >> 2001 Aboriginal Peoples Survey Community Profiles or 2001 Aboriginal Population Profile >> Choose a community

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
28	# of cultural awareness programs delivered to service providers	Local survey required

#### Data Sources:

A) Statistics Canada: 2001 Community Profiles. Find source at: <u>http://www12.statcan.ca/english/profil01/PlaceSearchForm1.cfm</u>

## Identity & Culture >> <u>Traditional Practices</u> >> **Traditional Ways**

**Issues Identified:** *Practicing traditional ways of life such as hunting and fishing is a way to preserve cultural practices and support self-sustainability.* 

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
29	# of traditional education programs (skills, language)	<ul> <li>Local survey required – suggested questions and existing data found at:</li> <li>A) http://www.statscan.ca &gt;&gt; (English / French) &gt;&gt; Community Profiles &gt;&gt; 2001 Aboriginal Peoples Survey Community Profiles or 2001 Aboriginal Population Profile &gt;&gt; Choose a community</li> <li>B) CBM (Adult and Youth surveys):</li> <li>Q21-Did you go hunting for geese/ducks in the last year?</li> <li>Q22-Did you go out to make dry-fish in the last year?</li> <li>Q23-Did you go on the fall hunt to Artillery Lake this last fall?</li> <li>Q26-How many caribou have you harvested in the last year?</li> <li>Q27-How many times have you taken youth caribou hunting in the last year?</li> <li>C) EAGLE Health Survey:</li> <li>Question 28-Does do any fishing?</li> <li>Local survey required for hunting and fishing rights, as per community</li> <li>Q29- What does do with the fish they catch? (List includes: Eat them; Share them; Give them away; Sell them; Throw them back; Other).</li> <li>D) RHS Adolescent survey:</li> <li>Question 14-Who helps you in understanding your culture? (List includes: My grandparents and Community Eldersamong other choices) - <i>Community level data for RHS survey exists: must be accessed by community</i>.</li> </ul>
30	% of people in community who hunt and fish	Existing data found at: A) <u>http://www.statscan.ca</u> >> (English / French) >> Community Profiles >> 2001 Aboriginal Peoples Survey Community Profiles or 2001 Aboriginal Population Profile >> Choose a community

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
31	Access to hunting and fishing	Local survey required
32	Methods of hunting, fishing and food preparation	Local survey required
33	# of traditional activities involving Elders and youth	Local survey required

#### Data Sources:

A) Statistics Canada: 2001 Community Profiles. Find source at: <u>http://www12.statcan.ca/english/profil01/PlaceSearchForm1.cfm</u>

**B)** CBM: Community-Based Monitoring Project (page 26: adult survey in PDF; page 37: youth survey in PDF) – Questions 21/22/23/26/27 <a href="http://www.wkss.nt.ca/HTML/08\_ProjectsReports/PDF/CBMFinal2002.pdf">http://www.wkss.nt.ca/HTML/08\_ProjectsReports/PDF/CBMFinal2002.pdf</a>

**C)** Eagle Project Health Survey: Chiefs on Ontario, Environment Department. 2001. Eagle Project Health Survey. – Question 28/29 <u>http://www.chiefs-of-ontario.org/eagle/tool\_11.pdf</u>

**D)** RHS: First Nations and Inuit Regional Longitudinal Health Survey – Question 14 http://www.naho.ca/firstnations/english/pdf/key\_docs\_adolescent.pdf

## Identity & Culture >> Community Knowledge >> Cultural Knowledge (Elders)

**Issues Identified:** Understanding cultural knowledge is a way to develop an identity and shared vision within a community; it also allows for Elders to pass on knowledge and develop inter-generational ties.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
	# of formal Elder/youth activities and participation levels	See Indicator 12
	# of informal (i.e. fishing and hunting) Elder/youth activities	See Indicator 13
	# of community decisions with Elders' input	See Indicator 15

Data Sources:

See for indicators 12, 13 & 15

## Identity & Culture >> <u>Community Knowledge</u> >> **Recognition of Multi-Cultural History**

**Issues Identified:** *Recognizing and celebrating the multi-cultural aspects of a community can help bring people together despite differences, and helps to educate community members about different cultures and ways of life.* 

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
34	# of cultural awareness events and # of cultures explored (e.g. Mosaic Days)	Local survey required

#### Data Sources:

## Identity & Culture >> Community Knowledge >> Knowledge of Community History

# **Issues Identified:** Understanding community history is important to inform community members about their community and background. The ability to know who you are and where you come from is important to developing a sense of belonging and identity.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
	# of traditional education programs	See Indicator 29
	% of local teachers in schools	See Indicator 27

Data Sources:

See for indicators 27 & 29

## Identity & Culture >> Community Knowledge >> Promotion of Community

# **Issues Identified:** The ability for the community to promote itself to outside sources that can assist in achieving more cultural awareness and promotion of traditional practices. The promotion of community events within and outside the community is important to attract participation and help develop relationships.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
35	Applying and receiving grants to support knowledge building programs	Local survey required
36	Approach mines to invest in community	Local survey required

#### Data Sources:

No indicator/survey source at this time

### Identity & Culture >> Sharing >> Parenting

**Issues Identified:** Shared parenting is a sense of responsibility to all youth in the community, it is an important traditional value that assists the community in being responsible for each other and looking out for one another's well-being.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
	None proposed	Local survey required

#### Data Sources:

## Identity & Culture >> <u>Sharing</u> >> **Volunteerism**

**Issues Identified:** Volunteers are important for a community to operate successful programs and lower the cost of maintaining their community. Volunteering shows a sense of responsibility and care for your community that develops from having a strong identity.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
37	# of volunteers for community events	Local survey required – suggested questions: A) CBM Adult/Youth Survey: Question 28/21-How many times have you volunteered for a community event (e.g. feast/helping elder) in the last year?
38	Level of informal volunteering (assisting Elders, helping others with building projects, etc.)	Local survey required

#### Data Sources:

A) CBM: Community-Based Monitoring Project (page 26: adult survey in PDF; page 37: youth survey in PDF) – Question 21/28 <a href="http://www.wkss.nt.ca/HTML/08\_ProjectsReports/PDF/CBMFinal2002.pdf">http://www.wkss.nt.ca/HTML/08\_ProjectsReports/PDF/CBMFinal2002.pdf</a>

## Identity & Culture >> <u>Sharing</u> >> **Resources**

# **Issues Identified:** Sharing resources such as food and labour is important to provide well-being to the entire community, especially when individuals are experiencing difficult living situations. Sharing also exemplifies the collective spirit of the community and the amount of compassion for fellow community members.

Indicator #	Community Proposed Indicator	Community Level Data Sources (suggestions)
39	Game shared after hunts	Local survey required – suggested questions: A) EAGLE Health Survey: Q29- What does do with the fish they catch? (List includes: Eat them; Share them; Give them away; Sell them; Throw them back; Other).

#### Data Sources:

A) Eagle Project Health Survey: Chiefs of Ontario, Environment Department. 2001. EAGLE Project Health Survey. http://www.chiefs-of-ontario.org/eagle/tool\_11.pdf